

## **Community Resources for Okanogan County, Washington - Compiled by [4People.org](http://4People.org)**

### **Major Update 4/01/2013 - Minor Update 2/20/2012**

#### **CRISIS**

*For emergency dial 911, or from cell phone, 112*

24-hour crisis line ([Spokane RSN](#)) 1-866-826-6191 or 509-826-6161

Domestic violence and sexual assault help line ([The Support Center](#)), 24 hours a day 1-888-826-3221

Poison Control Center 1-800-732-6985

[Runaway Hotline](#) 1-800-RUNAWAY (786-2929)

Suicide prevention ([Spokane RSN](#)) 1-866-826-6191 or 509-826-6161

#### **CASE MANAGEMENT**

[Aging and Adult Care of Central Washington](#) 1-888-437-4147

[DSHS Dept of Social & Health Services](#) 1-877-501-2233 @ 130 S Main, Omak, WA 98841

[DSHS Division of Developmental Disabilities](#) 509-846-2098

**[ESD \(Homeless Youth in School\) 509-665-2610:](#)**

- [Brewster School District](#) 509-689-2581 ext 210

- [Grand Coulee Dam School District](#) 509-633-1520

- [Methow Valley School District](#) 509-996-2215

- [Nespelem School District](#) 509-634-4541

- [Okanogan School District](#) 509-422-5414

- [Omak School District](#) 509-826-7680

- [Oroville School District](#) 509-476-3332

- [Pateros School District](#) 509-923-2571 ext 6 or 509-923-2343 ext 2

- [Tonasket School District](#) 509-422-5414

**[Offenders Employment Resources:](#)**

- [DSHS Division of Vocational Rehab](#) 509-826-7568 or 509-826-7335 TTY

- Main Street Learning Center - Brewster 509-689-8031

- [SkillSource Wenatchee](#) 509-663-3091

- [Wenatchee Valley College](#) 509-682-6890

- [WorkSource Okanogan County - Omak](#) 1-800-887.8057

[Okanogan Community Action Council](#)

[The Support Center](#) (crime victims) 509-826-3221

Transitional Housing, Operating & Rent assistance ([Okanogan County Community Action Council](#)) 509-422-4041 or 1-877-641-0101

#### **CHILD CARE OR RESPITE CARE**

[Catholic Family & Child Services](#) Child Care Resource & Referral 509-662-6761 or 1-800-261-1094

#### **CHILD DEVELOPMENT, SERVICES & PROGRAMS**

[Birth to 3 Program \(Okanogan Behavioral Healthcare\)](#) 509-826-6191

[Children's Early Learning Academy \(CELA – Okanogan Behavioral Healthcare\)](#) 509-826-6191

[CSCHN Coordinator \(Okanogan County Public Health\)](#) 509-422-7140 or 1-800-222-6410

[DSHS Division of Developmental Disabilities](#) 509-846-2098

[Early Childhood Education \(Okanogan Behavioral Healthcare\)](#) 509-826-6191

Family Resources Coordinator 509-826-8486

[First Steps Program \(Okanogan County Public Health\)](#) 509-422-7140 or 1-800-222-6410

**CLOTHING, FURNITURE, HOUSEWARES**

[Goodwill Industries of the Inland Northwest](#) 509-462-0513

[Goodwill Industries of the Inland Northwest Stores:](#)

- Downtown Spokane 509-444-2396

- North Spokane 509-466-2012

- Spokane Valley 509.928-4032

[Salvation Army Spokane](#) 509-329-2738

St. Vincent De Paul Spokane 509-535-2491

**DOCUMENT REPLACEMENT, SCHOOL SUPPLIES, QUALITY OF LIFE**

[Okanogan County Community Action Council](#) 509-422-4041 or 1-877-641-0101

**EDUCATION: School Districts, Special Ed**

[Brewster School District](#) 509-689-3418

[Grand Coulee Dam School District](#) 509-633-2143

[Grand Coulee Dam School District Special Services](#) 509-633-1520

[Methow Valley School District](#) 509-996-9205

[Nespelem School District](#) 509-634-4541

[North Central ESD](#) 509-665-2610

[North Central ESD Special Education](#) 509-665-2630

[Okanogan School District](#) 509-422-3629

[Okanogan School District Special Education](#) 509-422-3580

[Omak School District](#) 509-826-0320

[Omak School District Special Education](#) 509-826-8143 or 509-826-7684

[Oroville School District](#) 509-476-2281

[Pateros School District](#) 509-923-2343

[Pateros School District Special Education](#) 509-923-2751 ext 4

[Tonasket School District](#) 509-486-2126

[Tonasket School District Special Education](#) 509-486-4933

[Tutor Hunt](#)

**EDUCATION: Colleges, Trade and Technical Schools**

[Institute of Structural Medicine](#) 509-997-9392

[Wenatchee Valley College – Omak Campus](#) 509-422-7800

[WSU Extension Okanogan County](#) 509-422-7245

**EDUCATION & SUPPORT FOR PARENTS**

[Okanogan County Parent to Parent](#) 509-826-8495 or TTY 509-826-2113

**EMPLOYMENT**

[Career Path Services](#) (disabled) 1-888-326-7650

[Offenders Employment Resources:](#)

- [DSHS Division of Vocational Rehab](#) 509-826-7568 or 509-826-7335 TTY

- Main Street Learning Center - Brewster 509-689-8031

[WorkSource Okanogan](#) 1-800-887-8057 or 509-826-7310

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### **FINANCIAL ASSISTANCE**

[DSHS Dept of Social & Health Services](#) 1-877-501-2233 @ 130 S Main, Omak, WA 98841

Foreclosure Assistance: [Okanogan County Community Action](#) 509-422-4041 ext 17 or 1-877-641-0101

Supplemental Security Income (SSI) (For the disabled through [Social Security](#)) 1-800-772-1213

### **FOOD ASSISTANCE & NUTRITION**

Brewster Food Bank 509-689-2728

Bridgeport Food Bank 509-587-3011

[Cove Food Bank](#) (Twisp) 509-997-0227

Conconully Food Bank 509-826-4958

Food Stamps: [DSHS Dept of Social & Health Services](#) 1-877-501-2233 @ 130 S Main, Omak, WA 98841

Methow Valley Food Bank (Twisp) 509-997-0227

[Okanogan County Community Action Council](#) 509-422-4041

[Okanogan Food Bank](#): 424 S 2nd Ave, Okanogan - 9 to 11 a.m. Mondays & Thursdays

Omak Food Bank 509-826-1717

Oroville Food Bank 509-476-3978

Tonasket Food Bank 509-486-2480

Twisp Food Bank 509-997-0227

Wacounda Food Bank 509-486-1431

#### **WIC - Women, Infants, Children:**

- Brewster - [Family Health Centers](#) 509-689-3161 ext 3600

- Grand Coulee - [Colville Federated Tribes 509-634-2960](#)

- [Nespelem - Colville Confederated Tribes](#) 509-634-2960

- Okanogan - [Family Health Centers](#) 409-422-7626

- Omak - [Colville Confederated Tribes](#) 509-422-7450

- Oroville - [Oroville Family Medical Clinic](#) 509-476-3911

- Tonasket - [Family Health Centers](#) 509-422-7616 ext 1600

- Twisp - [Family Health Centers](#) 509-689-3161 ext 3600

### **HEALTH INSURANCE**

[DSHS Dept of Social & Health Services](#) (Medicaid) 1-877-501-2233 @ 130 S Main, Omak, WA 98841

[Medicare](#) (seniors, disabled) 1-800-633-4227 or TTY 1-877-486-2048

[Washington Apple Health for Kids](#) 1-855-900-3066

[Washington Basic Health Plan](#) 1-800-660-9840

[Washington Prescription Drug Program](#) 206-521-2027

[Washington State Insurance Commissioner](#) (Info about insurance) 1-800-562-6900

### **HEALTH SERVICES: Medical, Dental**

[Access to Baby and Child Dentistry](#) 509-422-7148 ext 148

[Breast, Cervical and Colon Health Program \(BCCHP\)](#) 1-888-551-3994

[Center on Human Development & Disabilities \(CHDD\)](#) UW Seattle 206-543-7701

[Children's Hospital & Regional Medical Center](#) Seattle 206-987-2000

#### **Colville Indian Health Center:**

- Dental 509-634-2920

- Medical 509-634-2913

- Optometry 509-634-2937

[CSCHN Coordinator \(Okanogan County Public Health\)](#) 509-422-7140 or 1-800-222-6410

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[Family Health Centers](#) 1-800-660-2129

[Family Health Centers Dental](#) 1-800-660-2129

[Fetal Alcohol Syndrome Hotline](#) 206-526-2522

[Lake Roosevelt Community Clinic - Inchelium](#) 509-722-7006 or 1-888-881-7684 ext 7006

[Mary Bridge Children's Health Center](#) Tacoma 253-594-1400

[Mid-Valley Hospital](#) 509-826-1760

[North Valley Hospital](#) 509-486-2151

[Okanogan County Public Health](#) 509-422-7140

[Okanogan Douglas District Hospital](#) 509-689-2517

[Okanogan Family Planning Clinic](#) 509-422-6593 or 1-800-660-1624

[Oroville Family Medical Clinic](#) 509-476-3911

[Wenatchee Valley Dental Village](#) 1-866-886-2500

### **HEALTH SERVICES: Mental, Behavioral**

[Okanogan Behavioral Health Care](#) 509-826-6191

### **HOME CARE SERVICES OR MEDICAL EQUIPMENT**

*[Find an adult home near you](#)*

[Addus Healthcare](#) 509-422-3400

Allied Medical Equipment 509-826-2331

[In-Home Care of Central Washington 509-826-5825](#)

[Lincare](#) 509-826-5060

Okanogan Regional Home Health Care 509-422-6721

[ResCare Home Care](#) 509-422-1791

### **HOUSING**

Foreclosure Assistance: [Okanogan County Community Action](#) 509-422-4041 ext 17 or 1-877-641-0101

Housing assistance:

- [Okanogan County Community Action Council](#) 509-422-4041

- Okanogan County Housing Authority 509-422-3721

Housing Authority of Oroville 509-476-3059

North Okanogan Habitat for Humanity 509-486-2372

[Okanogan County Habitat for Humanity](#) 509-223-3147

Okanogan Country Dwellers (low-income housing for people with developmental disabilities) 509-486-4706

[Oxford Houses of Washington](#) 1-800-562-1240

[Ruth's House of Hope](#) (women's transitional) 509-476-HOPE

[The Shove House](#) (mentally ill) 509-826-8444

### **INFORMATION, SUPPORT OR ADVOCACY**

[Answers for Special Kids \(ASK\) Resource line](#) (statewide-info about providers/programs) 1-800-322-2588

[DSHS Division of Developmental Disabilities](#) 509-846-2098

[Family Faces](#) (Info/support for craniofacial disorders) 1-866-987-3271

[Family Voices](#) of Washington (Info on healthcare policy) 360-866-8254

[Fathers Network](#) 509-892-0218

Okanogan County Parent to Parent 509-826-8495 or TTY 509-826-2113

[ParentHelp123](#) 1-800-322-2588

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[Washington P.A.V.E.](#) (support/help with schools) 1-800-572-7368

**LEGAL SERVICES**

[Northwest Justice Project:](#)

- CLEAR 1-888-201-1014

- CLEAR\*Sr (60-plus) 1-888-387-7111

Okanogan County Dispute Resolution Center 509-826-1776

**RECREATION**

[Special Olympics](#) (Year-round sports training & competition) 1-800-752-7559

**RE-ENTRY OFFENDER RESOURCES**

[Online](#) (Excel spreadsheet)

[Printable](#) (PDF file)

**SENIORS**

[Aging and Adult Care of Central Washington](#) 1-888-437-4147

[Medicare](#) 1-800-633-4227 or TTY 1-877-486-2048

[Northwest Justice Project - CLEAR\\*Sr](#) 1-888-387-7111

[Senior Centers & Meal Sites:](#)

- Brewster Senior Center 509-689-2815

- Okanogan Senior Center 509-422-6776

- Omak Senior Center 509-826-4741

- Oroville Senior Center 509-476-2412

- Tonasket Senior Center 509-486-2483

- [Twisp Senior Center](#) 509-997-7722

[Social Security](#) 1-800-772-1213

Veterans Assistance Program 509-422-7240

**TECHNOLOGY PROGRAMS, ACCESS, LITERACY & VITAL CONTENT**

[Brewster Public Library](#) 509-689-4046

[Okanogan Family Planning](#) 509-422-1624

[Okanogan Public Library](#) 509-422-2609

[Omak Public Library](#) 509-826-1820

[Oroville Public Library](#) 509-476-2662

[Pateros Public Library](#) 509-663-1117

[Tonasket Public Library](#) 509-486-2366

[Twisp Public Library](#) 509-997-4681

[Visual, S.A.](#) 509-476-3700

[Winthrop Public Library](#) 509-996-2685

**TRANSPORTATION**

[Okanogan County Transportation & Nutrition](#) 509-826-4391

[Trancare](#) 1-800-352-8726 or 509-667-2727

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**UTILITIES, TELEPHONE & CELL PHONE**

[Assurance Wireless](#) (free for low income) 1-888-898-4888

[AT&T Wireless Lifeline Service](#) 1-800-377-9450

[Okanogan County Community Action Council](#) 509-422-4041

[Safelink Wireless](#) (free for low income) 1-800-723-3546

[Washington Telephone Assistance Program \(WTAP\)](#) 1-800-562-6150

**VETERANS SERVICES**

[County Veterans Coalition](#)

Veterans Assistance Program 509-422-7240

**Veteran Service Organizations (VSOs):**

American Legion

- Post 56, Okanogan, 509-826-4849

- Post 82, Tonasket, 509-486-2382

- Post 84, Oroville, 509-476-2761

- Post 97, Brewster, 509-689-3307

- Post 120, Winthrop, 509-996-2296

- Post 143, Twisp, 509-997-4481

**YOUTH GROUPS & SERVICES**

[4-H of Okanogan County](#) 509-422-7245

[Boy Scouts Grand Columbia Council](#) 1-800-572-8603

- [Okanogan Valley District](#) 509-453-4795

[Camp Fire of the Inland Northwest](#) 1-800-386-2324

Civil Air Patrol - Information Vicki Scholla 509-322-0438

[Girl Scouts Eastern Washington Northern Idaho](#) 1-800-827-8091

[Tutor Hunt](#)

**OTHER**

[National & Washington State Hotlines & Websites](#)

[Okanogan Spay & Neuter Project](#) (OK SNIP - low cost spay/neuter) 509-422-9960

[Trancare](#) (translation services) 1-800-352-8726 or 509-667-2727

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