

**Community Resources for Skagit County, Washington - Compiled by [4People.org](http://4People.org)**

**Updated 5/3/2011**

**CRISIS**

*For emergency dial 911, or from cell phone 112*

[Care Crisis Response Services](#) (24 hours) 1-800-584-3578

[Emergency/Disaster Management](#) 360-428-3250

[Island Hospital Emergency Room](#) 360-299-1311

[Skagit Domestic Violence & Sexual Assault Services](#) 1-888-336-9591

Washington Poison Center: 1-800-732-6985

**CASE MANAGEMENT**

[Area Agency on Aging - Northwest Regional Council](#) 360-676-6749 or 1-800-585-6749

[DSHS \(Department of Human & Social Services\)](#) 1-800-735-7038

[DSHS Aging & Disabilities](#) 1-800-422-3263

[DSHS Child & Family Services](#) 360-416-7200 or 1-800-785-5582

[DSHS Division of Developmental Disabilities](#) 360-416-7261 or 1-800-491-5266

[DSHS Division of Vocational Rehabilitation](#) 360-416-7261 or 1-800-491-5266

**[ESD 189 Homeless Youth in School](#) 360-299-4000**

- [Anacortes School District](#) 360-293-1200

- [Burlington-Edison School District](#) 360-757-3311

- [Concrete School District](#) 360-853-8141

- [Conway School District](#) 360-445-5785

- [La Conner School District](#) 360-466-3171

- [Mount Vernon School District](#) 360-428-6181

- [Sedro-Woolley School District](#) 360-855-3500

[Friendship House](#)

- Men's Shelter 360-336-2135

- Women's Shelter 360-336-2418

[Northwest Regional Council \(area agency on aging\)](#) 360-676-6749 or 1-800-585-6749

[YMCA Oasis Youth Shelter/Daylight Center](#): 360-336-9622

**[Offenders Employment Resources](#)**

- [DSHS Division of Vocational Rehab](#) 360-416-3513 or 1-800-745-5960 Voice/TTY

- [WorkSource Northwest](#) 360-416-3600

[Samish Indian Nation](#) 360-899-5282

[Seamar Mount Vernon Community Services](#) 360-542-8899

[Skagit County Community Action Agency](#) (Homeless) 360-416-7585

Skagit Housing Authority 360-428-1959

[Swinomish Indian Tribal Community](#) 360-466-7200

Tenant Based Rental Assistance ([Skagit County CAP](#)) 360-416-7585

Transitional Housing, Operating & Rent assistance ([Skagit County CAP](#)) 360-416-7585

[Upper Skagit Tribe](#) 360-854-7000

[Veterans Assistance Program](#) 360-416-7585

**CHILD CARE OR RESPITE CARE**

Child Care Nurse Consultant: 360-419-3322

[Child Care Resource & Referral](#) 425-259-3191

**Community Resources for Skagit County, Washington - Compiled by [4People.org](http://4People.org)**

[Skagit Preschool and Resource Center \(SPARC\)](#) 360-416-7570

[Skagit Valley YMCA](#) 360-419-9058

DSHS Working Connections Child Care (financial assistance for child care) 1-800-735-7038

**CHILD DEVELOPMENT, SERVICES & PROGRAMS**

Anacortes Speech-Language & Hearing Therapy 360-588-8514

Balance Point Physical Therapy Clinic 360-466-7458

Early Childhood Home Instruction (for infants/toddlers with bilateral hearing loss) 206-987-5147

Family Resources Coordinator (SPARC) 360-416-7570

[Island Hospital Physical Therapy Center](#) 360-299-1328

Kathy Shapiro, RPT 360-428-2030

Newman-Kennedy Speech & Language Center 360-424-9645

[Skagit Valley Hospital Children's Therapy Program](#) 360-428-2184

[SPARC \(Skagit Preschool and Resource Center\)](#) 360-416-7570

[SPARC Kids Assistive Technology](#) 360-416-7024

[Washington Elks Therapy for Children](#) 1-800-825-3557

**CLOTHING, FURNITURE & HOUSEWARES**

Bargains Galore Thrift Shop 360-707-2313

[Friendship House](#) 360-336-2418

[Goodwill](#) 360-848-0646

Kiwanis Thrift Shop 360-293-2921

Red Door Thrift Shop 360-293-8027

[Skagit County Community Action Agency Critical Needs Program:](#)

- Concrete 360-853-8767 (M-F, 9am - 3pm)

- Mount Vernon 360-416-7585 (M-F 8:30am - 5pm)

[Soroptimist Thrift Shop](#) 360-293-7251

St. Vincent DePaul 360-336-5874 or 360-293-9821

**DOCUMENT REPLACEMENT, SCHOOL SUPPLIES, QUALITY OF LIFE**

[Skagit County Community Action Agency](#) 360-416-7585

**EDUCATION: SCHOOL DISTRICTS, SPECIAL ED**

[Anacortes School District](#) 360-293-1200

[Burlington-Edison School District](#) 360-757-3311

[Concrete School District](#) 360-853-8141

[Conway School District](#) 360-445-5785

[Conway School District Special Education](#) 360-445-5785 ext 5106

[ESD Educational Services District 189](#) 360-299-4000

[ESD 189 School Nurse Corps](#) 360-299-4013

[ESD 189 Special Programs & Services](#) 360-299-4011 or 360-299-4014

[La Conner School District](#) 360-466-3171

[La Conner School District Special Services](#) 360-466-3171

[Mount Vernon School District](#) 360-428-6110

[Sedro-Woolley School District](#) 360-855-3500

[Tutor Hunt](#)

**EDUCATION: Early Learning, Head Start**

Good Beginnings Preschool 360-855-3568  
[Skagit-Islands Head Start](#) 360-416-7590  
[YMCA Early Learning & Childcare Centers](#) 360-419-9058

**EDUCATION: Colleges, Trade and Technical Schools**

North Puget Sound Carpenters Training Center 360-428-2933  
[Northwest Hair Academy - Mount Vernon](#) 360-336-6553 or 1-800-422-0459  
Northwest Washington Pipe Trades Apprenticeship 360-486-9442  
[Skagit Valley College](#) 360-416-7600  
[WSU Extension Skagit County](#) 360-428-4270

**EDUCATION & SUPPORT FOR PARENTS**

[Skagit Parent Coalition](#)  
[Skagit Preschool and Resource Center \(SPARC\)](#) 360-416-7570  
[SPARC Kids Assistive Technology](#) 360-416-7024

**EMPLOYMENT**

[Offenders Employment Resources](#)  
- [DSHS Division of Vocational Rehab](#) 360-416-3513 or 1-800-745-5960 Voice/TTY  
- [WorkSource Northwest](#) 360-416-3600  
[WorkSource Northwest](#) 360-416-3600

**FINANCIAL ASSISTANCE**

[DSHS](#) 1-800-735-7038  
Skagit County Children with Special Health Care Needs (CSHCN) Program (limited financial assistance)  
360-336-9383  
[Skagit County Community Action Council](#) 360-416-7585  
Supplemental Security Income (SSI through [Social Security](#)) 1-800-772-1213  
DSHS Working Connections Child Care (financial assistance with child care) 1-800-735-7038

**FOOD ASSISTANCE & NUTRITION**

Alger Food Bank 360-724-5131  
Anacortes 100 Food Bank 360-293-6445 or 360-293-5202  
Concrete Food Bank 360-853-8505  
[Friendship House](#) (meals) 360-336-2418  
[Helping Hands Food Bank](#) 360-856-2211  
L.I.F.E. Services, Diabetes Education Program: 360-856-7524  
[Meals on Wheels of Skagit County](#) 360-419-3420  
Mount Vernon Sea Mar Food Bank 360-428-8912  
Neighbors in Need Food Bank 360-424-6829  
[Oley Foundation](#) 1-800-776-OLEY  
Salvation Army 360-424-6441  
[Sea Mar Health Care for Homeless](#) (vouchers) 360-542-8899  
[Sedro Woolley Helping Hands Food Bank](#): 360-855-2211

## **Community Resources for Skagit County, Washington - Compiled by [4People.org](http://4People.org)**

### Senior Centers of Skagit County (lunch for seniors)

- [Anacortes](#) 360-293-7473
- [Burlington](#) 360-755-0102
- [Concrete](#) 360-853-8400
- [Mount Vernon](#) 360-336-5757
- [Sedro-Woolley](#) 360-855-1531

### Skagit County Community Action Agency:

- Concrete 360-853-8767 (M-F, 9:00 a.m. to 3:00 p.m.)
- Mount Vernon 360-416-7585 (M-F, 8:30 a.m. to 5:00 p.m.)

### Skagit Gleaners 360-848-1045

St. Vincent DePaul 360-336-5874 or 360-293-9821

### WIC - Women, Infants, Children

- Mother-Baby Services 360-856-7318
- [Skagit County Community Action Agency](#) 360-416-7585
- [Skagit County Public Health Department](#) 360-336-9392
- Swinomish Tribal Health 360-466-3167
- Upper Skagit 360-856-4200

## **HEALTH INSURANCE**

### DSHS 1-800-735-7038

Skagit County Children with Special Health Care Needs (CSHCN) Program (limited financial assistance):  
360-336-9383

[Statewide Health Insurance Benefits Advisors \(SHIBA - info about insurance\)](#): 360-416-7004

[Washington Apple Health for Kids](#) (free or low cost health insurance): 1-877-543-7669

[Washington Basic Health Plan](#) (low income health insurance): 1-800-660-9840

[Washington Prescription Drug Program](#) 206-521-2027

## **HEALTH SERVICES: Medical or Dental**

Affiliated Health Services 360-416-8345

Anacortes Children's Therapy 360-299-0331

[Children's Hospital & Regional Medical Center](#) 206-987-2000

CSHCN (Children with Special Health Care Needs) Coordinator 360-336-9383

Donated Dental Services: (statewide resource) 206-441-8777

[Island Hospital](#) 360-299-1300

[Mary Bridge Children's Hospital & Health Center](#) 1-800-552-1419

Sea Mar Clinics in Skagit County (below):

- [Mount Vernon Healthcare for Homeless](#) 360-542-8899
- [Mount Vernon Medical Clinic](#) 360-428-4075
- [Mount Vernon OB/Gyn Clinic](#) 360-424-5344

[Skagit County Public Health Department](#) 360-336-9380

[Skagit County Teen Clinics](#): (reproductive health)

- Anacortes 360-293-6973
- Concrete 360-853-7009
- Mount Vernon 360-336-9477
- Sedro-Woolley 360-856-7319

[Skagit Valley Hospital](#) 360-424-4111

**Community Resources for Skagit County, Washington - Compiled by [4People.org](http://4People.org)**

[United General Hospital](#) 360-856-6021

[UW Center on Human Development & Disabilities \(CHDD\)](#): 206-685-1242

**HEALTH SERVICES: Mental, Behavioral**

[Care Crisis Response Services](#) (24 hour) 1-800-584-3578

[Catholic Community Services of Western Washington](#): 360-416-7546

[Compass Mental Health](#)

- [Children's Services](#) 360-419-3500

- [Mt Vernon](#) 360-419-3500

- [Mount Vernon Healthcare for Homeless](#) 360-542-8899

[North Sound Mental Health Administration](#) 1-888-693-7200

[Ombuds for Mental Health services](#) 360-416-7020 or 1-888-336-6164

[Seamar Clinic - Mount Vernon Outpatient Behavioral Health](#) 360-428-8920

**HEALTH SERVICES: Substance Abuse**

Dellamas & Associates Resource Center & Outpatient Treatment Services 360-299-2750

[Follman Agency](#) 360-755-1125

[Phoenix Recovery Services](#) 360-848-5250

Pioneer Center North 360-856-3186

[Skagit Recovery Center](#) 360-428-7835

Swinomish Alcohol Program 360-366-1024 or 1-800-559-9503

United Northwest Recovery Center 360-856-6300

Upper Skagit Tribe Substance Abuse Services 360-854-7070

**HOME CARE SERVICES & MEDICAL EQUIPMENT**

Angelica Home Health Services 360-588-0609

Health Team Northwest: 1-800-888-4429

[Holland Home Care](#): 360-424-4356

[Home Instead Senior Care](#) 360-982-2461

[Island Hospital Home Health Services](#): 360-299-1302

[Lincare](#): 360-428-0321 or 1-800-871-1200

[New Care Concepts](#): 206-789-9054 or 1-800-635-6480

Signature Home Health (Bellingham) 360-671-5872

Sunrise Home Care Agency 360-336-0798

[Visiting Angels](#) 360-707-2074 or 1-888-264-3528

[Visiting Nurse Home Care](#) 360-416-0343 or 1-800-624-2714

Visiting Nurse Personal Services: 360-336-9693

Walgreens-Optioncare 360-428-7799

[Wheelchairs Northwest](#): 1-800-786-4508

**HOUSING: Authorities & Assistance**

[Anacortes Housing Authority](#) 360-293-7831

Housing assistance: [Skagit County Community Action Council](#) 360-416-7585

Housing Authority of Skagit County 360-428-1959

**HOUSING: Emergency & Homeless**

## **Community Resources for Skagit County, Washington - Compiled by [4People.org](http://4People.org)**

### Friendship House

- Men's 360-336-2135
- Women's 360-336-2418

Skagit County Community Action Council 360-416-7585

Skagit Domestic Violence & Sexual Assault Services 1-888-336-9591

YMCA Oasis Youth Shelter: 360-419-9058

### **HOUSING: Supportive, Transitional**

Oxford Houses of Washington (Chapter 7) 360-738-3549

- Bill Wyze Oxford (men) 360-424-2118
- River Side Hill Oxford (women) 360-873-8584
- Skagit Valley Oxford (Men) 360-982-2420
- Stark Oxford (Men) 360-982-2393

### **INFORMATION, SUPPORT OR ADVOCACY**

211 - United Way of Skagit County 360-755-9521

Adolescent Health Transition Project: 206-685-1358

Answers for Special Kids (ASK) Resource line: 1-800-322-2588

Autism Outreach Project (ESD 189): 1-888-704-9633

Brain Injury Association of Washington: 425-895-0047

Cascade Prosthetics & Orthotics: 360-428-4003

Center for Children with Special Needs

Fathers Network: 425-747-4004, ext. 218

Hearing, Speech and Deafness Center: 360-647-8508 or 1-800-647-0910

Make-A-Wish Foundation: 1-800-304-9474

NAMI of Skagit County 360-424-1063

Parent to Parent: 360-416-7570 ext 401

ParentHelp123

PFLAG - Parents, Friends & Families of Lesbians and Gays (Skagit County Chapter) 360-856-4676

Samish Indian Nation: 360-293-6404

Skagit Parent Coalition 360-610-6403

SPARC Kids Assistive Technology 360-416-7024

Summit Assistance Dogs: 360-293-5609

Swinomish Indian Tribal Community: 360-466-7200

Upper Skagit Tribe: 360-854-7000

Washington Assistive Technology Alliance: 1-800-214-8731

Washington PAVE (help with schools): 1-800-572-7368

Washington Sensory Disabilities Services (WSDS): 800-572-7000

Washington State School for the Deaf: 360-696-6525

Washington State Services for the Blind: 800-552-7103

### **LEGAL SERVICES**

Dispute Resolution Services 360-542-8487

Northwest Justice Project:

- CLEAR 1-888-201-1014
- CLEAR\*Sr (60-plus) 1-888-387-7111

**RECREATION**

[Skagit Valley YMCA](#) 360-336-9622

[Special Olympics](#) (sports training & competition) 360-336-9315

**SENIORS**

[Dial-a-Ride](#) 360-757-4433 or 1-877-584-7528

[Meals on Wheels of Skagit County](#) 360-419-3420

[Medicare](#) 1-800-633-4227 or TTY 1-877-486-2048

[Northwest Justice Project](#) - CLEAR\*Sr 1-888-387-7111

[Northwest Regional Council \(area agency on aging\)](#) 360-676-6749 or 1-800-585-6749

[Senior Centers of Skagit County:](#)

- [Anacortes](#) 360-293-7473

- [Burlington](#) 360-755-0102

- [Concrete](#) 360-853-8400

- [Mount Vernon](#) 360-336-5757

- [Sedro-Woolley](#) 360-855-1531

[Social Security](#) 1-800-772-1213

[Veterans Assistance Program](#) 360-416-7585

**TECHNOLOGY PROGRAMS, ACCESS, LITERACY & VITAL CONTENT**

[Anacortes Public Library:](#) 360-293-1910

[Burlington Public Library:](#) 360-755-0760

Concrete Public Library: 360-853-8950

[Hillcrest Community Computer Lab-Skagit](#) 360-428-4270

[King County Library:](#) 800-462-9600

[La Conner Regional Library:](#) 360-466-3352

[Mount Vernon City Library:](#) 360-336-6209

[Sedro-Woolley Public Library](#) 360-855-1166

[Skagit County Community Action Agency](#) 360-416-7585

[Skagit Preschool & Resource Center \(SPARC\)](#) 360-416-7570

*See Education: Colleges, Trade and Technical Schools for more about technology programs and literacy*

**TRANSPORTATION**

[Dial-a-Ride](#) 360-757-4433 or 1-877-584-7528

Medicaid Transportation 1-800-860-6812

[Skagit Transit:](#) 360-757-4433 or 1-877-584-7528

**UTILITIES & TELEPHONE**

[Skagit County Community Action Agency](#) 360-416-7585

[Washington Telephone Access Program](#)

**VETERANS SERVICES**

[County Veterans Coalition](#)

[Veterans Assistance Program](#) 360-416-7585

**Veteran Service Organizations (VSOs):**

**Community Resources for Skagit County, Washington - Compiled by [4People.org](http://4People.org)**

[Vietnam Veterans of America](#)

- Chapter 212, Mount Vernon, 360-873-4216

[American Legion](#)

- Post 43, Sedro Woolley, 360-855-0520

- Post 91, Burlington, 360-755-9463

- Post 132, Concrete, 360-853- 8940

- [Post 138, Anacortes](#), 360-293-7248

- Post 147, Mount Vernon, 360-424-7746

[Disabled American Veterans](#)

- Chapter 42, Burlington, 360-428-8003

[Marine Corps League](#)

- Detachment 1043, Burlington, 360-424-1379

[Veterans of Foreign Wars](#)

- Post 933, Mount Vernon, 360-757-3212

**YOUTH GROUPS & SERVICES**

[4-H Skagit County](#): 360-428-4270

[AmeriCorps \(VOA\)](#): 360-416-7585

[Anacortes Community & Youth Arts](#) 360-293-8090

[Boys & Girls Clubs of Skagit County](#)

- Anacortes 360-588-9045

- La Conner 360-466-3672

- Mount Vernon 360-428-6995

- Sedro-Woolley 360-856-1830

[Fab 5 GLBTQ Teen Group](#): 360-856-4676

[Skagit County Teen Clinics](#): (reproductive health)

- Anacortes 360-293-6973

- Concrete 360-853-7009

- Mount Vernon 360-336-9477

- Sedro-Woolley 360-856-7319

[Tutor Hunt](#)

[YMCA Oasis Daylight Center](#): 360-336-9622

[YMCA Oasis Youth Shelter](#): 360-336-9622

[Youth Dynamics](#): 360-757-1337

**OTHER**

[Pasado's The Spay Station](#) 360-793-9393 (must show proof of income: WIC, medical coupons, etc.)

[Summit Assistance Dogs](#): 360-293-5609

Compiled by [4People.org](http://4People.org)