

Community Resources for Spokane County, Washington - Compiled by 4People.org

Major Update 02/25/2010, Minor Update 12/21/2011

CRISIS

For emergency dial 911 or from cell phone, 112

[24 Hour Crisis Hotline](#) 509-838-4428 or 1-877-678-4428 or 509-624-0004

[Child Abuse Hotline](#) 1-866-363-4276

Domestic Violence

- [Abuse Recovery Ministry & Services](#) 1-866-262-9284

- [Alternatives to Domestic Violence \(hotline & shelter\)](#) 509-326-2255 (CALL)

- [Statewide Domestic Violence Hotline](#) 1-800-562-6025

[First Call for Help 24 Hour Crisis Hotline](#) 509-838-4428 or 1-877-678-4428 or 509-624-0004 TDD

CASE MANAGEMENT

[Aging and Long Term Care of Eastern Washington](#) 509-458-2509 or 509-477-4442 TTY

[DSHS Division of Developmental Disabilities \(DDD\)](#) 509-329-2900

[DSHS Financial](#)

- Spokane North (Francis Office) 509-227-2200 or 1-877-210-5950

- Spokane Southwest (Maple Office) 509-227-2400 or 1-800-962-5762

- Spokane Valley (Trent Office) 509-227-2700 or 1-800-660-4370

[ESD \(Homeless Youth in School\) 360-725-6050](#)

- [Cheney School District](#) 509-559-4507

- [Deer Park School District](#) 509-464-5907

- [East Valley School District](#) 509-241-5068 or 509-241-5023

- [Freeman School District](#) 509-291-4791

- [Liberty School District](#) 509-245-3211

- [Medical Lake School District](#) 509-565-3408

- [Mead School District](#) 509-465-6045 or 509-465-6008

- [Nine Mile Falls School District](#) 509-340-4108

- [Orchard Prairie School District](#) 509-467-9517

- [Riverside School District](#) 509-464-8561

- [Spokane Public Schools](#) 509-354-7255 or 509-354-7302

- [West Valley School District](#) 509-927-1100

[Offenders Employment Resources:](#)

- [Career Path Services WorkSource Affiliate - Spokane](#) 509-326-7520

- Center for School to Work WorkSource Affiliate - Spokane: 509-456-7660

- [Goodwill Industries WorkSource Affiliate - Spokane:](#) 509-462-0513

- [Spokane Community College WorkSource Affiliate](#) 509-533-7249

- [Spokane Falls Community College WorkSource Affiliate:](#) 509-533-3521

- [WorkSource Spokane:](#) 509-532-3190

[House of Charity](#) 509-624-7821

[Spokane AIDS Network](#) 509-455-8993

[Spokane County Housing and Community Development Department](#) 509-477-2521

[Spokane Neighborhood Action Programs \(SNAP\) \(Homeless case management\)](#) 509-456-7111

[Spokane Regional Health District HIV/AIDS Program](#) 509-324-1542

[Transitional Housing, Operating & Rent assistance \(City of Spokane Human Services\)](#) 509-625-6130

CHILD CARE OR RESPITE CARE

[Central Valley School District](#) 509-228-5810

Child Care Center Infant Room Consultation 509-324-1658

Child Care Resources & Referral ([Community Minded Enterprises](#)) 509-484-0048 or 1-800-446-2229
Cuddles and Care Sick Child's Service 509-474-4615
[Daycare Resource Spokane](#)
[Family Care Resources \(Community Minded Enterprises\)](#) 509-484-0048 or 1-800-446-2229
[Liberty Park Child Development Center](#) 509-534-0957
[Martin Luther King Jr. Family Outreach Center](#) 509-455-8722
[Parent to Parent](#) Special Sitters Program 509-328-6326
[YMCA of the Inland Northwest Child Care](#) 509-777-YMCA (9622)

CHILD DEVELOPMENT, SERVICES & PROGRAMS

Children FIRST 509-924-2850
[CSHCN Children with Special Health Care Needs \(Spokane Regional Health District\)](#) 509-324-1697
[Early Head Start \(Institute for Extended Learning\)](#) 509-533-4800
[Eastern Washington University](#) Hearing and Speech Clinic 509-358-7580 or 509-358-7579 TTY
[Holy Family Hospital/Children's Rehab Services](#) 509-482-2281
[Infant Toddler Network \(Birth to 3\) Spokane Regional Health District](#) 509-324-1651
[Liberty Park Child Development Center](#) 509-534-0957
Pediatric Therapy Specialists
– North Office 509-487-2958
– Valley Office 509-922-0855
[Ritecare Spokane \(Speech & language therapy\)](#) 509-838-2310
[Spokane Guilds' School & Neuromuscular Center](#) 509-326-1651
[St. Lukes Rehabilitation Institute](#) 509-473-6079
[Washington State Elks Therapy Program for Children](#) 1-800-825-3557
Youthful Horizons Physical Therapy 509-921-9798

CLOTHING, FURNITURE, HOUSEWARES

Airway Heights Thrift Shop 509-244-1551
Calvary Baptist Church 509-747-8793
Care and Share 509-299-9024
Central Lutheran Church 509-624-9233
Cheney Clothing Exchange 509-235-2325
[City Gate Spokane](#) 509-455-9670
Commodity Supplemental Food Program 509-534-6678
Discovery Shop 509-328-9373
Elegant Peasant 509-325-9857
[Goodwill stores](#)
- Downtown Spokane 509-444-2396
- North Nevada Street 509-466-2012
- Spokane Valley 509-444-4370
Greenhouse 509-276-8224
[Hope House \(Women\)](#) 509-455-2886
[House of Charity](#) 509-624-7821
Little Peoples Exchange 509-922-8382
[Mission Community Outreach Center](#) 509-536-1084
[New Hope Resource Center](#) 509-467-2900
[Northwest Christian Thrift Store](#) 509-326-1522
OMEGA Center 509-325-1839
[Other Mothers](#) 509-465-9499, 509-448-5943 or 509-927-3429
[Our Place Ministries Spokane](#) 509-326-7267

[Our Sisters Closet - YWCA](#) (work clothing) 509-326-1190
[Peaceful Valley Community Center](#) 509-624-8634
[Salvation Army Services](#) 509-325-6821
Sherry's Second Choice 509-466-4015
Spokane Thrift Center 509-926-4100
[Spokane Valley Partners](#) 509-927-1153
St Vincent de Paul 509-534-2824, 509-326-0735, 509-535-2491 or 509-489-7725
Teen Challenge Thrift Store 509-534-0443 or 509-327-1383
The Clothes Closet 509- 891-7413
[The Reclotherapy](#) 509-624-9741
[Union Gospel Mission Spokane](#) 509-535-8510
Value Village 509-325-2569 or 509-921-7889
[Volunteers of America Emergency Assistance](#) 509-624-2378

EDUCATION: SCHOOLS, SCHOOL DISTRICT, SPECIAL ED

[Central Valley School District](#) 509-228-5400
[Central Valley School District Special Education](#) 509-228-5500
[Cheney School District](#) 509-559-4525
[Cheney School District Special Education](#) 509-559-4507
Contract Based Education (high school up to age 21) 509-927-1100
[Deer Park School District](#) 509-464-5500
[Deer Park School District Special Education](#) 509-464-5526
[East Valley School District](#) 509-927-9511
[East Valley School District Special Education](#) 509-927-9511
[Freeman School District](#) 509-291-3695
[Freeman School District Special Education](#) 509-291-3695
[ESD 101](#)
- Center for Special Education 509-789-3527
- North Spokane 509-456-6320
- South Spokane 509-789-3800
- School Nurse Corp Supervisor 509-789-3583
- [Youthbuild Program](#) 509-456-7685
[Liberty School District](#) 509-624-4415
[Liberty School District Special Education](#) 509-245-3211
[Mead School District](#) 509-465-7600
[Mead School District Special Education](#) 509-465-7600
[Medical Lake School District](#) 509-565-3100
[Nine Mile Falls School District](#) 509-340-4300
[Orchard Prairie School District](#) 509-467-9517
[Riverside School District](#) 509-464-8201
[Riverside School District Special Education](#) 509-464-8369
[Spokane Schools](#) 509-354-5900
[West Valley School District #363](#) 509-924-2150
[Tutor Hunt](#)

EDUCATION: Early Learning/Headstart/ECEAP

Central Valley Even Start 509-228-5400

ECEAP

- [American Indian Community Center](#) 509-535-0886
 - [Central Valley School District](#) 509-228-5810
 - Deer Park School District 509-464-5616 or 509-464-5525
 - East Valley School District 509-924-1830, ask for ECEAP
 - [Institute for Extended Learning \(IEL\)](#) 509-533-4800
 - [Liberty Park Developmental Center](#) 509-534-0957
 - [Martin Luther King Jr. Family Outreach Center](#) 509-455-8722
 - Riverside School District 509-464-8250
 - West Valley School District 509-922-5478
 - [YMCA/EWU Children's Center](#) 509-235-5035
 - [YWCA](#) 509-789-9271
 - [Head Start](#) 509-533-4800
 - Adult Education Center 509-533-4650
 - Byrant School 509-533-4500
 - East Central Community Center (ECCC) 509-279-6316
 - Hillyard Center 509-533-8519
 - Logan School 509-533-8970
 - Northeast Community Center (NECC) 509-279-6351
 - Spokane Community College Bigfoot Center 509-533-8209
 - Spokane Falls Community College Early Learning Center 509-533-3624
 - West Boone Center 509-279-6901
 - [West Central Community Center](#) 509-279-6340
- Little Eagles Nest Preschool, Eastern Washington University 509-359-2504
[Manitor Cooperative Preschool](#) 509-838-7442

EDUCATION: Colleges, Trade and Technical Schools

- [Adult Education Center \(IEL\)](#) 509-533-4600
- [Allied Training Systems](#) 509-327-1140
- [Alpine College](#) 509-455-5054
- American Pacific School of Hair Design 509-487-5500
- [Apollo College - Spokane](#) 509-532-8888
- Bethel AME Church (GED & Education programs) 509-533-2683
- [Cat Tales Zoological Training Center](#) 509-238-4126
- [Community Colleges of Spokane Adult Learning & ESL](#) 509-533-4600
- [Driver Training & Solutions \(truck driving\)](#) 1-866-490-1645 or 509-777-0073
- [Eastern Washington University](#) 509-359-2397
- Eastern Washington – Northern Idaho Carpenters Apprenticeship Program 509-532-8833
- [Embry-Riddle Aeronautical University Spokane](#) 509-244-3832
- European Hair Designers Academy 509-328-6175
- [Glen Dow Academy of Hair Design](#) 509-624-3244
- [Gonzaga University](#) 1-800-986-9585
- [H&R Block Income Tax Training](#) 509-328-4399
- [Health Care Training Center](#) 509-893-1776
- [Holy Family School of Radiologic Technology](#) 509-482-0111
- [HOME \(Helping Ourselves Means Education\)](#) 509-359-4237
- [Horizon Medical Institute](#) 509-534-1551
- [Individual Development Accounts \(SNAP\)](#) 509-456-7174
- Inland Empire Plumbing and Pipefitting Industry Apprenticeship Training 509-624-5258
- [Inland Massage Institute](#) 509-465-3033

[Institute for Extended Learning](#) 509-279-6000
[Interface College - Spokane](#) 1-800-999-7717 or 509-467-1727
[ITT Technical Institute](#) 509-926-2900
[Job Corps](#) 509-534-2269
[Job Resource Center – SL Start](#) 509-747-3071
L & T Truck Driver Training 509-464-2199
[Moody Bible Institute \(Spokane\)](#) 1-877-487-1769
National Transportation Driver Training Center 509-487-1769 or 1-888-815-3515
[Neighborhood Assets \(SNAP\)](#) 509-456-7378
[NET/School to Work Connections \(ESD 101\)](#) 509-354-6478
[New Horizons Computer Learning Center](#) 509-328-8077
[Occupational Skills Training \(Goodwill\)](#) 509-344-0163
[OXARC School of Welding](#) 509-755-0655
[PacifiCAD](#) 509-326-7789
Park University – Fairchild AFB 509-244-2020
[Reading Labs \(CCS\)](#) 509-533-4600
[Sacred Heart Medical School of Medical Technology](#) 509-682-6844
[Sage Truck Driving School](#) 1-800-400-0779
[Skills'Kin](#) 509-326-6760
[Spokane CNA Certification Training Classes](#) 509-850-0033
[Spokane Community College](#) 509-533-7000 or 1-800-248-5644
[Spokane Falls Community College](#) 509-533-3500 or 1-888-509-7944
Spokane Institute for Extended Learning – Workfirst 509-533-4634
[Spokane Service Team \(Americorps/ESD 101\)](#) 509-535-1613
[Total Cosmetology Training Center](#) 509-487-5500
[University of Phoenix Eastern Washington](#) 509-327-2443
Veterans Affairs Vocational and Employment Service 509-434-7000
[Washington State University College of Nursing](#) 509-335-2776
[Washington State University Spokane](#) 509-358-7500
[Washington Technical College \(ITT Institute\)](#) 509-926-2900 or 1-800-777-8324
Webster University – Fairchild AFB 509-244-2079
[Western State Operating Engineers Institute of Training](#) 509-235-9393
[Whitworth University](#) 509-777-1000
[WINS \(Women in Non-traditional Settings - IEL\)](#) 509-533-8571
[WSU Extension Spokane County](#) 509-477-2048

EDUCATION & SUPPORT FOR PARENTS

[Childbirth & Parenting Support \(Catholic Charities\)](#) 509-455-4986
[Foster Parent Association of Spokane](#) 509-363-3473
[Spokane Child Abuse Network](#) 509-458-7445
- Fatherhood programs 509-218-7955
[Spokane County Parent Coalition \(developmentally disabled\)](#) 509-328-6326
[St Margaret's Shelter for Women \(homeless mothers\)](#) 509-624-9788
Teen Parent Network 509-252-3942

EMPLOYMENT

AARP Senior Employment 509-325-7712
AES , Inc – An Employment Source 509-838-3500
[AccountingPros Staffing Services](#) 509-323-3233
[American Indian Community Center](#) 509-535-0886

[Aspen Personnel Service](#) 509-624-4858
[Business and Community Training \(IEL\)](#) 509-533-4700
[Career Path Services](#) 509-326-7520
[Career Path Services WorkSource Affiliate - Spokane](#) 509-326-7520
[Christ Kitchen](#) (women) 509-325-4343
[Command Labor](#) 509-328-3939
DentalPros Staffing Services 509-444-8868
Employment Services for Offenders 509-344-0164 or 509-444-4319 or 509-232-1122
[Express Personnel Services](#) 509-747-6011
Forever Working Labor Calendar 509-443-0981
Fulcrum Environmental Consulting 509-459-9220
[Goodwill Industries](#) 509-462-0513
Intertec Consulting 509-276-8630
[Job Corps](#) 509-534-2269
[Kelly Services](#) 509-327-3637
Labor Express 509-893-2595
[Labor Ready](#)
- Spokane 509-535-8582
- Spokane Valley 509-891-6524 or 509-922-7791
[LegalPros Staffing Services](#) 509-323-3235
[Manpower](#) 509-838-8531 or 509-462-2109
[MedicalPros Staffing Services](#) 509-323-3223
[Microenterprise Development Program \(SNAP\)](#) 509-456-7174
[NET/School to Work Connections \(ESD 101\)](#) 509-354-6478
[New Chance Worker Retraining Transition Program](#) 509-533-4716
[Northwest Freight Handlers](#)
- Spokane 509-483-1968
- Spokane Valley 509-927-0759
[Offenders Employment Resources:](#)
- [Career Path Services WorkSource Affiliate - Spokane](#) 509-326-7520
- Center for School to Work WorkSource Affiliate - Spokane: 509-456-7660
- [Goodwill Industries WorkSource Affiliate - Spokane:](#) 509-462-0513
- [Spokane Community College WorkSource Affiliate](#) 509-533-7249
- [Spokane Falls Community College WorkSource Affiliate:](#) 509-533-3521
- [WorkSource Spokane:](#) 509-532-3190
[OfficePros Staffing Services](#) 509-444-8868
[Olsten Staffing Services](#) 509-624-5218
[ProPeople Staffing Services](#) 509-484-9009
[Provisional Staffing Services](#) 509-444-8871
Re-employment/Worker Retraining Programs 509-533-8056 or 509-533-3521 or 509-532-3172
[Scope Services](#) 509-922-8554
[SL Start Employment Services](#) 509-328-2740
[Spherion Staffing Services](#) 509-456-4944
[Spokane Community College Workforce Education and Career Services](#) 509-533-7249
[Spokane Community College WorkSource Affiliate](#) 509-533-8070 or 1-800-248-5644 ext 8070
[Spokane Community Justice Center](#) 509-363-2700
Spokane County Human Services Job Hotline 509-477-5627
[Spokane Falls Community College Career and Student Employment Center](#) 509-533-3540
[Spokane Falls Community College WorkSource Affiliate](#) 509-533-3042
[Spokane Community College WorkFirst Program](#) (DSHS clients) 509-533-7249

[Spokane Service Team \(Americorps/ESD 101\)](#) 509-456-7660
[Spokane WorkFirst](#) (DSHS clients) 509-227-2727
[The Arc of Spokane](#) 509-789-2247
[Tradesmen International](#) 509-228-0142
[Washington Small Business Development Center](#) 509-358-7890
[Worksource Spokane](#) 509-532-3000
[WorkSource Spokane Community College Affiliate](#) 509-533-8070 or 1-800-248-5644 ext 8070
[Worksource Spokane Falls Community College Affiliate](#) 509-533-3042
[Worksource Spokane Veterans Unit](#) 509-532-3100

FINANCIAL ASSISTANCE

Asset Building: Contact Kevin Worth at [Spokane County United Way](#) 509-838-6581

DSHS

- Spokane North (Francis Office) 509-227-2200 or 1-877-210-5950
- Spokane Southwest (Maple Office) 509-227-2400 or 1-800-962-5762
- Spokane Valley (Trent Office) 509-227-2700 or 1-800-660-4370

[Financial Management \(Arc of Spokane\)](#) 509-789-2247

Foreclosure Assistance:

- [Consumer Credit Counseling Services](#) 1-800-308-2227
- [Spokane Neighborhood Action Programs](#) 509-456-7106 or 509-456-7111 ext 233

[Spokane Neighborhood Action Programs \(SNAP\)](#) 509-456-7106

[Spokane Valley Partners](#) 509-927-1153 ext 21

Supplemental Security Income (SSI through [Social Security](#)) 1-800-772-1213

FOOD ASSISTANCE & NUTRITION

Airway Heights Baptist Food Bank 509-244-2474

Airway Heights Food Bank 509-244-1611

[American Indian Community Center](#) (meals for seniors) 509-535-0886

Better Living Center 509-325-1258

Brown Bag Program – 2nd Harvest (delivery to homebound) 509-534-6678 ext 223

Calvary Baptist Church 509-747-8793

[Catholic Charities Senior Meals - Deer Park Senior Center](#) 509-276-2411

Caritas Outreach Center 509-326-2249

Cheney Food Bank 509-235-2325

[City Gate Spokane](#) 509-455-9670

[Coalition of Responsible Disabled \(CORD\)](#) 509-326-6355

[East Central Community Center](#) 509-625-6699

[ECCO Food Bank](#) 509-625-6699

[Feed Spokane](#) 509-216-7364

Greenhouse Food Bank 509-276-8224

[House of Charity \(meals\)](#) 509-624-7821

Infant Crisis Needs Bank – WSU College of Nursing 509-536-1084

Mead Food Bank 509-466-7068

Meals on Wheels

- Cheney 509-235-6196
- Deer Park 509-993-2441
- [Spokane](#) 509-456-6597
- [Spokane County \(Spokane Regional Health District\)](#) 509-324-1533
- [Spokane Valley](#) 509-924-6976

Medical Lake Food Bank 509-299-3819 or 509-299-3879

New Hope Ranch Urban Center 509-455-5444
[New Hope Resource Center](#) (Emergency food) 509-467-2900
North County Food Bank 509-292-2530
Northeast Food Pantry 509-487-1114
[Northwest Ecumenical Food Bank](#) 509-325-4541
OMEGA Center 509-325-1839
Otis Orchards Food Bank 509-926-3526
Our Lady of Lourdes 509-358-4290
Our Place Ministries Spokane Food Bank 509-326-7267
[Peaceful Valley Community Center](#) 509-624-8634
[Salvation Army Food Bank](#) 509-325-6821
Seventh Day Adventist Better Living Center 509-325-1258
Shalom Ministries 509-455-9019
Southside Food Bank 509-535-2301
Spangle Food Bank 509-245-3362
[SNAP Food Bank – Northeast Center](#) 509-487-1114
[Spokane AIDS Network](#) 509-455-8993
Spokane Community Gardens 509-534-6678
[Spokane Ecumenical Food Bank](#) 509-325-4541
[Spokane Valley Partners](#) 509-928-7769
St Ann's Catholic Church 509-535-3031
Summer Food Program (for children) 509-625-6200 (parks) or 509-354-7270 (schools)
[Union Gospel Mission Spokane](#) 509-535-8510
Westminster Presbyterian Food Bank 509-328-5002
[WIC \(Women, Infants, Children\)](#)
- [East Central Community Center](#) 509-323-2830
- North Spokane 509-323-2818
- Northeast Community Center 509-323-2828
- [West Central Community Center \(Airway Heights\)](#) 509-244-9334
- [West Central Community Center \(Cheney\)](#) 509-559-5839
- [West Central Community Center \(Fairchild\)](#) 509-247-2760
- [West Central Community Center \(West Central\)](#) 509-323-7497
- [Spokane Regional Health District WIC Program](#)
- Valley 509-323-2800

HEALTH INSURANCE

[Washington Apple Health for Kids](#) 1-877-543-7669
Health for All (help w/ obtaining healthcare) 509-444-3066
[Medicare](#) (for seniors or disabled) 1-800-633-4227 or TTY 1-877-486-2048
[Project Access Spokane](#) (health care for uninsured, low income) 509-532-8877
[Washington Basic Health Plan](#) 1-800-660-9840
[Washington Prescription Drug Program](#) 206-521-2027
[Washington State Insurance Commissioner](#) 1-800-562-6900

HEALTH SERVICES: Medical, Dental

[Access to Baby and Child Dentistry \(ABCD\) Program](#) 509-324-1478
[Christ Clinic](#) 509-325-0393
[Cleft Lip/Palate Clinic](#) Spokane Regional Health District 509-324-1652

[Community Health Association of Spokane \(CHAS\)](#) 509-444-8200

- Denny Murphy Clinic 509-835-1205 (medical), 509-434-0308 (dental)
- Maple Clinic 509-444-7801 (medical) 509-242-1821 (dental)
- North County Clinic 509-434-0292 (medical & dental)
- Northeast Clinic 509-487-1604 (medical) 509-434-0358 (dental)
- Valley Clinic 509-434-0313 (medical)

Community Health Intervention and Prevention Services 509-324-1420

[Crisis Pregnancy Center – Life Services](#) 509-327-0701

[Deaconess Medical Center](#) 509-458-5800

[Deaconess FirstCare Urgent Care Centers](#)

- Liberty Lake 509-473-5850
- North 509-489-2372
- South 509-448-6699
- Valley 509-922-9254

[Deaconess Women’s Clinic](#) 509-473-7060

Eastern Washington University (EWU)-Limited Dental Care 509-368-6544

[Holy Family Hospital](#) 509-482-0111

[House of Charity](#) 509-624-7821

[Immunization Clinic – Spokane Regional Health District](#) 509-324-1600

[Inland Northwest Genetic Clinics](#) 509-535-2278

[Muscular Dystrophy Clinic](#) 509-325-3747

[NATIVE Health of Spokane](#) 509-325-5502

[Partners with Families and Children](#) 509-473-4810

[Planned Parenthood Inland Northwest](#)

- Cheney Express Clinic: 1-800-788-9128
- Francis Family Planning Clinic: 1-800-788-9128
- Indiana Health Center: 1-800-788-9128
- Valley Health Center: 1-800-788-9128

[Sacred Heart Children’s Hospital](#) 509-474-4841

[Sacred Heart Children’s Developmental Clinic](#) 509-474-2730

[Sacred Heart Children’s Feeding and Growth Clinic](#) 509-474-7185

[Sacred Heart Children’s Fetal Alcohol Center](#) 509-474-3748

[Sacred Heart Children’s Spina Bifida Clinic](#) 509-474-3748

[Sacred Heart Medical Center](#) 509-474-3131

[Shriner’s Hospital for Children](#) 1-800-237-5055

[Spokane Central Lions Club \(vision care\)](#) 509-328-6900

[Spokane Falls Family Clinic](#) 509-326-4343

[Spokane Regional Health District](#)

- [ABCD Program \(dental for children\)](#) 509-324-1478
- [HIV/AIDS Program](#) 509-324-1542
- [Immunization Clinic](#) 509-324-1600
- [Public Health Clinic](#) 509-324-1600

Spokane Veterans Outreach Center 509-444-8387

[St. Luke’s Rehabilitation Services](#) 509-473-6079

[Valley Hospital and Medical Center](#) 509-924-6650

[Veterans Administration Medical Center](#) 509-434-7050 or 1-800-325-7940

HEALTH SERVICES: Behavioral, Mental Health

[24-Hour Crisis Line](#) 509-838-4428

[Catholic Charities Counseling](#) 509-242-2308 or 1-800-831-1209

[Christ Clinic](#) 509-325-0393
[Family Service Spokane \(mental health\)](#) 509-838-4128
[First Call for Help Crisis Line \(mental health\)](#) 509-838-4428
HOPE Partners/REM Associates (mental health & dual diagnosis) 509-835-3599
[Lutheran Community Services Northwest](#) 509-747-8224
[Spokane Mental Health](#)
- Adult Services 509-838-4651
- Child and Family Services 509-458-7458
- Elder Services 509-458-7450
- Psychiatric Services 509-838-4651
Spokane Veterans Outreach Center 509-444-8387
Tamarack Center 509-326-8100
[Veterans Administration Medical Center](#) 509-434-7050 or 1-800-325-7940

HEALTH SERVICES: Substance Abuse

[Abstemious Outpatient Clinic](#)
- Northside Office 509-326-7721
- Valley Office 509-927-7814
Adept Assessment - Treatment Center 509-327-3120
[Al Anon/Alateen Family Groups](#) 509-456-2125
[Alcoholics Anonymous](#) 509-624-1442
[American Behavioral Health Systems](#) 509-232-5766 or 1-866-729-8038
Camas Institute Behavioral Health Services 509-456-0799
[Colonial Clinic](#) 509-327-9831
Community Detox Services of Spokane 509-477-4650
[Daybreak Teen Drug & Alcohol Program](#)
- Inpatient Program 509-624-3227
- Outpatient Spokane Downtown 509-444-7033
- Outpatient Spokane Valley 509-927-1991
Deer Park Recovery 509-276-2797
Drug Court, Youth Services, SAAM, DUI/DOL 509-326-7740
[Excelsior Youth Center](#) 509-328-7041
[Gateway Counseling Services](#) 509-532-8855
GSSAC Prevention Center 509-922-8383
[Healing Lodge of the Seven Nations](#) 509-533-6910
HOPE Partners/REM Associates (mental health & dual diagnosis) 509-835-3599
[Lakeside Recovery Center](#) 509-328-5234
[NATIVE Project – Spokane](#) 509-483-7535
New Directions Outpatient Clinic 509-838-0304
New Horizon Care Center 509-838-6092
New Horizons Counseling Services
- Spokane 509-838-6092
- Valley 509-327-2121
Northeast Washington Treatment Alternatives 509-326-7740 (drug tests)
Pioneer Center East 509-325-2355
Powder Basin Associates Spokane 509-922-8383
[Social Treatment Opportunity Programs II](#) 509-326-5172 or 509-927-3668
Spokane Addiction Recovery Centers (SPARC)
- Inpatient 509-624-3521
- Outpatient 509-624-5228

Spokane County Coordinator for Chemical Dependency Services 509-477-4507
[Spokane Regional Health District Methadone Program](#) 509-324-1420
Sun Ray Court (male residential program) 509-456-5465
[The Healing Lodge of Seven Nations](#) 509-533-6910
[Tobacco Quit Line](#) 1-877-270-7867
[YFA Connections \(youth\)](#) 509-532-2000

HOME CARE SERVICES OR MEDICAL EQUIPMENT

A New Hope, Inc. 1-800-446-5273 or 509-535-2906
[Apria Health Care](#) 509-489-1000
Beneficial In-home Care 509-323-0390
[Byram Healthcare](#) 1-800-888-7793
[Comfort Keepers](#) 509-484-2345
Evergreen Home Care 509-838-0870
[Family Home Care & Hospice](#) 509-473-4900
[Family First Senior Care](#) 509-326-5525 or 1-877-326-5525
[Home Instead Senior Care](#) 509-835-5898 or 1-866-996-1087
[Hospice of Spokane](#) 509-456-0438 or 1-888-459-0438
[Integrated Health Professionals](#) 509-924-1826 or or 1-800-365-4429
[Interim Health Care](#) 509-456-5665
[Intrepid USA Healthcare Services](#) 509-487-4611 or 1-888-800-5311
[Jones Pharmacy & Home Health Care Center](#) 509-838-3145
Life Care Solutions 509-921-6560 or 1-800-475-0278
[Lincare](#) 509-838-3888 or 509-444-2911 or 509-467-0362
[Maxim Healthcare Services](#) 509-324-6421
OMEGA Center (home chores) 509-325-1839
Option Care 509-326-2300
[Providence VNA Home Health](#) 509-534-4300
[ResCare HomeCare](#) 1-877-876-4848
[Sixth Avenue Medical Pharmacy](#) 509-455-9345
[Walgreen's Health Services](#) 509-326-0306

HOUSING

[City of Spokane Community Development Department](#) 509-625-6325
[City of Spokane Human Services](#) 509-625-6130
[Common Ground](#) - Spokane 509-326-3678
Foreclosure Assistance:
- [Consumer Credit Counseling Services](#) 1-800-308-2227
- [Spokane Neighborhood Action Programs](#) 509-456-7106
[Habitat for Humanity of Spokane](#) 509-534-2522
Housing assistance:
- [City of Spokane](#) 509-625-6130
- [Spokane Action Neighborhood Program \(SNAP\)](#) 509-456-7111
[HUD Home Page](#)
Inland Empire Residential Resources 509-789-2245
[New Hope Resource Center](#) 509-467-2900
[Northeast Washington Housing Solutions \(Section 8\)](#) 509-328-2953
[One Stop Housing](#)
[Spokane Low-Income Housing Consortium \(SLIHC\)](#) 509-325-3235
[Spokane Neighborhood Action Programs \(SNAP\)](#) 509-456-7106

[US Department of Housing and Urban Development \(HUD\)](#) 509-353-0674
[Volunteers of America Emergency Assistance](#) (rent & utilities) 509-624-2378

HOUSING: Emergency/Homeless

[Alternatives to Domestic Violence - YWCA](#) 509-326-2255
[Anna Odgen House \(women & children\)](#) 509-327-7737
[Building Changes](#) 206-805-6100
[Crisis Shelter for Women & Children](#) 509-535-0486
[Crosswalk Youth Shelter](#) (VOA) 509-838-6596
[Hope House Women's Shelter](#) (VOA) 509-455-2886
[House of Charity](#) 509-624-7821
[Interfaith Hospitality Network of Spokane](#) (Families) 509-747-5487
[Salvation Army Housing and Empowerment Program](#) 509-325-6814
[Spokane Neighborhood Action Programs \(SNAP\)](#) 509-456-7106
[St Margaret's Shelter for Women](#) 509-624-9788
[The Transitional Living Center](#) (women w/ young children) 509-325-8632
[Union Gospel Mission Men's Shelter](#) 509-535-8510
[YFA Connections](#) (youth) 509-628-2868

HOUSING: Transitional/Supportive

[Alexandria's House](#) (women w/babies or pregnant) 509-489-0349
[Anna Odgen House](#) (women & children) 509-327-7737
[ARC of Spokane](#) 509-328-6326
[Aston-Bleck Apartments](#) (women age 18 – 21) 509-535-8267
[Brownstone Work Release](#) (male offenders) 509-363-8109
[Catholic Charities of the Diocese of Spokane](#) 509-459-6183 ext 6183
[Coalition of Responsible Disabled \(CORD\)](#) 509-326-6355
Community Detox of Spokane 509-477-4620
D'Arcy Lee Apartments (mentally ill) 509-483-3542
[Eleanor Chase House Work Release](#) (female offenders) 509-456-7902
[Flaherty House](#) (men age 18 – 21) 509-489-4043
[House of Charity](#) 509-624-7821
[Miryam's House](#) (women) 509-747-9222
New Horizons Care Centers - Isabella House (for women w/ children) 509-624-1244
[Newark Apartments](#) ((low income special needs)) 509-328-2953
Phoenix Apartments (mentally ill) 509-477-4515
[Recovery Program for Men \(UGM\)](#) 509-535-8510
REM Associates (housing for mentally ill) 509-838-4428
Salem Arms (mentally ill) 509-327-0774
[Salvation Army Housing and Empowerment Program](#) 509-325-6814
[Spokane Neighborhood Action Programs \(SNAP\)](#) 509-456-7106
[St Margaret's Shelter for Women](#) 509-624-9788
[The Transitional Living Center](#) (women w/ young children) 509-325-2959
Veterans Administration 509-462-2500
[Volunteers of America Supportive Permanent Housing](#) 509-328-4685
[YWCA – Domestic Violence](#) 509-327-9534

HOUSING: Subsidized/Low Income

[Affordable Housing Program - Spokane County](#): 509-477-4487
Brookstone Apartments: 509-928-5885

Cheney Gardens Apartments: 509-235-8006
Hamilton House Apartments: 509-483-9453
Hill-N-Dale Apartments: 509-467-6878
Liberty Park Terrace Apartments: 509-534-7392
Mount Vernon Terrace: 509-535-8314
Parkview Apartments - Spokane: 509-535-0513
[Parkview Apartments - Cheney](#): 509-235-6910
Pine Villa: 509-467-6865
Regal Arms Apartments: 509-483-3405
Richard Allen Apartments: 509-535-6913
Salem Arms 509-327-0774
[Spokane Neighborhood Action Programs \(SNAP\)](#) 509-456-7106
Summit View Apartments 509-327-9524
YWCA (women) 509-326-1190

HOUSING: [Oxford Houses of Washington](#) 509-216-0331

Chapter 3

- Bernard Oxford House (Men) 509-863-9307
- Cannon Oxford (Women & Women with Children) 509-474-0898
- Glenrose Prairie Oxford (Men) 509-473-9888
- Hamblen Oxford (Men) 509-443-3537
- Helena Oxford (Men) 509-459-9221
- Latawah Oxford (Men) 509-279-2727
- Lincoln Heights Oxford (Men) 509-624-5387
- Palouse Oxford (Men) 509-443-5561
- Spokane Falls Oxford (Men) 509-474-1444
- Spokane Grand Oxford (Women) 509-744-3415
- Tekoa Oxford (Men)

Chapter 17

- Addison Oxford (Men) 509-290-5428
- Hillyard Oxford (Women) 509-279-2468
- Illinois Oxford (Men) 509-474-0516
- Inland Oxford (Men) 509-868-0061
- Liberty Oxford (Women & Women with Children) 509-443-3693
- Post Oxford (Men) 509-329-9904
- Rowan Oxford (Men) 509-279-2788
- Ruth Park Oxford (Women & Women with Children) 509-863-9413

Chapter 27

- Dishman Hills Oxford (Men) 509-413-2451
- Freya Oxford (Men) 509-413-2581
- Pratt Oxford (Men) 509-535-3914
- Tobias Oxford (Men & Men with Children) 509-315-8753
- Upriver Oxford (Women & Women with Children) 509-413-2396
- Whipple Oxford (Men) 509-279-2609

HOUSING: Senior, Assisted Living, and Adult Family Homes

[Academy Retirement Community](#) 509-484-4099
Adult Alternative Accommodations 509-924-3084
Allen Adult Family Home 509-927-6880
Angel Of Grace Adult Living Home 509-921-6641

Autumn Years 509-924-1800
[Avalon Care Center At Northpointe](#) 509-468-7000
Bethany Place 509-924-0580
[Brighton Court Assisted Living](#) 509-926-4533
[Broadway Court Estates](#) 509-921-0249
[Carlyle Care Center](#) 509-624-1999
[Cathedral Plaza Apartments](#) 509-747-6777
[Clare Bridge of Spokane](#) (alzheimer's care) 509-323-1400
Clare House Retirement Center 509-252-6500
Classy Retreat Adult Family Home 509-869-9494, 509-838-8343, 509-448-0623
[Cooper George Retirement Community](#) 509-343-2716
Cornerstone Residence 509-467-7033
Courtland Place 509-928-9197
[Delaney Apartments](#) 509-747-5081
[Emilie Court](#) 509-474-2550
[Empire Care](#) 509-838-1933
[Evergreen Fountains Senior Living Community](#) 509-922-3100 or 1-866-517-1201
[Fahy Garden Apartments](#) 509-326-6759
[Fahy West Apartments](#) 509-326-6759
Fairfield Good Samaritan – Hilltop Retirement Apartments 509-283-2118
Fairview Assisted Living Inc 509-325-7339
[Fairwinds Coeur D'Alene](#) 208-765-5505
[Fairwinds Spokane](#) 509-468-1000
[Fairwood Retirement Village](#) 509-467-2365
[Harbor Crest](#) 509-443-8500
[Hart Terrace Senior Community](#) 509-534-8245
Harvard Park Retirement Residence 509-747-2703
Heritage Haven Adult Family Home 509-838-0426
Heritage House 509-467-9190
Hilltop Retirement Apartments 509-283-2118
[Holman Gardens Retirement Community](#) 509-927-2300
[Honoring Elders](#) 509-458-6800
Legends Park Assisted Living 208-666-9900
Leisure Park 208-772-9617
[Lilac Plaza Retirement Community](#) 509-489-7612
[Lilac Terrace Retirement Community](#) 509-489-7612
[Maplewood Gardens Retirement & Assisted Living](#) 509-489-9510
Mission Ridge Assisted Living 509-927-7148
[Moran Vista Senior Living](#) 509-343-2714
Mount St Joseph 509-838-2594
[Northpointe Retirement Community](#) 509-465-8440
[O'Malley Apartments](#) 509-487-1150
[Orchard Crest Retirement Community](#) 509-928-2222
[Park Place Retirement Community](#) 509-922-7224
[Parkway Village Assisted Living Community](#) 509-443-0401
Peterson Place Adult Family Home 509-328-2489
Pinecrest Retirement Community 509-276-6658
[Riverview Retirement Community](#) 509-483-6483
[Rockwood Lane Retirement Community](#) 509-838-3200
[Rockwood Retirement Communities of Spokane](#) 509-536-6650 or 1-800-727-6650

[Royal Plaza Retirement Center](#) 509-483-7136

[Spokane Baptist Association Homes](#)

– Holman Gardens 509-927-2300

– Lilac Plaza 509-489-7612

- Lilac Terrace 509-489-7612

– Pinecrest 509-276-6658

Spokane Valley Good Samaritan Village 509-924-6161

[Sullivan Park Assisted Living](#) 509-924-5555

[Summit View Apartments](#) 509-327-9524

Viking Place 509-327-6949

[Waterford On South Hill](#) 509-536-2929

[Willow Grove Home](#) 509-467-1135

[Windriver House](#) 509-325-1242

HOUSING: Coeur d'Alene & North Idaho

[Bestland Retirement Community](#) 208-664-3138

[Fairwinds Coeur D'Alene](#) 208-765-5505

Heatherstone Manufactured Home Community 208-762-4083

[Heritage Place](#) 208-664-2680

Lakewood Ranch 208-664-2680

Legends Park Assisted Living 208-666-9900

Leisure Park 208-772-9617

Northside Manor Senior Homes 208-667-1779

Sarah Street Apartments 208-772-7762

INFORMATION, SUPPORT OR ADVOCACY

[24 Hour Crisis Hotline \(mental health\)](#) 509-838-4427

All Our Children 509-464-5595

[Answers for Special Kids \(ASK\)](#) Resource Line 1-800-322-2588

[ARC of Spokane](#) 1-800-999-3429

[Big Brothers/Big Sisters of the Inland Northwest](#) 509-328-8310

[Candlelighters of the Inland Northwest](#) (families with children who have cancer) 509-474-2759

Caring Friends of Cystic Fibrosis Support Group 509-536-0406

Casey Family Partners (CPS referral only) 509-473-4810

[Center for Children with Special Needs](#)

[CHER \(Community Health Education Resources\)](#) 509-232-8138

[Children with Attention Deficit Disorder \(CHADD\)](#) 1-800-233-4050

[Compassionate Friends](#) (Support group for parents or siblings of a child who has died) 509-993-8854

[Down Syndrome](#) Family Network

Easter Seals of Washington Assistive Technology Center 509-326-8292

[Eastern WA Center for the Deaf and Hard of Hearing](#) 509-328-9220

Epilepsy Foundation including Support Group 509-325-1128

[Evergreen Spina Bifida Association](#) 1-877-606-2680

Fairchild AFB Family Services 509-247-5154

Fairchild AFB Resources 509-247-2246

[Family Educator Partnership Project](#) 509-328-6326

[Family Voices](#) 360-866-8254

[Fathers Network](#) 509-328-6326

[First Call for Help 24 Hour Crisis Hotline](#) 509-838-4427

[Foster Parent Association of Spokane](#) 509-462-3777

Indian Child Welfare / American Indian Community 509-535-0886
[Make-A-Wish Foundation](#) 509-458-2618
Muscular Dystrophy Support Group 509-325-3802
[Northwest Autism Center](#) 509-328-1582
Northwest Parents of Blind Children – [National Federation of the Blind](#) 509-487-1732
Oley Foundation Support Group for Families with G-tube & infusion nutrition 509 255-5966
[Parent Help 123](#)
[Parent to Parent](#) 509-328-6326
Parents of Children with Hearing Impairment Support Group ([ASHA](#)) 509-789-5785
Passages: [Support for Parents of Children With Mental Illness](#) 509-892-9241
SCAN (Spokane Child Abuse and Neglect Prevention Center) 509-363-3333
[Spokane County Parent Coalition](#) 509-328-6326
[Spokane Guild's School & Neuromuscular Center Parent Support Group](#) 509-326-1651
[The Arc of Spokane County](#) 1-800-999-3429
[Transitions for Women](#) 509-328-6702
[Washington PAVE](#) (advocacy with special education issues) 1-800-572-7368
[Wishing Star Foundation](#) 509-744-3411

LEGAL SERVICES

[Fulcrum Dispute Resolution Services](#) 509-838-2799
[Northwest Justice Project - CLEAR](#) 1-888-201-1014
[Northwest Mediation Center](#) 509-456-0103

RECREATION

[ARC Community Center](#) 509-789-2247
[Camp Fire USA](#) 509-747-6191
[Easter Seals – Spokane Recreational Program](#) 509-326-8292
[Special Olympics Washington](#) 1-800-752-7559
[Spokane Parks & Recreation](#) 509-625-6200
[Spokane Valley Parks & Recreation](#) 509-688-0042
[Whitworth Aquatic Center](#) 509-777-4778

RE-ENTRY OFFENDER RESOURCES

[Online](#) (Excel spreadsheet)
[Printable](#) (PDF file)

SENIORS

[Aging and Long Term Care of Eastern Washington](#) 509-458-2509
[American Indian Community Center](#) (meals for seniors) 509-535-0886
[Catholic Charities Senior Meals - Deer Park Senior Center](#) 509-276-2411
[Catholic Charities Senior Services](#) 509-459-6172
[Foster Grandparent Program](#) 509-459-6176
[Hospice of Spokane](#) 509-456-0438
Meals on Wheels
- Cheney 509-924-6976
- Deer Park 509-993-2441
- [Spokane](#) 509-456-6597
- [Spokane County \(Spokane Regional Health District\)](#) 509-324-1533
- [Spokane Valley](#) 509-924-6976
[Northwest Justice Project - CLEAR*Sr](#) 1-888-387-7111

OMEGA Center (home chores) 509-325-1839

[Senior Nutrition \(meals\)](#) 509-276-2411

[Volunteer Chore Services](#) 509-459-6172

TECHNOLOGY PROGRAMS, ACCESS, LITERACY & VITAL CONTENT

[Community Minded Enterprises](#) 509-444-3088

[Easter Seals Washington](#) 509-326-8292

[INHS/Northwest TeleHealth](#) 509-232-8121

[NNTAC \(Neighborhood Networks Technology Access Consortium\)](#)

Spokane Baptist Association Homes – FUNN Computer Center 509-489-7612

[Spokane Neighborhood Action Programs](#) 509-456-7174

[Spokane County Library District](#)

- Airway Heights 509-893-8250

- Argonne 509-893-8260

- Cheney 509-893-8280

- Deer Park 509-893-8300

- Fairfield 509-893-8320

- Medical Lake 509-893-8330

- Moran Prarie 509-893-8340

- Otis Orchards 509-893-8390

- Spokane Valley 509-893-8400

[Spokane Public Library](#)

- Downtown Library 509-444-5300

- Eastside Library 509-444-5375

- Hillyard Library 509-444-5380

- Indian Trail Library 509-444-5395

- Shadle Library 509-444-5390

- South Hill Library 509-444-5385

[Spokane Public Schools](#) 509-354-7618

[Tamarack Center](#) 509-326-8100

[TINCAN \(The Inland Northwest Community Access Network\)](#) 509-744-0972

See Education: Colleges, Trade and Technical Schools for more about technology programs and literacy

TRANSPORTATION

OMEGA Center (senior & disabled) 509-325-1839

[Our Place Ministries Spokane](#) (Bus passes) 509-326-7267

[Spokane Transit](#) 509-328-RIDE (7433)

[Spokane Transit Paratransit](#) 509-328-1552, TTY 509-327-6055

Spokane Transit Reduced Fare Card 509-456-7277

Special Mobility Services (Medicaid broker for transportation) 1-800-892-4817 or 509-534-9760

UTILITIES, TELEPHONE & CELL PHONE

[Assurance Wireless](#) (free for low income) 1-888-898-4888

[AT&T Wireless Lifeline Service](#) 1-800-377-9450

[New Hope Resource Center](#) 509-467-2900

OMEGA Center 509-325-1839

[Our Place Ministries Spokane](#) 509-326-7267

[Safelink Wireless](#) (free for low income) 1-800-723-3546

[Spokane Neighborhood Action Programs \(SNAP\)](#) 509-242-2376

[Spokane Valley Partners](#) 509-927-1153 ext 21

[Washington Telephone Assistance Program \(WTAP\)](#) 1-800-562-6150
[Volunteers of America Emergency Assistance](#) 509-624-2378

VETERANS SERVICES

[County Veterans Coalition](#)

[Spokane County Veterans Services](#) 509-477-3690

[Spokane Veterans Center](#) 509-444-8387

Veteran Service Organizations (VSOs):

[American Legion](#)

- Post 72, Cheney, 509-235-6181
- Post 196, Medical Lake, 509-447-3236
- Post 241, Spokane Valley, 509-484-3214
- Post 243, North Spokane, 509-323-0355

[Disabled American Veterans](#)

- Chapter 6, Spokane, 509-535-9100
- Chapter 45, Spokane, 509-325-1720

[Marine Corps League](#)

- Detachment 586, Spokane, 509-624-9690

[Veterans of Foreign Wars](#)

- Post 51, Spokane, 509-327-9847
- Post 1435, Spokane, 509-535-9315
- Post 1474, Spokane, 509-487-3784
- Post 2218, Spokane, 509-536-9193
- Post 3067, Deer Park, 509-276-5761
- Post 3386, Airway Heights, 509-244-5219
- Post 5924, Elk, 509-292-8252
- Post 11325, Spokane, 509-536-1801

[Veterans Administration Medical Center](#) 509-434-7000

[Worksource Spokane Veterans Unit](#) 509-532-3100

YOUTH GROUPS & SERVICES

[4-H Spokane County](#) 509-477-2165

[Adolescent Health Transition Project](#) 206-685-1358

[Big Brothers/Big Sisters of the Inland Northwest](#) 509-328-8310

[Boy Scouts – Inland Northwest Council](#) 509-325-0932

[Camp Fire USA](#) 509-747-6191 or 1-800-386-2324

[Chase Youth Program](#) (SNAP - help w/ athletic, recreation costs) 509-487-1114

[Crosswalk Youth Shelter](#) 509-838-6596

[Daybreak Teen Drug & Alcohol Program](#)

- Inpatient Program 509-624-3227
- Outpatient Spokane 509-444-7033
- Outpatient Spokane Valley 509-927-1991

[DSHS Division of Developmental Disabilities \(DDD\)](#) 509-329-2900

[DSHS Division of Vocational Rehabilitation \(DVR\)](#) 509-363-4700

[Easter Seals – Spokane Recreational Program](#) 509-326-8292

[Excelsior Youth Center](#) (substance abuse) 509-328-7041

[Family Networks](#) (advocates for academic careers for teens and young adults with disabilities) 509-328-9331

[Girl Scouts – Eastern Washington & Northern Idaho](#) 509-747-8091

[Northeast Youth Center](#) 509-482-0708

[Odyssey Youth Center \(GLBTQA\)](#) 509-325-3637
[Spokane Youth Sports Association](#) 509-536-1800
[Tshimakain Creek Camp \(Union Gospel Mission\)](#) 509-535-8510
[Tutor Hunt](#)
[YFA Connections](#) 509-532-2000

OTHER

A-1 Low Cost Spay, Neuter, Vaccination Clinic 509-926-4206

[House of Charity - Support services for homeless](#) 509-624-7821

- Community Voice Mail
- Gear storage
- Laundry services
- Mailing address (P.O. Box 2253 Spokane, WA 99210)
- Phone use ~ for calling providers (e.g. doctor, clinic, attorney, case manager, DSHS)

[National & Washington State Hotlines & Websites](#)

[Pet-Savers Low Cost Spay & Neuter Clinic](#) 509-924-7826

Special Mobility Services (foreign language interpreters) 1-800-892-4817 or 509-534-9760

[AT & T Language Line](#) 1-800-628-8486

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