

2010 Community Resources for Pierce County, Washington - Compiled by 4People.org

CRISIS

For emergency dial 911, or from cell phone 112

[Crisis Line](#) 1-800-576-7764 or 253-798-4333

Domestic Violence Crisis Lines

- [City of Tacoma Domestic Violence Advocate](#) 253-591-5164 or 253-591-5153 TTY
- [DAWN \(Domestic Abuse Women's Network\)](#) 425-656-7867
- [Family Renewal Shelter](#) 1-888-550-3915 or 253-475-9010
- [Pierce County Domestic Violence Help Line](#) 253-798-4166 or 1-800-764-2420
- [Puyallup Tribe Domestic Violence Advocate](#) 253-680-5531
- YWCA: 253-383-2593

Emergency/Disaster Management

- Buckley 253-862-9059
- [Lakewood](#) 1-800-525-0321
- [Pierce County](#) 253-798-7470
- [Puyallup](#) 253-770-3336
- [Tacoma](#) 253-404-3700

[Helping Hand House](#): 253-848-6096

[Sexual Assault Center](#) 800-756-7273

[United Way of Pierce County Helpline](#) 800-572-4357

CASE MANAGEMENT

[DSHS](#) Community Services Office (CSO) (for financial assistance, medical coupons, housing, food stamps, daycare financial assistance)

- Lakewood: 253-476-6800
- Pierce North: 253-983-6700
- Pierce South: 253-476-7373
- Puyallup Valley: 253-476-7377

[DSHS Aging & Disabilities](#) 1-800-442-5129

[DSHS Division of Developmental Disabilities](#) 253-404-6500 or 1-800-248-0949

[DSHS Division of Vocational Rehabilitation](#) 253-983-6500 or 1-800-637-5627

[ESD \(Homeless Youth in School\) 360-725-6050](#)

[Gateways for Youth and Families](#) 253-383-4361

[Metropolitan Development Council \(MDC\)](#) (Homeless case management) 253-383-3921

[Offenders Transitional Employment Resources](#)

- Bates Technical College (Tacoma) 253-680-7240
- Clover Park Technical College (Lakewood) 253-583-8947
- Department of Corrections (Tacoma) 253-680-2698
- Goodwill Industries Tacoma 800-584-7980 or 253-272-5166
- Pierce College Fort Steilacoom (Lakewood) 253-964-6364
- Tacoma Community College 253-566-5188
- Tacoma Community House 253-383-3951
- Tacoma Housing Authority 253-284-9489
- Vadis (Sumner) 253-863-5173 x228
- WorkSource Lakewood Affiliate 253-589-7119

- WorkSource Pierce (Tacoma) 253-593-7300
- [Pierce County Aging and Long Term Care](#) 253-798-7376
- Pierce County Human Services
 - [Aging & Long Term Care](#) 253-798-7376
 - [Developmental Disabilities](#) 253-798-6109 or 1-800-642-5769
 - [Mental Health Services](#) 253-292-4200 or 1-866-673-6256
- [Pierce County AIDS Foundation](#) 253-383-2565
- [Pierce County Community Action Program](#) (Homeless case management) 253-798-7240
- [Pierce County Veterans Bureau](#) 253-798-7449
- [Project Homeless Connect](#) 253-591-5070
- [Puyallup Tribe of Indians](#)
 - [Child Services Program](#) 253-680-5532
 - [Community/Family Services](#) (substance abuse) 253-573-7920
 - [Crisis Assistance Program](#) 253-573-7989
- Salvation Army
 - [Puyallup Valley Corps Community Center](#) 253-841-1491
 - [Tacoma Corps Community Center](#) 253-572-8452
- [Tacoma Community House](#) 253-383-3951
- Transitional Housing, Operating & Rent assistance 253-798-6912
- [Veterans Independent Enterprises Workshop \(VIEW\)](#) 253-922-5650

CHILD CARE OR RESPITE CARE

- [Ashley House](#) (Enumclaw and Tacoma) (respite for children with medically intensive conditions): 360-825-6525 or 253-925-9220
- Child care resource & referral 253-591-2025
- Excelcare (nanny service): 253-565-8252
- [Tacoma Adult Day Health Center](#) 253-459-7222
- Tacoma-Pierce County Child Care Referral & Resource Line: 253-591-2025
- United Cerebral Palsy Respitiity Program (paid babysitter, hotel, dinner): 253-565-1463
- [YMCA Child Care](#) 253-534-7840

CHILD DEVELOPMENT, SERVICES & PROGRAMS

- Achieve Pediatric OT: 253-973-1181
- [Birth to Three Developmental Center](#) 253-874-5445
- C.C. Manning & Associates (Speech & Hearing): 253-460-5088
- Center for Therapeutic Intervention - Gig Harbor: 253-851-3874
- Family Resource Coordinators (birth - 3yrs): 253-798-3790 or 1-800-642-5769
- [Family Support Centers \(Tacoma Pierce County Health Department\)](#)
 - Bethel: 253-683-6850
 - Bryant: 253-571-2500
 - Eastside: 253-627-7368
 - Hilltop: 253-571-4933
 - Key Peninsula: 253-884-5433
 - Lakewood: 253-284-9060
 - McKinley: 253-571-2380
 - Orting: 360-893-8500
 - Parkland: 253-798-6557
 - Puyallup: 253-845-9177
 - Sumner: 253-891-6535

- White River: 360 829-5883
[Good Samaritan's Children's Therapy Unit](#) (Puyallup): 253-697-5200
[Harbor Children's Therapy \(OT\)](#): 253-853-5155
[Mary Bridge Children's Health Center](#): 1-800-552-1419
Peninsula Pediatric Therapy: 253-857-5437
Puget Sound Therapy: 253-383-2423
[Puyallup Tribe of Indians \(birth-6\)](#): 253-572-6061
[South Sound Outreach Services](#) 253-593-2111
Special Dietary Needs TACS 253-272-8289
St. Joseph's Speech & Language services: 253-426-6763
Tacoma Speech-Language Clinic: 253-472-6454

CLOTHING, FURNITURE & HOUSEWARES

Asbury Methodist Urban Ministries 253-472-4239
[Bikers Against Statewide Hunger \(BASH\)](#) 253-531-9600
[Care Net Parenting](#) (diapers, formula, low cost clothing, parenting classes):
- Puyallup: 253-770-8697
- Tacoma: 253-383-6073
[Eatonville Family Agency](#): 360-832-6805
God's Closet (Puyallup) 253-845-1639
Got Jesus Ministries 253-232-9988
Lion of Judah Evangelistic Center (appointment only) 253-779-2449
[Nativity House](#): 253-272-5266
[New Jerusalem Church](#): 253-572-6785
Salvation Army
- [Puyallup Valley Corps Community Center](#) 253-841-1491
- [Tacoma Corps Community Center](#) 253-572-8452
[St. Francis House](#) 253-848-3618
St Vincent De Paul
- Puyallup 253-770-0264
- Tacoma 253-472-7334 or 253-301-2376
[Tacoma City Association of Colored Women's Clubs](#) 253-272-9412
[Tacoma Goodwill](#)
- Puyallup 253-848-6620
- Tacoma 253-573-6500
[Tacoma Rescue Mission](#) 253-383-4462
The Crossing Church 253-537-2001
[United Lutheran Church Clothing Bank](#) 253-475-3175

DOCUMENT REPLACEMENT, SCHOOL SUPPLIES, QUALITY OF LIFE

[Make A Wish Foundation](#) (grants wishes for children, 32 months to 17 years with life-threatening illnesses): 1-800-304-9474 or TDD Relay Operator 1-800-833-6384
Salvation Army
- [Puyallup Valley Corps Community Center](#) 253-841-1491
- [Tacoma Corps Community Center](#) 253-572-8452
[Starlight Foundation Wishes Program](#): 1-866-236-6379
St Vincent De Paul
- Puyallup 253-770-0264
- Tacoma 253-472-7334 or 253-301-2376

Vital Records - Tacoma-Pierce Health Department (birth certificate information): 253-798-6413

EDUCATION: SCHOOL DISTRICTS, SPECIAL ED

Bethel School District 253-683-6000

Bethel School District (Special Services Manager): 253-683-6920

Carbonado School District: 360-829-0121

Chief Leschi Schools 253-445-5006

Chief Leschi Schools(Special Education): 253-445-6000 ext 3115

Clover Park School District 253-583-5000

Clover Park School District (Special Education): 253-583-5173

Dieringer School District: 253-862-2537

Eatonville School District 360-879-1800

Fife School District 253-517-1000

Fife School District (Special Services): 253-517-1000

Franklin-Pierce School District 253-298-3000

Franklin-Pierce School District (Learning Support Services): 253-298-3048

Office of the Superintendent of Public Instruction: 360-725-6000

Orting School District: 360-893-6500

Orting School District (Special Services): 360-893-6500 ext 233

Peninsula School District: 253-530-1000

Peninsula School District (Student Services): 253-530-1081

Puyallup School District: 253-841-1301

Puyallup School District (Special Services): 253-841-8700

Steilacoom School District: 253-983-2200

Steilacoom School District (Pupil Services): 253-983-2570

Sumner School District: 253-891-6000

Sumner School District (Special Services): 253-891-6040

Tacoma School District 253-571-1000

Tacoma School District (Special Education): 253-571-1000

Tone Transitional Center (homeless families w/ children) 253-571-1875 or 253-571-1898

University Place School District: 253-566-5600

University Place School District (Special Education): 253-566-5645 ext 3328 or 3329

White River School District: 360-829-3820

EDUCATION: Early Learning, Head Start

Pierce County Community Action Program - ECEAP & Head Start 253-798-7379 or 1-800-562-0336

Tacoma Early Learning & Head Start

- ECEAP (Early Childhood Education & Assistance Program) 253-571-1870

- Head Start 253-571-1948

- Special Education Preschool 253-571-1047

- Title 1 Preschool 253-571-1111

EDUCATION: Colleges, Trade and Technical Schools

Alexandar Massage School 1-877-472-1142

Bartending Academy of Tacoma 253-474-0330

Bates Technical College

- Downtown Campus 253-680-7000

- Mohler Campus 253-680-7700

- South Campus 253-680-7400

[BJ's Beauty & Barber College](#) 253-473-4320
[Brandman University – Ft Lewis](#) 253-964-2509
[Brandman University – McChord AFB](#) 253-584-5448
[Central Washington University Tacoma](#) 253-964-6636
[City of Tacoma LEAP \(Local Employment & Apprenticeship Training Program\)](#)
[City University - Tacoma](#) 253-896-3210 or 1-800-345-9056
[Clover Park Technical College](#) 253-589-5800
[College of Medical Training](#) 253-566-8282 or 1-88-Training
[Commercial Driver Services](#) 253-983-0200 or 1-888-558-7120
[Computer Training at Washington Women Employment & Education \(WWE\)](#) 253-474-9933 or 1-888-758-9933
[Educational Opportunity Center](#) (help obtaining higher education) 253-572-5960
[Embry-Riddle Aeronautical University](#) 386-226-6100 or 1-800-862-2416
[Evergreen State College - Tacoma](#) 253-680-3000 or 360-867-3000

GED Programs

- Bates Technical College 253-680-7000
- Clover Park Technical College 253-589-5748
- Green River Community College 253-833-9111
- Pierce College 253-964-6500
- Pierce County CAREER Program 253-798-3835
- Tacoma Community College 253-566-5093

[Green River Community College](#) 253-833-9111 ext 5000
H&R Block Tax Training Schools 253-584-6434, 253-848-9133, 253-537-2880, 253-475-9500
Lesley College Graduate School 253-536-3303
Lincoln Beauty School 253-473-0501
[Northwest Aviation College](#) 253-854-4960
[Northwest Baptist Seminary](#) 253-759-6104 or 1-877-311-6104
[Pacific Lutheran University](#) 1-800-274-6758
[Pierce College](#)

- Extended Learning 253-964-6533
- Fort Steilacoom 253-964-6500
- Puyallup 253-840-8400

St Martin's University

- [Ft Lewis Extension Campus](#) 253-964-4688
- [McChord AFB Extension Campus](#) 253-584-3533

[Soma Institute](#) 360-829-1025
[Tacoma Community College](#) 253-566-5000

- [Gig Harbor Campus](#) 253-460-2424
- [Workfirst](#) 253-460-4494

[Tacoma Community House](#) (GED program) 253-383-3951
[The Salon Professional Academy](#) 253-617-7010
[Trans Union Truck Driving School](#) 253-922-0870
[University of Phoenix](#) 253-268-5800
[University of Puget Sound](#) 253-879-3100
[University of Washington - Tacoma](#) 253-692-4000 or 1-800-736-7750
[Western Pacific Truck School](#) 1-800-333-1233
[Western Reformed Seminary](#) 253-272-0417
[WSU Extension Pierce County](#) 253-798-7180

EDUCATION & SUPPORT FOR PARENTS

[Family Support Centers \(Tacoma Pierce County Health Department\)](#)

- Bethel: 253-683-6850
- Bryant: 253-571-2500
- Eastside: 253-627-7368
- Hilltop: 253-571-4933
- Key Peninsula: 253-884-5433
- Lakewood: 253-284-9060
- McKinley: 253-571-2380
- Orting: 360-893-8500
- Parkland: 253-798-6557
- Puyallup: 253-845-9177
- Sumner: 253-891-6535
- White River: 360 829-5883

[Gateways for Youth and Families](#) 253-383-4361

Pierce College Parenting Classes 253-964-6500

[Pierce County Coalition for Developmental Disabilities](#) 253-564-0707

EMPLOYMENT

Action Employment Services 253-841-2077

[Adecco Employment Services](#) 253-475-1500

[Aerotek](#) 253-926-4550

[Almond & Associates](#) 253-952-5555

[Barrett Business Services](#) 253-441-2130 or 1-800- 251-7251

[Career Staff Unlimited](#) 253-588-1232

[Centro Latino](#) 253-572-7717

[City of Tacoma LEAP \(Local Employment & Apprenticeship Training Program\)](#)

[CLP Resources](#) 253-475-1070

[Corestaff Services](#) 253-582-2577

[Dislocated Worker](#) 253-593-7325 or 253-593-7319

[DSHS Division Of Vocational Rehabilitation](#): 253-983-6500

- Parkland: 253-548-2460

- Puyallup: 253-445-7264

- Tacoma: 253-593-5942

- TTY: 253-593-5942

[Evergreen Staffing](#) 253-572-1400

[Express Employment](#)

- Puyallup 253-840-8020

- Tacoma 253-475-6855

[Goodwill Industries](#): 253-573-6577

[Kelly Services](#) 253-471-0415

[Labor Ready](#)

- Puyallup 253-445-0908

- Tacoma 253-581-8646 or 253-383-8909 or 253-383-9101

[Labor Works](#)

- Gig Harbor 253-853-3444

- Tacoma 253-627-9675 or 253-627-0490

[Manpower](#) 253-292-2535

[Metropolitan Development Council](#) 253-591-7026

[Oasis of Hope Center](#) 253-383-0077
[Opti Staffing Group](#) 253-284-2400
[ORM Staffing](#) 253-722-5877
[PACE Staffing Network](#) 253-922-5508
[Pierce County Jobline: 253-798-7466](#)
[Pierce County Roofers JATC](#) 253-474-0528
[Spherion](#) 253-475-9440
[Tacoma Community House](#) 253-383-3951
Tacoma Jobline: 253-591-5795
[Tradesmen International](#) 253-922-5585
[Vadis Northwest](#) (For Individuals With Disabilities): 253-863-5173
[Veterans Independent Enterprises Workshop \(VIEW\)](#) 253-922-5650
[Washington Women's Employment & Education](#): 253-474-9933
[West Sound Workforce](#) 253-853-3633
[WorkSource Pierce County](#) 253-593-7300

FINANCIAL ASSISTANCE

All Saints Community Services 253-848-2000
Asset Building: Contact Barb Gorzinski at Associated Ministries 253-383-3056
Asset Building: Contact Elizabeth Tail at The Alesek Institute 253-922-5269
Consumer Credit Counseling Service (help with money & debt management): 253-588-1858
Debtors Anonymous (Unity Church) 253-383-2684
[DSHS](#) Community Services Office (CSO) (financial assistance, medical coupons, housing, food stamps, daycare financial assistance)
- Lakewood: 253-476-6800
- Pierce North: 253-983-6700
- Pierce South: 253-476-7373
- Puyallup Valley: 253-476-7377
[DSHS Division of Child Support](#): 1-800-442-5437
Family Need of Tacoma (energy assistance, including oil, heat): 253-591-0119
Foreclosure Assistance:
- ACORN Housing Seattle/Tacoma 206-243-4663
- [CCCS of Olympic South Sound](#) 253-588-1858
- CCCS of the Midwest 253-355-2227
- [The Martin Luther King Housing Development Association](#) 253-627-1099 ext 1313
Supplemental Security Income (SSI) (For the disabled through [Social Security](#)): 1-800-772-1213
South Sound Outreach Services (utility discounts if primary caregiver, 62 & over or has disability): 253-593-2111

FOOD ASSISTANCE & NUTRITION

Tacoma

Allen Renaissance (Food Pantry) 253-627-6855
Asbury Community Food Bank: 253-472-4239
Asbury Methodist Urban Ministries, 5601 South Puget Sound
- Mon - Fri 9:00 am - 2:00 pm, Wed, 4:30 pm - 7:30 pm
[Bikers Against Statewide Hunger \(BASH\)](#) 253-531-9600
Bounty Food Bank 253-475-7098
Bread Box/South Tacoma, Christian Fellowship Church, 5010 South G St

- Walk-in: Mon 5:00 pm - 7:00 pm
- Edward's Temple Church 253-627-6203
- Father's House Ministries, 7310 12th Avenue East
- Tues 1:00 pm - 3:00 pm; Sun; 12:00 pm - 12:30 pm & 3:00 pm - 3:30 pm
- [FISH Food Banks of Pierce County](#) 253-383-3164
- Bread Box/South Tacoma, Christian Fellowship Church, 5010 South G St
- - Walk-in: Mon: 5:00 pm - 7:00 pm
- Jackson Street, St Andrews Episcopal Church, 7410 S 12th
- - Walk-in: Last Wednesday of month: 5:00 pm - 7:00 pm
- Northwest Tacoma, Mason United Methodist Church, 2710 N Madison
- - Walk-in: Wed: 12 noon - 4:00 pm; Sat: 12 noon - 4:00 pm
- Southeast, Lutheran Church of Christ the King, 1704 E 85th
- - Walk-in: Wed: 12 noon - 4:00 pm; Sat: 12 noon - 4:00 pm
- Food Connection (St. Leo's): 253-383-5048
- Good Shepard Lutheran Church 253-473-4848
- [Hospitality Kitchen \(CCSWW\)](#) 253-502-2763
- Immanuel Celebration Church 253-537-2766
- Jackson Street at St Andrew's Episcopal Church, 7410 South 12th Street
- Walk-In Last Wednesday of each month 5:00 pm - 7:00 pm
- My Sisters Pantry at First United Methodist Church, 423 MLK Jr. Way: 253-627-0129
- 1st and 3rd Monday 5:00 pm - 7:00 pm, 4th Saturday of each month 10:00 am - 1:00 pm
- [Meals on Wheels \(Lutheran Community Services\)](#) 253-722-5684
- [Nativity House \(drop-in center\)](#) 253-272-5266
- New Covenant Pentacostal Tabernacle 253-383-1115
- [New Jerusalem Church](#): 253-572-6785
- [Our Father's Kitchen \(United Lutheran Church\)](#) 253-475-3175
- [Parkland First Baptist Food Bank](#) 253-535-1293
- Peace Lutheran Church 253-845-8819
- [Resource Distribution Council](#): 253-473-7669
- [Salvation Army - Tacoma Corps Community Center](#): 253-572-8452
- Southeast Asian Food Bank: 253-472-7264
- Special Dietary Needs (TACS for people with long term illnesses): 253-272-8289
- [St Charles Borremo](#) 253-564-5185 ext 3013
- St Vincent de Paul Community Service Office 253-474-0519
- [Tacoma Rescue Mission](#) 253-383-4493
- [Tahoma Family Center \(CCSWW\)](#) 253-383-3697 or 253-502-2629
- [Tahoma Indian Center \(CCSWW\)](#)>/a> 253-593-2707
- [The Emergency Food Network](#): 253.584.1040
- The King Center 253-383-1585
- [Trinity Lutheran Church](#) 253-537-0201 [United Lutheran Church \(Lunch\)](#) 253-475-3175
- [W.I.C.](#) (Women, Infants, Children): 1-800-322-2588
- Family Clinic 253-597-4163
- Mary Bridge Children's Hospital & Health Center 253-403-1349
- Multicare WIC Office 253-475-4092
- St Clare Hospital 253-531-2460
- WIC Nutrition Service 253-535-8714

Bonney Lake

Bonney Lake Food Bank 253-863-4043

Buckley

Bread of Life 360-987-9005

Buckley Kiwanis Food Bank 253-905-821

Eatonville

Eatonville Family Agency 360-832-6805 or 360-832-3511

Joseph's Storehouse Food Bank 360-832-4220

Edgewood

Edgewood Community Food Bank, Mountain View Lutheran Church, 3505 122nd Ave E
- Walk-In Saturdays 11:00 am - 2:00 pm at Mountain View Lutheran Church

Fife

Fife FISH 253-922-0960

Lakebay

Key Peninsula Community Services 253-884-4440

Lakewood

Bread of Life 253-582-2515

Emergency Food Network 253-584-1040

Lakes Area FISH, Little Church on the Prairie, 6310 Motor Ave

- Walk-in: Mon/Wed/Fri: 1:30 pm - 4:30 pm

Prince of Peace Lutheran Church 253-584-2565

Provider's Pantry 253-581-7600

Small Tribes Organization of Western Washington 253-589-7101

Orting

Orting Food Reserve 360-893-5200

Puyallup

All Saints Community Services 253-848-2000

Graham FISH, Holy Disciples Catholic Church, 10425 187th Street E

- Walk-In Monday, Wednesday, Friday 10:00 am - 1:30 pm

Puyallup FISH 253-848-5240

[Salvation Army - Puyallup Valley Corps Community Center](#) 253-841-1491

[St. Francis House](#) 253-848-3618

Roy

Roy FISH 253-843-3033

Spanaway

Spanaway FISH 253-383-1817

Steilacoom

WSLA Steilacoom Food Pantry 253-588-8445

Sumner

Bread Box 253-826-6099

[Emanuel Food Pantry](#) 253-863-3655

Sumner FISH 253-863-3793

University Place

University Place FISH: 253-460-3034

University Place Presbyterian Church 253-564-2522

HEALTH INSURANCE

Client Outreach (help with health insurance): 253-798-6573

Crime Victims Compensation: 1-800-762-3716

DSHS

- Lakewood: 253-476-6800

- Pierce North: 253-983-6700

- Pierce South: 253-476-7373

- Puyallup Valley: 253-476-7377

[DSHS Medical Assistance Administration](#) (Info about Medicaid health insurance): 1-800-562-3022

[SHIBA \(State Health Insurance Benefits Advisors\)](#) 253-798-4422

[Washington Apple Health for Kids](#) (free/low cost child health insurance): 1-877-543-7669

[Washington State Insurance Commissioner](#) (Information about insurance industry): 1-800-562-6900

[Washington Basic Health Plan](#) (low income health insurance): 1-800-660-9840

HEALTH SERVICES: MEDICAL

[Allenmore Hospital & Medical Center](#) 253-459-6633

[Center on Human Development & Disabilities \(CHDD\)](#) UW, Seattle: 206-685-1242

[Children's Hospital & Regional Medical Center](#): 206-987-2000 or 1-866-987-2000

[Children with Special Health Care Needs Program \(CSHCN\)](#) - Located at Mary Bridge WIC Clinic:
253-403-1265

[Community Health Care \(includes a clinic for the homeless\)](#) 253-597-4550

- Downtown Tacoma 253-597-3813

- Eastside 253-471-4553

- Lakewood 253-589-7030

- Parkland 253-536-2020

- Spanaway 253-847-2304

- Tillicum 253-589-7027

- Women's Health 253-597-4163

- Urgent Care 10510 Gravelly Lake Drive, SW, Lakewood

[Fetal Alcohol Syndrome](#) Hotline: 206-685-9888

[Gig Harbor Medical Clinic](#) 253-858-9192

[Good Samaritan Family Care Clinics](#)

[Good Samaritan Hospital](#) 253-697-4000

[Good Samaritan Urgent Care Clinics](#)

- Children's Express at Gig Harbor 253-530-8000

- [Gig Harbor](#) 253-530-8000

- [Lakewood](#) 253-459-6065

- [Tacoma \(Westgate\)](#) 253-459-7100

- [University Place](#) 253-459-7177

Johnson Family Practice 253-272-8865

- [Madigan Army Medical Center](#) 253-968-1110

[Mary Bridge Children's Health Center](#) 1-800-552-1419

- Developmental Services: 253-403-4437

- Hematology/Oncology Clinic: 253-403-3481

- Urology: 253-840-2161

Maternity Support Services/Infant Case Management – Preventive health home visit nursing services (for Medicaid eligible): 253-798-6403

[Neighborhood Clinic](#) 253-627-6353

[Multicare Good Samaritan Family Care Clinics](#)

[Multicare Good Samaritan Hospital](#) 253-697-4000

[Multicare Good Samaritan Urgent Care Clinics](#)

- Children's Express at Gig Harbor 253-530-8000

- [Gig Harbor](#) 253-530-8000

- [Lakewood](#) 253-459-6065

- [Tacoma \(Westgate\)](#) 253-459-7100

- [University Place](#) 253-459-7177

[Multicare Mary Bridge Children's Health Center](#) 1-800-552-1419

- Developmental Services: 253-403-4437

- Hematology/Oncology Clinic: 253-403-3481

- Urology: 253-840-2161

Neuropsychological Evaluation: 253-848-6661 ext 1600

[Northwest Center for Integrative Medicine](#) 253-472-7844

[Planned Parenthood](#) 1-800-230-7526

[Public Health Information Line \(Pierce County Health Department\)](#) 253-798-2987

Puyallup Tribal Health Authority 253-593-0232

Seamar Community Health Centers

- [Puyallup Medical Clinic](#) 253-864-4550

- [Tacoma Medical Clinic](#) 253-593-2144

[Seattle Children's Hospital](#) 206-987-2000 or 1-866-987-2000

Speech, Hearing & Augmentative: 253-403-4799

[St Anthony Hospital](#) 253-530-2000

[St Clare Hospital](#) 253-985-1711

[St Joseph Medical Center](#) 253-426-4101

[Tacoma General Hospital](#) 253-403-1000

[Tacoma-Pierce County Health Department](#) 253-798-6500

Trinity Health Clinic (Trinity Presbyterian Church) 253-884-4096

VA Medical Center - American Lake 253-582-8440 or 1-800-329-8387

VA Puget Sound Health Care System 253-582-8440

Veterans Administration Health Care - American Lake Division 253-583-1606 253-583-1704

HEALTH SERVICES: DENTAL

[ABCD Program](#) (birth-6 low income dental care): 253-272-4263

Ashok Lalli, DDS (ages 3 to adults): 253-627-5707

Bates Dental Clinic 253-680-7310

Bonney Lake Family Dentistry: 253-863-5185

Community Dental Clinic: Tacoma

- Adults 253-572-7002

- Children 253-272-7648

Community Health Care

- Lakewood Family Dental 253-589-7188

- Milgard Family Dental 253-572-7002

Daniel Cook, DDS (Lakewood): 253-582-2626

Dental Village Tacoma (birth-18): 253-476-0556 (accepts Medicaid)

Eric Sohn, DDS: 253-475-0262

George Brain, DDS (Tacoma): 253-272-9777 (accepts Medicaid)

Greg Fisher, DDS 253-460-3431 (accepts Medicaid)

Hai Hong, DDS (ages 2-adults): 253-573-0070

Jeffrey Camm, DDS (Fircrest): 253-564-2222

Kenny Ho, DDS & Clint Worton, DDS: 253-627-6023 (accepts Medicaid)

Lakewood Dental Clinic 253-589-7188 (accepts Medicaid)

Lindquist Dental Clinic (ages 4-18, Parkland): 253-539-7445 (accepts Medicaid)

Lisa Block, DDS (Gig Harbor): 253-858-8581 (accepts Medicaid)

Mustasa Norooz, DDS (ages 4 to adult): 253-383-3713

Paul Sioda, DDS 253-759-7941

Pierce County Dental Hygiene 253-964-6694

Puyallup Dental and Medical 253-864-4760

Rainier Mobile Dental Hygiene Services (In-home dental hygiene services for children and adults with disabilities): 360-446-1616 (accepts Medicaid)

Rico Castro, DDS (ages 3 - adult): 253-475-1181

Seamar Community Health Centers

- Puyallup Dental Clinic 253-864-4550

- Tacoma Dental Clinic 253-280-9840

Sidney Gallegos, DDS (Fed. Way): 253-924-0717

Stuart Hersey, DDS (Puyallup): 253-864-9889

Tacoma/Pierce County Low Cost Dental Resource Line: 253-798-6044

HEALTH SERVICES: BEHAVIORAL

24-Hour Mental Health Crisis Line 1-800-576-7764 or 253-798-4333

Action Association Counseling Services 253-572-8170

All for You Counseling 253-474-0633

Asbury Urban Ministries 253-472-4239

Asian Counseling Services: 253-471-0141

Associated Ministries Soul Care Psychotherapy 253-761-8808

Behavioral Health/Mental Health Counseling: 253-697-8800

Bridges - A Center for Grieving Children: 253-272-8266

Catholic Community Services Counseling 253-759-9544

Child and Family Guidance (focus on ADHD, angry/aggressive behavior, sexually abused): 253-472-9166

Child Family Guidance: 253-565-4484

Child Study & Treatment Center 253-756-2504

Comprehensive Mental Health Center

- Adults 253-396-5000

- Children & Families 253-396-5800

Crisis Intervention Teams

- Puyallup 253-584-8125 or 1-888-445-8125

- Lakewood 253-584-8933

- Tacoma 253-396-5089

Crisis Triage Center 253-798-4357
Federal Way Youth & Family Services 253-835-9975
[Good Samaritan Behavioral Health Care](#) 253-697-8400 or 1-888-910-6300 or 1-888-445-8120
[Greater Lakes Mental Health Care](#) 253-581-7020
[Kwawatchee Counseling Center \(Puyallup Tribal Health Authority\)](#) 253-593-0232 ext 247
Mobile Outreach Crisis Services 253-798-2709
[Pastoral Therapy Associates](#) 253-627-1691
[Pierce County Mental Health Services](#)
- Crisis Triage Center 253-798-4357
- Mobile Outreach Crisis Services 253-798-2709
Pierce County Regional Support Network 253-798-7202
Puget Sound Behavioral Health 253-798-4500
Renewal Counseling Services
- Tacoma 253-537-3100
- University Place 253-565-6565
Seamar Community Health Centers
- [Puyallup Outpatient Behavioral Clinic](#) 253-864-4770
- [Tacoma Outpatient Behavioral Clinic](#) 253-396-1634
[Sexual Assault Center of Pierce County](#) 253-474-7273 or 1-800-756-7273
[Tacoma Detox Center](#) 253-593-2413
Tacoma Treatment Solutions 253-584-3996
[Tacoma Veterans Center](#) 253-565-7038
Tacoma Youth Services 253-627-8387
Western State Hospital 253-582-8900

HEALTH SERVICES: SUBSTANCE ABUSE

A Avenue of Recovery 253-548-0779
A Chance to Change 253-853-7954
A Change Counseling Services 253-473-1844
A-1 Solutions Counseling Services 253-879-1200
Action Association Counseling Services 253-572-8170
Affirmation Counseling Services 253-473-2679
Alcohol Drug Services of Washington Puyallup 253-848-6887
[Alcoholics Anonymous](#) 253-474-8897
[All for You Counseling](#) 253-474-0633
Castele, Williams and Associates 253-536-3478
Crossroads Treatment Center
- Lakewood 253-473-7474
- Tacoma 253-535-3919
Exodus Counseling & Treatment 253-891-2662
Foundation for Multicultural Solutions 253-572-3214
Gig Harbor Counseling 253-851-2552
God Heals LLC 253-593-0935
Highline Recovery Services 206-242-2260
Horizon Treatment Services
- Parkland 253-531-9320
- Puyallup 253-845-1171
- University Place 253-564-3377
In Touch Counseling & Treatment 253-473-6299

Lakeside-Milam Recovery Centers

- Puyallup 253-840-8687

- Tacoma 253-272-2242

MDC Substance Abuse Treatment 253-572-2273

- Involuntary commitment 253-572-3212

- Center for substance abuse treatment (Tacoma) 253-572-3212

- Center for substance abuse treatment (Sumner) 253-863-0682

- Center for substance abuse treatment (Lakewood) 253-589-9662

MOMS/Womens Recovery Center 253-798-6655

My Service Mind of Northwest 253-584-5615

Pacific Rim Counseling 253-841-4284

Parent Child Assistance Program (UW Tacoma) 253-475-0623

Perinatal Treatment Services of Washington

Pioneer Adult Counseling 253-274-0484

Prosperity Counseling & Treatment Services 253-863-9667

Prosperity Wellness Center 253-531-2103

Puyallup Tribal Health Authority 253-593-0232

Reflections Recovery and Learning Center

- Spanaway 253-846-9779

- Tacoma 253-581-5556

Renewal Counseling & Education Services 253-565-6565

Seamar Tacoma Residential Treatment Center 253-280-9860

Serenity Counseling Services 253-922-6522

Sobering Center of Tacoma 253-284-9066

Social Treatment Opportunity Programs

- Puyallup 253-770-4720

- Tacoma 253-471-0890

Sound Counseling 253-841-8165

Tacoma Detox Center 253-593-2413

The Center for Abuse Recovery

- Lakewood 253-589-9662

- Sumner 253-863-0682

- Tacoma 253-593-2740

Washington State Hospital - Community Relations 253-582-8900

Western Washington Alcohol & Drug Treatment Center 253-536-5549

HOME CARE SERVICES OR MEDICAL EQUIPMENT

Adaptive Installations (Medical Surgical Systems, Inc.): 1-800-765-1969

Assistive Technology - used equipment (Steven Shores, Good Samaritan Lending Program): 253-848-6661 ext 5210

Choice Medical: 1-800-456-3500

Incontinent Solutions: 253-891-1562

Mary Bridge Pediatric Home Infusion & Specialty Services: 253-403-1833

Maxim Healthcare: 253-671-9909

Mobility Concepts, Inc.: 1-888-227-6375

National Organization Caring for Kids: 253-851-6625

Olympic Pharmacy: 1-800-537-1393

Pierce County Community Action/Housing Program (wheelchair ramp assistance): 253-798-7038

Shield Healthcare: 1-800-720-7440

Washington Assistive Technology Alliance (WATA): 1-800-214-8731

HOUSING: Assistance & Authorities

AIDS Housing Association of Tacoma 253-272-5533

Associated Ministries (ESAP coordinator) 253-383-3056 ext 119

Catholic Community Services Pierce County Family Center 1-800-372-3697

Foreclosure Assistance:

- ACORN Housing Seattle/Tacoma 206-243-4663

- CCCS of Olympic South Sound 253-588-1858

- CCCS of the Midwest 253-355-2227

- The Martin Luther King Housing Development Association 253-627-1099 ext 1313

Housing assistance: City of Seattle Office of Housing 206-684-0347

Housing assistance: Pierce County Housing Programs 253-798-6908

Northwest Housing Development (home ownership program) 253-441-2170

Phoenix Housing Network 253-471-5340

Pierce County Community Action 253-798-7240

Pierce County Housing Authority 253-620-5400

Tacoma Housing Authority 253-207-4400

Tacoma Pierce Affordable Housing Consortium (information only)

HOUSING: Emergency, Homeless

City of Lakewood Human Services 253-589-2489

Helping Hand House (Rural Pierce County) 253-848-6096

Su Casa (domestic violence) 562-402-4888

Martin Luther King Housing Development Association (Tacoma) 253-627-1099

Metropolitan Development Council (MDC) (Tacoma) 253-597-6728

Nativity House Daytime Drop-In Center 253-779-9248

Open Hearth Ministry 253-307-2274

Phoenix Housing Network 253-471-5340

Pierce County Community Action 253-798-7240

Stand Up for Kids Tacoma 1-800-365-4KID

Tacoma Rescue Mission

- Family Shelter 253-272-1974

- Men's Shelter 253-383-4493

HOUSING: Low Income (Agencies that own/manage housing)

Catholic Community Services Pierce County Family Center 1-800-372-3697

Metropolitan Development Council (MDC) (Tacoma) 253-597-6728

Pierce County Housing Authority 253-620-5400

Pioneer Human Services 206-766-7940

Tacoma Housing Authority 253-207-4400

HOUSING: Transitional, Supportive

Andrew Clean & Sober Houses 253-221-6385

Caring Place 253-272-3011

Catholic Community Services Pierce County Family Center 1-800-372-3697

Exodus Housing (families) 253-862-6808

Faith Homes Hope Center (girls 13-17) 253-381-5130

Faith Homes Jump Start (women 16-25) 253-572-0458

[Helping Hand House \(Rural Pierce County\)](#) 253-848-6096
[Martin Luther King Housing Development Association \(Tacoma\)](#) 253-627-1099
[Metropolitan Development Council \(MDC\) \(Tacoma\)](#) 253-597-6728
New Connections - Irma Gary House (female ex-offenders) 253-572-1561
[New Phoebe House \(women\)](#) 253-383-7710
New Season Family Life Center (families) 253-841-9394
[Phoenix Housing Network](#) 253-471-5340
[Pierce County Community Action](#) 253-798-7240
[Pioneer Human Services](#) 206-766-7940
[Stand Up for Kids Tacoma](#) 1-800-365-4KID
[Tacoma Rescue Mission](#) 253-383-4462

Taylor Houses

- B Street House 253-691-7463
- D Street House 253-475-1823 or 253-471-1823
- I Street House 253-691-7463 or 253-396-0784
- J Street House 253-691-7463
- M Street House 253-691-7463 or 253-474-5856

INFORMATION, SUPPORT OR ADVOCACY

[211 - United Way of Pierce County](#) 253-272-4263

[A Common Voice for Pierce County Parents](#) (Parent support groups, trainings and workshops): 253-537-2145

[Alcoholics Anonymous - Pierce County](#) 253-474-8897

Answers for Special Kids (ASK) Resource line (statewide-info about providers/programs): 1-800-322-2588

[Birth to Three Developmental Center](#) 253-874-5445

[Center for Children with Special Needs](#)

Centro Latino (offering Latino community family support services, adult learning, youth employment): 253-572-7717

[Christian Biker Tabernacle](#) (for women) 253-536-2584

[DSHS Division of Developmental Disabilities](#) 1-800-248-0949

[Evergreen Spina Bifida Association](#): 253-589-3700

[Exceptional Families Network](#) (mental, behavioral issues support) 1-888-860-1508

Exceptional Family Member Program – Madigan Army Medical Center: 253-968-2310

[Fair Housing Center of Washington](#) 253-274-9523

[Family Faces](#) (Info/support for craniofacial disorders): 1-866-987-2000 x 3271

Family Food Line (connection to food resources): 1-888-436-6392

[Family Support Centers \(Tacoma Pierce County Health Department\)](#)

- Bethel: 253-683-6850
- Bryant: 253-571-2500
- Eastside: 253-627-7368
- Hilltop: 253-571-4933
- Key Peninsula: 253-884-5433
- Lakewood: 253-284-9060
- McKinley: 253-571-2380
- Orting: 360-893-8500
- Parkland: 253-798-6557
- Puyallup: 253-845-9177
- Sumner: 253-891-6535

- White River: 360 829-5883
[Family Voices](#) Family Voices
[Fathers Network](#) (fathers & families of children with special needs): 425-747-4004 x218
<http://www.fortlewismwr.com/>>Fort Lewis Army Community Services: 253-967-7166
Good Samaritan Children's Therapy Unit: 253-697-5200
McChord - Exceptional Family Member Program: 253-982-3684
[McChord Air Force Family Support Center](#): 253-982-2695
[My Service Mind](#) (information and advocacy for minority families with a focus on the Asian population): 253-584-5615
[Open Hearth Ministry](#) (homeless) 253-307-2274
Parent to Parent & Dads Supporting Dads: 253-565-2266
[Pierce County Coalition for Developmental Disabilities](#) 253-564-0707
Pierce County Human Services
- [Aging & Long Term Care](#) 253-798-7376
- [Developmental Disabilities](#) 253-798-6109 or 1-800-642-5769
- [Mental Health Services](#) 253-292-4200 or 1-866-673-6256
- [Support Groups](#)
[Pierce County AA](#) 253-474-8897
[Pierce County Parent Coalition](#) (PC2): 253-564-0707
Pierce County Human Services Regional Support Network 253-798-4500
Point Defiance AIDS Project Needle Exchange Van 253-381-5229
[Puyallup Tribe of Indians](#) 253-573-7959
[Rise 'n Shine](#) (youth, teens affected by AIDS) 206-628-8949
St. Joseph Medical Center Library: 253-403-1075
[TACID](#) (Services for people with disabilities): 253-565-9000
[Tacoma Community House](#) 253-383-3952
[Tahoma Indian Center](#) (Native Americans only) 253-593-2707
[United Cerebral Palsy of South Puget Sound](#): 253-565-1463 or 1-866-812-8736
[Washington P.A.V.E.](#) (educational advocacy): 1-800-572-7368

LEGAL SERVICES

[Northwest Justice Project - CLEAR](#) 1-888-201-1014

RECREATION

Companionship Program (recreation opportunities for individuals with special needs and their friends/families): 253-798-4177

[Equest Special Riders](#) (therapeutic horseback riding): 253-531-6549 or 253-847-9847

[Metro Parks Specialized Recreation](#): 253-591-5314

Northwest Equicare (therapeutic horseback riding): 360-832-6386

Rainbow Festival (Free community picnic for children and adults with developmental disabilities): 253-564-0707

[Skiforall](#) (year-round recreation for people with disabilities): 425-462-0978

[Special Olympics](#) (Year-round sports training & competition): 1-800-752-7559

Team Shadow (NW Wheelchair Sports): 360-357-9202

SENIORS

[Medicare](#) 1-800-633-4227 or TTY 1-877-486-2048

[Meals on Wheels](#) (Lutheran Community Services) 253-722-5684

[Northwest Justice Project](#) – CLEAR*Sr 1-888-387-7111

[Pierce County Aging and Long Term Care](#) 253-798-7376
[Pierce County Veterans Bureau](#) 253-798-7449 or 1-800-992-2456
Puyallup Senior Center 253-841-5555
[Seniors with Pets Assistance Program](#) 253-581-8870
[Social Security](#) 1-800-772-1213
[South Sound Outreach Services](#) 253-593-2111
[Tacoma Adult Day Health Center](#) 253-459-7222
VA Administration - American Lake 253-581-2833?
VA Medical Center - American Lake 253-582-8440 or 1-800-329-8387
VA Puget Sound Health Care System 253-582-8440

TECHNOLOGY PROGRAMS, ACCESS, LITERACY & VITAL CONTENT

[Allen Renaissance](#) 253-942-9764
[Associated Ministries](#) 253-383-3056
[King County Library](#): 800-462-9600
[Pierce County Community Services](#) 253-798-7205
[Pierce County Library](#): 253-536-6500
- Bonney Lake Library: 253-863-5867
- Buckley Library: 360-829-0300
- DuPont Library: 253-964-4003
- Eatonville Library: 360-832-6011
- Graham Library: 253-847-4030
- Key Center Library: 253-884-2242
- Lakewood Library: 253-582-6040
- Milton Library: 253-922-2870
- Orting Library: 360-893-2661
- Parkland Spanaway Library: 253-531-4656
- Peninsula Library: 253-851-3793
- South Hill Library: 253-848-8686
- Steilacoom Library: 253-588-1452
- Summit Library: 253-536-6186
- Sumner Library: 253-863-0441
- Tillicum Library: 253-588-1014
- University Place Library: 253-565-9447
[Tacoma Goodwill](#) 253-284-3318

See Education: Colleges, Trade and Technical Schools for more about technology programs and literacy

TRANSPORTATION

[Angel Flight West](#) (free air transport in Western States for non-urgent, medically related need): 1-888-426-2643
Mary Bridge Center for Childhood Safety: 253-403-1234
[Pierce Transit](#): 253-581-8000
[Pierce Transit Shuttle \(for those unable to take the regular bus\)](#): 253-581-8100
[Sound Transit](#) 1-800-201-4900
[Tacoma Community House](#) 253-383-3951

UTILITIES & TELEPHONE

[AT&T Wireless Lifeline Service](#) 1-800-377-9450

Catholic Community Services Pierce County Family Center: 1-800-372-3697

Family Need of Tacoma (energy assistance, including oil, heat):

- If you live in Tacoma - Metropolitan Development Council 253-572-5557

- If you live outside Tacoma - Pierce County Community Services 1-866-223-1359

Pierce County Community Action Program: 253-798-7240

South Sound Outreach Services (utility discounts if primary caregiver, disabled or 62-plus): 253-593-2111

[Tacoma Public Utilities](#) (payment assistance information)

[Washington Telephone Access Program](#) 1-800-562-6150

VETERANS SERVICES

[County Veterans Coalition](#)

[Disabled American Veterans](#) 253-752-2970

Fort Lewis Worksource Center 253-967-2790

[Military Order of the Purple Heart](#) 253-583-1079

[Pierce College Veterans Service Office](#)

- Fort Steilacoom 253-964-6505

- Puyallup 253-864-3292

[Pierce County Veterans Bureau](#) 253-798-7449 or 1-800-992-2456

Stand-Down 253-798-7449

[Veterans Center](#) 253-565-7038

VA Administration - American Lake 253-581-2833

VA Medical Center - American Lake 253-582-8440 or 1-800-329-8387

VA Puget Sound Health Care System 253-582-8440

[Veteran Employment \(online search\)](#)

[Veterans Independent Enterprises Workshop \(VIEW\)](#) 253-922-5650

YOUTH GROUPS & SERVICES

[4H Program-WSU Cooperative Extension](#): 253-798-7160

[American Red Cross Babysitter's Training course](#): (253)474-0600

[Big Brothers Big Sisters of Puget Sound](#) 253-396-9630 or 1-877-700-BIGS

[Boy Scouts Puget Sound District](#)

[Camp Fire USA Orca Council](#) 253-597-6234

[Children's Museum of Tacoma](#): 253-627-6031

Daughters of Triumph Sisters of Vision 253-627-6855

[Exceptional Families Network](#) (mental, behavioral issues support) 1-888-860-1508

[Girl Scouts of Western Washington](#) 1-800-767-6845

[Gateways for Youth and Families](#) 253-383-4361

Maranatha Youth Outreach Center: 253-471-3880

[OASIS Youth Center](#) 253-671-2838

[Rise 'n Shine](#) 206-628-8949

[Stand Up for Kids Tacoma](#) 1-800-365-4KID

Swim for Exceptional Children (Morgan Family YMCA): 253-564-9622 ext 8835

[Tacoma Community House Youth Program](#) 253-383-3951

[YMCA of Pierce & Kitsap Counties](#)

- [Camp Seymour](#) 253-884-3392

- [Lakewood Family Branch](#) 253-584-9622

- [Morgan Family Branch](#) 253-564-9622
 - [Tacoma Center Branch](#) 253-597-6444
- YouthWorks: 253-552-2536

OTHER

Community Corrections Offices

- Lakewood 253-983-7120
- Lakewood OMNU 953-589-7050
- Parkland South 953-589-7000
- Pierce County Community Justice Center 953-680-2600
- Puyallup 253-840-4664
- Tacoma Unit 2 253-593-2550

[Pierce County Animal Welfare](#) 253-564-7797

[Prison Pet Partnership Program](#) 253-858-4240

[Seniors with Pets Assistance Program](#) 253-581-8870

Compiled by 4People.org

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