

2010 Community Resources for Pierce County, Washington - Compiled by 4People.org

CRISIS

For emergency dial 911, or from cell phone 112

[Crisis Line](#) 1-800-576-7764 or 253-798-4333

Domestic Violence Crisis Lines

- [City of Tacoma Domestic Violence Advocate](#) 253-591-5164 or 253-591-5153 TTY
- [DAWN \(Domestic Abuse Women's Network\)](#) 425-656-7867
- [Family Renewal Shelter](#) 1-888-550-3915 or 253-475-9010
- [Pierce County Domestic Violence Help Line](#) 253-798-4166 or 1-800-764-2420
- [Puyallup Tribe Domestic Violence Advocate](#) 253-680-5531
- YWCA: 253-383-2593

Emergency/Disaster Management

- Buckley 253-862-9059
- [Lakewood](#) 1-800-525-0321
- [Pierce County](#) 253-798-7470
- [Puyallup](#) 253-770-3336
- [Tacoma](#) 253-404-3700

[Helping Hand House](#): 253-848-6096

[Sexual Assault Center](#) 800-756-7273

[United Way of Pierce County Helpline](#) 800-572-4357

CASE MANAGEMENT

[DSHS](#) Community Services Office (CSO) (for financial assistance, medical coupons, housing, food stamps, daycare financial assistance)

- Lakewood: 253-476-6800
- Pierce North: 253-983-6700
- Pierce South: 253-476-7373
- Puyallup Valley: 253-476-7377

[DSHS Aging & Disabilities](#) 1-800-442-5129

[DSHS Division of Developmental Disabilities](#) 253-404-6500 or 1-800-248-0949

[DSHS Division of Vocational Rehabilitation](#) 253-983-6500 or 1-800-637-5627

[ESD \(Homeless Youth in School\) 360-725-6050](#)

[Gateways for Youth and Families](#) 253-383-4361

[Metropolitan Development Council \(MDC\)](#) (Homeless case management) 253-383-3921

[Offenders Transitional Employment Resources](#)

- Bates Technical College (Tacoma) 253-680-7240
- Clover Park Technical College (Lakewood) 253-583-8947
- Department of Corrections (Tacoma) 253-680-2698
- Goodwill Industries Tacoma 800-584-7980 or 253-272-5166
- Pierce College Fort Steilacoom (Lakewood) 253-964-6364
- Tacoma Community College 253-566-5188
- Tacoma Community House 253-383-3951
- Tacoma Housing Authority 253-284-9489

- Vadis (Sumner) 253-863-5173 x228
- WorkSource Lakewood Affiliate 253-589-7119
- WorkSource Pierce (Tacoma) 253-593-7300
- [Pierce County Aging and Long Term Care](#) 253-798-7376
- Pierce County Human Services
 - [Aging & Long Term Care](#) 253-798-7376
 - [Developmental Disabilities](#) 253-798-6109 or 1-800-642-5769
 - [Mental Health Services](#) 253-292-4200 or 1-866-673-6256
- [Pierce County AIDS Foundation](#) 253-383-2565
- [Pierce County Community Action Program](#) (Homeless case management) 253-798-7240
- [Pierce County Veterans Bureau](#) 253-798-7449
- [Project Homeless Connect](#) 253-591-5070
- [Puyallup Tribe of Indians](#)
 - [Child Services Program](#) 253-680-5532
 - [Community/Family Services](#) (substance abuse) 253-573-7920
 - [Crisis Assistance Program](#) 253-573-7989
- Salvation Army
 - [Puyallup Valley Corps Community Center](#) 253-841-1491
 - [Tacoma Corps Community Center](#) 253-572-8452
- [Tacoma Community House](#) 253-383-3951
- Transitional Housing, Operating & Rent assistance 253-798-6912
- [Veterans Independent Enterprises Workshop \(VIEW\)](#) 253-922-5650

CHILD CARE OR RESPITE CARE

- [Ashley House](#) (Enumclaw and Tacoma) (respite for children with medically intensive conditions): 360-825-6525 or 253-925-9220
- Child care resource & referral 253-591-2025
- Excelcare (nanny service): 253-565-8252
- [Tacoma Adult Day Health Center](#) 253-459-7222
- Tacoma-Pierce County Child Care Referral & Resource Line: 253-591-2025
- United Cerebral Palsy Respite Program (paid babysitter, hotel, dinner): 253-565-1463
- [YMCA Child Care](#) 253-534-7840

CHILD DEVELOPMENT, SERVICES & PROGRAMS

- Achieve Pediatric OT: 253-973-1181
- [Birth to Three Developmental Center](#) 253-874-5445
- C.C. Manning & Associates (Speech & Hearing): 253-460-5088
- Center for Therapeutic Intervention - Gig Harbor: 253-851-3874
- Family Resource Coordinators (birth - 3yrs): 253-798-3790 or 1-800-642-5769
- [Family Support Centers \(Tacoma Pierce County Health Department\)](#)
 - Bethel: 253-683-6850
 - Bryant: 253-571-2500
 - Eastside: 253-627-7368
 - Hilltop: 253-571-4933
 - Key Peninsula: 253-884-5433
 - Lakewood: 253-284-9060

- McKinley: 253-571-2380
- Orting: 360-893-8500
- Parkland: 253-798-6557
- Puyallup: 253-845-9177
- Sumner: 253-891-6535
- White River: 360 829-5883
[Good Samaritan's Children's Therapy Unit](#) (Puyallup): 253-697-5200
[Harbor Children's Therapy \(OT\)](#): 253-853-5155
[Mary Bridge Children's Health Center](#): 1-800-552-1419
Peninsula Pediatric Therapy: 253-857-5437
Puget Sound Therapy: 253-383-2423
[Puyallup Tribe of Indians \(birth-6\)](#): 253-572-6061
[South Sound Outreach Services](#) 253-593-2111
Special Dietary Needs TACS 253-272-8289
St. Joseph's Speech & Language services: 253-426-6763
Tacoma Speech-Language Clinic: 253-472-6454

CLOTHING, FURNITURE & HOUSEWARES

Asbury Methodist Urban Ministries 253-472-4239
[Bikers Against Statewide Hunger \(BASH\)](#) 253-531-9600
[Care Net Parenting](#) (diapers, formula, low cost clothing, parenting classes):
- Puyallup: 253-770-8697
- Tacoma: 253-383-6073
[Eatonville Family Agency](#): 360-832-6805
God's Closet (Puyallup) 253-845-1639
Got Jesus Ministries 253-232-9988
Lion of Judah Evangelistic Center (appointment only) 253-779-2449
[Nativity House](#): 253-272-5266
[New Jerusalem Church](#): 253-572-6785
Salvation Army
- [Puyallup Valley Corps Community Center](#) 253-841-1491
- [Tacoma Corps Community Center](#) 253-572-8452
[St. Francis House](#) 253-848-3618
St Vincent De Paul
- Puyallup 253-770-0264
- Tacoma 253-472-7334 or 253-301-2376
[Tacoma City Association of Colored Women's Clubs](#) 253-272-9412
[Tacoma Goodwill](#)
- Puyallup 253-848-6620
- Tacoma 253-573-6500
[Tacoma Rescue Mission](#) 253-383-4462
The Crossing Church 253-537-2001
[United Lutheran Church Clothing Bank](#) 253-475-3175

DOCUMENT REPLACEMENT, SCHOOL SUPPLIES, QUALITY OF LIFE

[Make A Wish Foundation](#) (grants wishes for children, 32 months to 17 years with life-threatening illnesses): 1-800-304-9474 or TDD Relay Operator 1-800-833-6384

Salvation Army

- [Puyallup Valley Corps Community Center](#) 253-841-1491

- [Tacoma Corps Community Center](#) 253-572-8452

[Starlight Foundation Wishes Program](#): 1-866-236-6379

St Vincent De Paul

- Puyallup 253-770-0264

- Tacoma 253-472-7334 or 253-301-2376

[Vital Records - Tacoma-Pierce Health Department](#) (birth certificate information): 253-798-6413

EDUCATION: SCHOOL DISTRICTS, SPECIAL ED

[Bethel School District](#) 253-683-6000

[Bethel School District](#) (Special Services Manager): 253-683-6920

[Carbonado School District](#): 360-829-0121

[Chief Leschi Schools](#) 253-445-5006

[Chief Leschi Schools\(Special Education\)](#): 253-445-6000 ext 3115

[Clover Park School District](#) 253-583-5000

[Clover Park School District \(Special Education\)](#): 253-583-5173

[Dieringer School District](#): 253-862-2537

[Eatonville School District](#) 360-879-1800

[Fife School District](#) 253-517-1000

[Fife School District \(Special Services\)](#): 253-517-1000

[Franklin-Pierce School District](#) 253-298-3000

[Franklin-Pierce School District](#) (Learning Support Services): 253-298-3048

[Office of the Superintendent of Public Instruction](#): 360-725-6000

[Orting School District](#): 360-893-6500

[Orting School District \(Special Services\)](#): 360-893-6500 ext 233

[Peninsula School District](#): 253-530-1000

[Peninsula School District](#) (Student Services): 253-530-1081

[Puyallup School District](#): 253-841-1301

[Puyallup School District \(Special Services\)](#): 253-841-8700

[Steilacoom School District](#): 253-983-2200

[Steilacoom School District](#) (Pupil Services): 253-983-2570

[Sumner School District](#): 253-891-6000

[Sumner School District \(Special Services\)](#): 253-891-6040

[Tacoma School District](#) 253-571-1000

[Tacoma School District](#) (Special Education): 253-571-1000

Tone Transitional Center (homeless families w/ children) 253-571-1875 or 253-571-1898

[University Place School District](#): 253-566-5600

[University Place School District \(Special Education\)](#): 253-566-5645 ext 3328 or 3329

[White River School District](#): 360-829-3820

EDUCATION: Early Learning, Head Start

[Pierce County Community Action Program - ECEAP & Head Start](#) 253-798-7379 or 1-800-562-0336

[Tacoma Early Learning & Head Start](#)

- ECEAP (Early Childhood Education & Assistance Program) 253-571-1870
- Head Start 253-571-1948
- Special Education Preschool 253-571-1047
- Title 1 Preschool 253-571-1111

EDUCATION: Colleges, Trade and Technical Schools

[Alexandar Massage School](#) 1-877-472-1142

[Bartending Academy of Tacoma](#) 253-474-0330

[Bates Technical College](#)

- Downtown Campus 253-680-7000
- Mohler Campus 253-680-7700
- South Campus 253-680-7400

[BJ's Beauty & Barber College](#) 253-473-4320

[Brandman University – Ft Lewis](#) 253-964-2509

[Brandman University – McChord AFB](#) 253-584-5448

[Central Washington University Tacoma](#) 253-964-6636

[City of Tacoma LEAP \(Local Employment & Apprenticeship Training Program\)](#)

[City University - Tacoma](#) 253-896-3210 or 1-800-345-9056

[Clover Park Technical College](#) 253-589-5800

[College of Medical Training](#) 253-566-8282 or 1-888-Training

[Commercial Driver Services](#) 253-983-0200 or 1-888-558-7120

[Computer Training at Washington Women Employment & Education \(WWE\)](#) 253-474-9933 or 1-888-758-9933

[Educational Opportunity Center](#) (help obtaining higher education) 253-572-5960

[Embry-Riddle Aeronautical University](#) 386-226-6100 or 1-800-862-2416

[Evergreen State College - Tacoma](#) 253-680-3000 or 360-867-3000

GED Programs

- Bates Technical College 253-680-7000
- Clover Park Technical College 253-589-5748
- Green River Community College 253-833-9111
- Pierce College 253-964-6500
- Pierce County CAREER Program 253-798-3835
- Tacoma Community College 253-566-5093

[Green River Community College](#) 253-833-9111 ext 5000

H&R Block Tax Training Schools 253-584-6434, 253-848-9133, 253-537-2880, 253-475-9500

Lesley College Graduate School 253-536-3303

Lincoln Beauty School 253-473-0501

[Northwest Aviation College](#) 253-854-4960

[Northwest Baptist Seminary](#) 253-759-6104 or 1-877-311-6104

[Pacific Lutheran University](#) 1-800-274-6758

Pierce College

- Extended Learning 253-964-6533

- Fort Steilacoom 253-964-6500

- Puyallup 253-840-8400

St Martin's University

- Ft Lewis Extension Campus 253-964-4688

- McChord AFB Extension Campus 253-584-3533

Soma Institute 360-829-1025

Tacoma Community College 253-566-5000

- Gig Harbor Campus 253-460-2424

- Workfirst 253-460-4494

Tacoma Community House (GED program) 253-383-3951

The Salon Professional Academy 253-617-7010

Trans Union Truck Driving School 253-922-0870

University of Phoenix 253-268-5800

University of Puget Sound 253-879-3100

University of Washington - Tacoma 253-692-4000 or 1-800-736-7750

Western Pacific Truck School 1-800-333-1233

Western Reformed Seminary 253-272-0417

WSU Extension Pierce County 253-798-7180

EDUCATION & SUPPORT FOR PARENTS

Family Support Centers (Tacoma Pierce County Health Department)

- Bethel: 253-683-6850

- Bryant: 253-571-2500

- Eastside: 253-627-7368

- Hilltop: 253-571-4933

- Key Peninsula: 253-884-5433

- Lakewood: 253-284-9060

- McKinley: 253-571-2380

- Orting: 360-893-8500

- Parkland: 253-798-6557

- Puyallup: 253-845-9177

- Sumner: 253-891-6535

- White River: 360 829-5883

Gateways for Youth and Families 253-383-4361

Pierce College Parenting Classes 253-964-6500

Pierce County Coalition for Developmental Disabilities 253-564-0707

EMPLOYMENT

Action Employment Services 253-841-2077

Adecco Employment Services 253-475-1500

Aerotek 253-926-4550

Almond & Associates 253-952-5555

Barrett Business Services 253-441-2130 or 1-800- 251-7251

Career Staff Unlimited 253-588-1232

[Centro Latino](#) 253-572-7717

[City of Tacoma LEAP \(Local Employment & Apprenticeship Training Program\)](#)

[CLP Resources](#) 253-475-1070

[Corestaff Services](#) 253-582-2577

[Dislocated Worker](#) 253-593-7325 or 253-593-7319

[DSHS Division Of Vocational Rehabilitation](#): 253-983-6500

- Parkland: 253-548-2460

- Puyallup: 253-445-7264

- Tacoma: 253-593-5942

- TTY: 253-593-5942

[Evergreen Staffing](#) 253-572-1400

[Express Employment](#)

- Puyallup 253-840-8020

- Tacoma 253-475-6855

[Goodwill Industries](#): 253-573-6577

[Kelly Services](#) 253-471-0415

[Labor Ready](#)

- Puyallup 253-445-0908

- Tacoma 253-581-8646 or 253-383-8909 or 253-383-9101

[Labor Works](#)

- Gig Harbor 253-853-3444

- Tacoma 253-627-9675 or 253-627-0490

[Manpower](#) 253-292-2535

[Metropolitan Development Council](#) 253-591-7026

[Oasis of Hope Center](#) 253-383-0077

[Opti Staffing Group](#) 253-284-2400

[ORM Staffing](#) 253-722-5877

[PACE Staffing Network](#) 253-922-5508

[Pierce County Jobline](#): 253-798-7466

[Pierce County Roofers JATC](#) 253-474-0528

[Spherion](#) 253-475-9440

[Tacoma Community House](#) 253-383-3951

Tacoma Jobline: 253-591-5795

[Tradesmen International](#) 253-922-5585

[Vadis Northwest](#) (For Individuals With Disabilities): 253-863-5173

[Veterans Independent Enterprises Workshop \(VIEW\)](#) 253-922-5650

[Washington Women's Employment & Education](#): 253-474-9933

[West Sound Workforce](#) 253-853-3633

[WorkSource Pierce County](#) 253-593-7300

FINANCIAL ASSISTANCE

All Saints Community Services 253-848-2000

Asset Building: Contact Barb Gorzinski at [Associated Ministries](#) 253-383-3056

Asset Building: Contact Elizabeth Tail at The Alesek Institute 253-922-5269

Consumer Credit Counseling Service (help with money & debt management): 253-588-1858

Debtors Anonymous (Unity Church) 253-383-2684

[DSHS](#) Community Services Office (CSO) (financial assistance, medical coupons, housing, food stamps, daycare financial assistance)

- Lakewood: 253-476-6800

- Pierce North: 253-983-6700

- Pierce South: 253-476-7373

- Puyallup Valley: 253-476-7377

[DSHS Division of Child Support](#): 1-800-442-5437

Family Need of Tacoma (energy assistance, including oil, heat): 253-591-0119

Foreclosure Assistance:

- ACORN Housing Seattle/Tacoma 206-243-4663

- [CCCS of Olympic South Sound](#) 253-588-1858

- CCCS of the Midwest 253-355-2227

- [The Martin Luther King Housing Development Association](#) 253-627-1099 ext 1313

Supplemental Security Income (SSI) (For the disabled through [Social Security](#)): 1-800-772-1213

South Sound Outreach Services (utility discounts if primary caregiver, 62 & over or has disability): 253-593-2111

FOOD ASSISTANCE & NUTRITION

Tacoma

Allen Renaissance (Food Pantry) 253-627-6855

Asbury Community Food Bank: 253-472-4239

Asbury Methodist Urban Ministries, 5601 South Puget Sound

- Mon - Fri 9:00 am - 2:00 pm, Wed, 4:30 pm - 7:30 pm

[Bikers Against Statewide Hunger \(BASH\)](#) 253-531-9600

Bounty Food Bank 253-475-7098

Bread Box/South Tacoma, Christian Fellowship Church, 5010 South G St

- Walk-in: Mon 5:00 pm - 7:00 pm

Edward's Temple Church 253-627-6203

Father's House Ministries, 7310 12th Avenue East

- Tues 1:00 pm - 3:00 pm; Sun; 12:00 pm - 12:30 pm & 3:00 pm - 3:30 pm

[FISH Food Banks of Pierce County](#) 253-383-3164

- Bread Box/South Tacoma, Christian Fellowship Church, 5010 South G St

- - Walk-in: Mon: 5:00 pm - 7:00 pm

- Jackson Street, St Andrews Episcopal Church, 7410 S 12th

- - Walk-in: Last Wednesday of month: 5:00 pm - 7:00 pm

- Northwest Tacoma, Mason United Methodist Church, 2710 N Madison

- - Walk-in: Wed: 12 noon - 4:00 pm; Sat: 12 noon - 4:00 pm

- Southeast, Lutheran Church of Christ the King, 1704 E 85th

- - Walk-in: Wed: 12 noon - 4:00 pm; Sat: 12 noon - 4:00 pm

Food Connection (St. Leo's): 253-383-5048

Good Shepard Lutheran Church 253-473-4848

[Hospitality Kitchen \(CCSWW\)](#) 253-502-2763

Immanuel Celebration Church 253-537-2766

Jackson Street at St Andrew's Episcopal Church, 7410 South 12th Street

-Walk-In Last Wednesday of each month 5:00 pm - 7:00 pm

My Sisters Pantry at First United Methodist Church, 423 MLK Jr. Way: 253-627-0129
- 1st and 3rd Monday 5:00 pm - 7:00 pm, 4th Saturday of each month 10:00 am - 1:00 pm
[Meals on Wheels \(Lutheran Community Services\)](#) 253-722-5684
[Nativity House \(drop-in center\)](#) 253-272-5266
New Covenant Pentacostal Tabernacle 253-383-1115
[New Jerusalem Church](#): 253-572-6785
[Our Father's Kitchen \(United Lutheran Church\)](#) 253-475-3175
[Parkland First Baptist Food Bank](#) 253-535-1293
Peace Lutheran Church 253-845-8819
[Resource Distribution Council](#): 253-473-7669
[Salvation Army - Tacoma Corps Community Center](#): 253-572-8452
Southeast Asian Food Bank: 253-472-7264
Special Dietary Needs (TACS for people with long term illnesses): 253-272-8289
[St Charles Borremo](#) 253-564-5185 ext 3013
St Vincent de Paul Community Service Office 253-474-0519
[Tacoma Rescue Mission](#) 253-383-4493
[Tahoma Family Center \(CCSWW\)](#) 253-383-3697 or 253-502-2629
[Tahoma Indian Center \(CCSWW\)](#) 253-593-2707
[The Emergency Food Network](#): 253.584.1040
The King Center 253-383-1585
[Trinity Lutheran Church](#) 253-537-0201 [United Lutheran Church \(Lunch\)](#) 253-475-3175
[W.I.C.](#) (Women, Infants, Children): 1-800-322-2588
- Family Clinic 253-597-4163
- Mary Bridge Children's Hospital & Health Center 253-403-1349
- Multicare WIC Office 253-475-4092
- St Clare Hospital 253-531-2460
- WIC Nutrition Service 253-535-8714

Bonney Lake

Bonney Lake Food Bank 253-863-4043

Buckley

Bread of Life 360-987-9005

Buckley Kiwanis Food Bank 253-905-821

Eatonville

Eatonville Family Agency 360-832-6805 or 360-832-3511

Joseph's Storehouse Food Bank 360-832-4220

Edgewood

Edgewood Community Food Bank, Mountain View Lutheran Church, 3505 122nd Ave E

- Walk-In Saturdays 11:00 am - 2:00 pm at Mountain View Lutheran Church

Fife

Fife FISH 253-922-0960

Lakebay

Key Peninsula Community Services 253-884-4440

Lakewood

Bread of Life 253-582-2515

Emergency Food Network 253-584-1040

Lakes Area FISH, Little Church on the Prairie, 6310 Motor Ave

- Walk-in: Mon/Wed/Fri: 1:30 pm - 4:30 pm

Prince of Peace Lutheran Church 253-584-2565

Provider's Pantry 253-581-7600

Small Tribes Organization of Western Washington 253-589-7101

Orting

Orting Food Reserve 360-893-5200

Puyallup

All Saints Community Services 253-848-2000

Graham FISH, Holy Disciples Catholic Church, 10425 187th Street E

- Walk-In Monday, Wednesday, Friday 10:00 am - 1:30 pm

Puyallup FISH 253-848-5240

[Salvation Army - Puyallup Valley Corps Community Center](#) 253-841-1491

[St. Francis House](#) 253-848-3618

Roy

Roy FISH 253-843-3033

Spanaway

Spanaway FISH 253-383-1817

Steilacoom

WSLA Steilacoom Food Pantry 253-588-8445

Sumner

Bread Box 253-826-6099

[Emanuel Food Pantry](#) 253-863-3655

Sumner FISH 253-863-3793

University Place

University Place FISH: 253-460-3034

University Place Presbyterian Church 253-564-2522

HEALTH INSURANCE

Client Outreach (help with health insurance): 253-798-6573

Crime Victims Compensation: 1-800-762-3716

DSHS

- Lakewood: 253-476-6800
- Pierce North: 253-983-6700
- Pierce South: 253-476-7373
- Puyallup Valley: 253-476-7377

DSHS Medical Assistance Administration (Info about Medicaid health insurance): 1-800-562-3022

SHIBA (State Health Insurance Benefits Advisors) 253-798-4422

Washington Apple Health for Kids (free/low cost child health insurance): 1-877-543-7669

Washington State Insurance Commissioner (Information about insurance industry): 1-800-562-6900

Washington Basic Health Plan (low income health insurance): 1-800-660-9840

HEALTH SERVICES: MEDICAL

Allenmore Hospital & Medical Center 253-459-6633

Center on Human Development & Disabilities (CHDD) UW, Seattle: 206-685-1242

Children's Hospital & Regional Medical Center: 206-987-2000 or 1-866-987-2000

Children with Special Health Care Needs Program (CSHCN) - Located at Mary Bridge WIC Clinic: 253-403-1265

Community Health Care (includes a clinic for the homeless) 253-597-4550

- Downtown Tacoma 253-597-3813
- Eastside 253-471-4553
- Lakewood 253-589-7030
- Parkland 253-536-2020
- Spanaway 253-847-2304
- Tillicum 253-589-7027
- Women's Health 253-597-4163
- Urgent Care 10510 Gravelly Lake Drive, SW, Lakewood

Fetal Alcohol Syndrome Hotline: 206-685-9888

Gig Harbor Medical Clinic 253-858-9192

Good Samaritan Family Care Clinics

Good Samaritan Hospital 253-697-4000

Good Samaritan Urgent Care Clinics

- Children's Express at Gig Harbor 253-530-8000
- Gig Harbor 253-530-8000
- Lakewood 253-459-6065
- Tacoma (Westgate) 253-459-7100
- University Place 253-459-7177

Johnson Family Practice 253-272-8865

- Madigan Army Medical Center 253-968-1110

Mary Bridge Children's Health Center 1-800-552-1419

- Developmental Services: 253-403-4437
- Hematology/Oncology Clinic: 253-403-3481
- Urology: 253-840-2161

Maternity Support Services/Infant Case Management – Preventive health home visit nursing services (for Medicaid eligible): 253-798-6403

[Neighborhood Clinic](#) 253-627-6353
[Multicare Good Samaritan Family Care Clinics](#)
[Multicare Good Samaritan Hospital](#) 253-697-4000
[Multicare Good Samaritan Urgent Care Clinics](#)
- Children's Express at Gig Harbor 253-530-8000
- [Gig Harbor](#) 253-530-8000
- [Lakewood](#) 253-459-6065
- [Tacoma \(Westgate\)](#) 253-459-7100
- [University Place](#) 253-459-7177
[Multicare Mary Bridge Children's Health Center](#) 1-800-552-1419
- Developmental Services: 253-403-4437
- Hematology/Oncology Clinic: 253-403-3481
- Urology: 253-840-2161
Neuropsychological Evaluation: 253-848-6661 ext 1600
[Northwest Center for Integrative Medicine](#) 253-472-7844
[Planned Parenthood](#) 1-800-230-7526
[Public Health Information Line \(Pierce County Health Department\)](#) 253-798-2987
Puyallup Tribal Health Authority 253-593-0232
Seamar Community Health Centers
- [Puyallup Medical Clinic](#) 253-864-4550
- [Tacoma Medical Clinic](#) 253-593-2144
[Seattle Children's Hospital](#) 206-987-2000 or 1-866-987-2000
Speech, Hearing & Augmentative: 253-403-4799
[St Anthony Hospital](#) 253-530-2000
[St Clare Hospital](#) 253-985-1711
[St Joseph Medical Center](#) 253-426-4101
[Tacoma General Hospital](#) 253-403-1000
[Tacoma-Pierce County Health Department](#) 253-798-6500
Trinity Health Clinic (Trinity Presbyterian Church) 253-884-4096
VA Medical Center - American Lake 253-582-8440 or 1-800-329-8387
VA Puget Sound Health Care System 253-582-8440
Veterans Administration Health Care - American Lake Division 253-583-1606 253-583-1704

HEALTH SERVICES: DENTAL

[ABCD Program](#) (birth-6 low income dental care): 253-272-4263
Ashok Lalli, DDS (ages 3 to adults): 253-627-5707
Bates Dental Clinic 253-680-7310
Bonney Lake Family Dentistry: 253-863-5185
Community Dental Clinic: Tacoma
- Adults 253-572-7002
- Children 253-272-7648
[Community Health Care](#)
- Lakewood Family Dental 253-589-7188
- Milgard Family Dental 253-572-7002
Daniel Cook, DDS (Lakewood): 253-582-2626
Dental Village Tacoma (birth-18): 253-476-0556 (accepts Medicaid)

Eric Sohn, DDS: 253-475-0262
George Brain, DDS (Tacoma): 253-272-9777 (accepts Medicaid)
[Greg Fisher, DDS](#) 253-460-3431 (accepts Medicaid)
Hai Hong, DDS (ages 2-adults): 253-573-0070
Jeffrey Camm, DDS (Fircrest): 253-564-2222
Kenny Ho, DDS & Clint Worton, DDS: 253-627-6023 (accepts Medicaid)
Lakewood Dental Clinic 253-589-7188 (accepts Medicaid)
Lindquist Dental Clinic (ages 4-18, Parkland): 253-539-7445 (accepts Medicaid)
Lisa Block, DDS (Gig Harbor): 253-858-8581 (accepts Medicaid)
Mustasa Norooz, DDS (ages 4 to adult): 253-383-3713
Paul Sioda, DDS 253-759-7941
[Pierce County Dental Hygiene](#) 253-964-6694
Puyallup Dental and Medical 253-864-4760
Rainier Mobile Dental Hygiene Services (In-home dental hygiene services for children and adults with disabilities): 360-446-1616 (accepts Medicaid)
Rico Castro, DDS (ages 3 - adult): 253-475-1181
Seamar Community Health Centers
- [Puyallup Dental Clinic](#) 253-864-4550
- [Tacoma Dental Clinic](#) 253-280-9840
Sidney Gallegos, DDS (Fed. Way): 253-924-0717
Stuart Hersey, DDS (Puyallup): 253-864-9889
Tacoma/Pierce County Low Cost Dental Resource Line: 253-798-6044

HEALTH SERVICES: BEHAVIORAL

24-Hour Mental Health Crisis Line 1-800-576-7764 or 253-798-4333
Action Association Counseling Services 253-572-8170
[All for You Counseling](#) 253-474-0633
Asbury Urban Ministries 253-472-4239
Asian Counseling Services: 253-471-0141
[Associated Ministries Soul Care Psychotherapy](#) 253-761-8808
Behavioral Health/Mental Health Counseling: 253-697-8800
[Bridges - A Center for Grieving Children](#): 253-272-8266
[Catholic Community Services Counseling](#) 253-759-9544
Child and Family Guidance (focus on ADHD, angry/aggressive behavior, sexually abused): 253-472-9166
Child Family Guidance: 253-565-4484
Child Study & Treatment Center 253-756-2504
Comprehensive Mental Health Center
- Adults 253-396-5000
- Children & Families 253-396-5800
Crisis Intervention Teams
- Puyallup 253-584-8125 or 1-888-445-8125
- Lakewood 253-584-8933
- Tacoma 253-396-5089
Crisis Triage Center 253-798-4357
Federal Way Youth & Family Services 253-835-9975

[Good Samaritan Behavioral Health Care](#) 253-697-8400 or 1-888-910-6300 or 1-888-445-8120

[Greater Lakes Mental Health Care](#) 253-581-7020

[Kwawatchee Counseling Center \(Puyallup Tribal Health Authority\)](#) 253-593-0232 ext 247

Mobile Outreach Crisis Services 253-798-2709

[Pastoral Therapy Associates](#) 253-627-1691

[Pierce County Mental Health Services](#)

- Crisis Triage Center 253-798-4357

- Mobile Outreach Crisis Services 253-798-2709

Pierce County Regional Support Network 253-798-7202

Puget Sound Behavioral Health 253-798-4500

Renewal Counseling Services

- Tacoma 253-537-3100

- University Place 253-565-6565

Seamar Community Health Centers

- [Puyallup Outpatient Behavioral Clinic](#) 253-864-4770

- [Tacoma Outpatient Behavioral Clinic](#) 253-396-1634

[Sexual Assault Center of Pierce County](#) 253-474-7273 or 1-800-756-7273

[Tacoma Detox Center](#) 253-593-2413

Tacoma Treatment Solutions 253-584-3996

[Tacoma Veterans Center](#) 253-565-7038

Tacoma Youth Services 253-627-8387

Western State Hospital 253-582-8900

HEALTH SERVICES: SUBSTANCE ABUSE

A Avenue of Recovery 253-548-0779

A Chance to Change 253-853-7954

A Change Counseling Services 253-473-1844

A-1 Solutions Counseling Services 253-879-1200

Action Association Counseling Services 253-572-8170

Affirmation Counseling Services 253-473-2679

Alcohol Drug Services of Washington Puyallup 253-848-6887

[Alcoholics Anonymous](#) 253-474-8897

[All for You Counseling](#) 253-474-0633

Casteel, Williams and Associates 253-536-3478

Crossroads Treatment Center

- Lakewood 253-473-7474

- Tacoma 253-535-3919

Exodus Counseling & Treatment 253-891-2662

Foundation for Multicultural Solutions 253-572-3214

Gig Harbor Counseling 253-851-2552

God Heals LLC 253-593-0935

Highline Recovery Services 206-242-2260

Horizon Treatment Services

- Parkland 253-531-9320

- Puyallup 253-845-1171

- University Place 253-564-3377

In Touch Counseling & Treatment 253-473-6299

[Lakeside-Milam Recovery Centers](#)

- Puyallup 253-840-8687

- Tacoma 253-272-2242

MDC Substance Abuse Treatment 253-572-2273

- Involuntary commitment 253-572-3212

- Center for substance abuse treatment (Tacoma) 253-572-3212

- Center for substance abuse treatment (Sumner) 253-863-0682

- Center for substance abuse treatment (Lakewood) 253-589-9662

MOMS/Womens Recovery Center 253-798-6655

[My Service Mind of Northwest](#) 253-584-5615

Pacific Rim Counseling 253-841-4284

Parent Child Assistance Program (UW Tacoma) 253-475-0623

Perinatal Treatment Services of Washington

Pioneer Adult Counseling 253-274-0484

Prosperity Counseling & Treatment Services 253-863-9667

Prosperity Wellness Center 253-531-2103

Puyallup Tribal Health Authority 253-593-0232

Reflections Recovery and Learning Center

- Spanaway 253-846-9779

- Tacoma 253-581-5556

Renewal Counseling & Education Services 253-565-6565

[Seamar Tacoma Residential Treatment Center](#) 253-280-9860

[Serenity Counseling Services](#) 253-922-6522

[Sobering Center of Tacoma](#) 253-284-9066

[Social Treatment Opportunity Programs](#)

- Puyallup 253-770-4720

- Tacoma 253-471-0890

Sound Counseling 253-841-8165

Tacoma Detox Center 253-593-2413

[The Center for Abuse Recovery](#)

- Lakewood 253-589-9662

- Sumner 253-863-0682

- Tacoma 253-593-2740

Washington State Hospital - Community Relations 253-582-8900

[Western Washington Alcohol & Drug Treatment Center](#) 253-536-5549

HOME CARE SERVICES OR MEDICAL EQUIPMENT

[Adaptive Installations \(Medical Surgical Systems, Inc.\):](#) 1-800-765-1969

Assitive Technology - used equipment (Steven Shores, Good Samaritan Lending Program): 253-848-6661 ext 5210

[Choice Medical:](#) 1-800-456-3500

Incontinent Solutions: 253-891-1562

Mary Bridge Pediatric Home Infusion & Specialty Services: 253-403-1833

[Maxim Healthcare:](#) 253-671-9909

[Mobility Concepts, Inc.:](#) 1-888-227-6375

[National Organization Caring for Kids](#): 253-851-6625

[Olympic Pharmacy](#): 1-800-537-1393

Pierce County Community Action/Housing Program (wheelchair ramp assistance): 253-798-7038

[Shield Healthcare](#): 1-800-720-7440

[Washington Assistive Technology Alliance](#) (WATA): 1-800-214-8731

HOUSING: Assistance & Authorities

[AIDS Housing Association of Tacoma](#) 253-272-5533

[Associated Ministries \(ESAP coordinator\)](#) 253-383-3056 ext 119

[Catholic Community Services Pierce County Family Center](#) 1-800-372-3697

Foreclosure Assistance:

- [ACORN Housing Seattle/Tacoma](#) 206-243-4663

- [CCCS of Olympic South Sound](#) 253-588-1858

- [CCCS of the Midwest](#) 253-355-2227

- [The Martin Luther King Housing Development Association](#) 253-627-1099 ext 1313

Housing assistance: [City of Seattle Office of Housing](#) 206-684-0347

Housing assistance: Pierce County Housing Programs 253-798-6908

[Northwest Housing Development \(home ownership program\)](#) 253-441-2170

[Phoenix Housing Network](#) 253-471-5340

[Pierce County Community Action](#) 253-798-7240

[Pierce County Housing Authority](#) 253-620-5400

[Tacoma Housing Authority](#) 253-207-4400

[Tacoma Pierce Affordable Housing Consortium \(information only\)](#)

HOUSING: Emergency, Homeless

[City of Lakewood Human Services](#) 253-589-2489

[Helping Hand House \(Rural Pierce County\)](#) 253-848-6096

[Su Casa \(domestic violence\)](#) 562-402-4888

[Martin Luther King Housing Development Association \(Tacoma\)](#) 253-627-1099

[Metropolitan Development Council \(MDC\) \(Tacoma\)](#) 253-597-6728

[Nativity House Daytime Drop-In Center](#) 253-779-9248

[Open Hearth Ministry](#) 253-307-2274

[Phoenix Housing Network](#) 253-471-5340

[Pierce County Community Action](#) 253-798-7240

[Stand Up for Kids Tacoma](#) 1-800-365-4KID

[Tacoma Rescue Mission](#)

- [Family Shelter](#) 253-272-1974

- [Men's Shelter](#) 253-383-4493

HOUSING: Low Income (Agencies that own/manage housing)

[Catholic Community Services Pierce County Family Center](#) 1-800-372-3697

[Metropolitan Development Council \(MDC\) \(Tacoma\)](#) 253-597-6728

[Pierce County Housing Authority](#) 253-620-5400

[Pioneer Human Services](#) 206-766-7940

[Tacoma Housing Authority](#) 253-207-4400

HOUSING: Transitional, Supportive

Andrew Clean & Sober Houses 253-221-6385

[Caring Place](#) 253-272-3011

[Catholic Community Services Pierce County Family Center](#) 1-800-372-3697

[Exodus Housing \(families\)](#) 253-862-6808

Faith Homes Hope Center (girls 13-17) 253-381-5130

[Faith Homes Jump Start \(women 16-25\)](#) 253-572-0458

[Fresh Start Housing](#) (accepts ex-felons) 253-627-0212

[Helping Hand House \(Rural Pierce County\)](#) 253-848-6096

[Martin Luther King Housing Development Association \(Tacoma\)](#) 253-627-1099

[Metropolitan Development Council \(MDC\) \(Tacoma\)](#) 253-597-6728

New Connections - Irma Gary House (female ex-offenders) 253-572-1561

[New Phoebe House \(women\)](#) 253-383-7710

New Season Family Life Center (families) 253-841-9394

[Phoenix Housing Network](#) 253-471-5340

[Pierce County Community Action](#) 253-798-7240

[Pioneer Human Services](#) 206-766-7945

Shared Housing in Tacoma (4 DOC certified houses) 253-678-4800

[Stand Up for Kids Tacoma](#) 1-800-365-4KID

[Tacoma Rescue Mission](#) 253-383-4462

Taylor Houses

- B Street House 253-691-7463

- D Street House 253-475-1823 or 253-471-1823

- I Street House 253-691-7463 or 253-396-0784

- J Street House 253-691-7463

- M Street House 253-691-7463 or 253-474-5856

INFORMATION, SUPPORT OR ADVOCACY

211 - [United Way of Pierce County](#) 253-272-4263

[A Common Voice for Pierce County Parents](#) (Parent support groups, trainings and workshops):
253-537-2145

[Alcoholics Anonymous - Pierce County](#) 253-474-8897

Answers for Special Kids (ASK) Resource line (statewide-info about providers/programs): 1-800-322-2588

[Birth to Three Developmental Center](#) 253-874-5445

[Center for Children with Special Needs](#)

Centro Latino (offering Latino community family support services, adult learning, youth employment): 253-572-7717

[Christian Biker Tabernacle](#) (for women) 253-536-2584

[DSHS Division of Developmental Disabilities](#) 1-800-248-0949

[Evergreen Spina Bifida Association](#): 253-589-3700

[Exceptional Families Network](#) (mental, behavioral issues support) 1-888-860-1508

Exceptional Family Member Program – Madigan Army Medical Center: 253-968-2310

[Fair Housing Center of Washington](#) 253-274-9523

[Family Faces](#) (Info/support for craniofacial disorders): 1-866-987-2000 x 3271

Family Food Line (connection to food resources): 1-888-436-6392

[Family Support Centers \(Tacoma Pierce County Health Department\)](#)

- Bethel: 253-683-6850
- Bryant: 253-571-2500
- Eastside: 253-627-7368
- Hilltop: 253-571-4933
- Key Peninsula: 253-884-5433
- Lakewood: 253-284-9060
- McKinley: 253-571-2380
- Orting: 360-893-8500
- Parkland: 253-798-6557
- Puyallup: 253-845-9177
- Sumner: 253-891-6535
- White River: 360 829-5883

[Family Voices](#) Family Voices

[Fathers Network](#) (fathers & families of children with special needs): 425-747-4004 x218

<http://www.fortlewismwr.com/>>Fort Lewis Army Community Services: 253-967-7166

Good Samaritan Children's Therapy Unit: 253-697-5200

McChord - Exceptional Family Member Program: 253-982-3684

[McChord Air Force Family Support Center](#): 253-982-2695

[My Service Mind](#) (information and advocacy for minority families with a focus on the Asian population): 253-584-5615

[Open Hearth Ministry](#) (homeless) 253-307-2274

Parent to Parent & Dads Supporting Dads: 253-565-2266

[Pierce County Coalition for Developmental Disabilities](#) 253-564-0707

Pierce County Human Services

- [Aging & Long Term Care](#) 253-798-7376
- [Developmental Disabilities](#) 253-798-6109 or 1-800-642-5769
- [Mental Health Services](#) 253-292-4200 or 1-866-673-6256
- [Support Groups](#)

[Pierce County AA](#) 253-474-8897

[Pierce County Parent Coalition](#) (PC2): 253-564-0707

Pierce County Human Services Regional Support Network 253-798-4500

Point Defiance AIDS Project Needle Exchange Van 253-381-5229

[Puyallup Tribe of Indians](#) 253-573-7959

[Rise 'n Shine](#) (youth, teens affected by AIDS) 206-628-8949

St. Joseph Medical Center Library: 253-403-1075

[TACID](#) (Services for people with disabilities): 253-565-9000

[Tacoma Community House](#) 253-383-3952

[Tahoma Indian Center](#) (Native Americans only) 253-593-2707

[United Cerebral Palsy of South Puget Sound](#): 253-565-1463 or 1-866-812-8736

[Washington P.A.V.E.](#) (educational advocacy): 1-800-572-7368

LEGAL SERVICES

[Northwest Justice Project - CLEAR](#) 1-888-201-1014

RECREATION

Companionship Program (recreation opportunities for individuals with special needs and their friends/families): 253-798-4177

[Equest Special Riders](#) (therapeutic horseback riding): 253-531-6549 or 253-847-9847

[Metro Parks Specialized Recreation](#): 253-591-5314

Northwest Equicare (therapeutic horseback riding): 360-832-6386

Rainbow Festival (Free community picnic for children and adults with developmental disabilities): 253-564-0707

[Skiforall](#) (year-round recreation for people with disabilities): 425-462-0978

[Special Olympics](#) (Year-round sports training & competition): 1-800-752-7559

Team Shadow (NW Wheelchair Sports): 360-357-9202

SENIORS

[Medicare](#) 1-800-633-4227 or TTY 1-877-486-2048

[Meals on Wheels](#) (Lutheran Community Services) 253-722-5684

[Northwest Justice Project](#) – CLEAR*Sr 1-888-387-7111

[Pierce County Aging and Long Term Care](#) 253-798-7376

[Pierce County Veterans Bureau](#) 253-798-7449 or 1-800-992-2456

Puyallup Senior Center 253-841-5555

[Seniors with Pets Assistance Program](#) 253-581-8870

[Social Security](#) 1-800-772-1213

[South Sound Outreach Services](#) 253-593-2111

[Tacoma Adult Day Health Center](#) 253-459-7222

VA Administration - American Lake 253-581-2833?

VA Medical Center - American Lake 253-582-8440 or 1-800-329-8387

VA Puget Sound Health Care System 253-582-8440

TECHNOLOGY PROGRAMS, ACCESS, LITERACY & VITAL CONTENT

[Allen Renaissance](#) 253-942-9764

[Associated Ministries](#) 253-383-3056

[King County Library](#): 800-462-9600

[Pierce County Community Services](#) 253-798-7205

[Pierce County Library](#): 253-536-6500

- Bonney Lake Library: 253-863-5867

- Buckley Library: 360-829-0300

- DuPont Library: 253-964-4003

- Eatonville Library: 360-832-6011

- Graham Library: 253-847-4030

- Key Center Library: 253-884-2242

- Lakewood Library: 253-582-6040

- Milton Library: 253-922-2870

- Orting Library: 360-893-2661

- Parkland Spanaway Library: 253-531-4656

- Peninsula Library: 253-851-3793

- South Hill Library: 253-848-8686

- Steilacoom Library: 253-588-1452

- Summit Library: 253-536-6186
- Sumner Library: 253-863-0441
- Tillicum Library: 253-588-1014
- University Place Library: 253-565-9447

[Tacoma Goodwill](#) 253-284-3318

See Education: Colleges, Trade and Technical Schools for more about technology programs and literacy

TRANSPORTATION

[Angel Flight West](#) (free air transport in Western States for non-urgent, medically related need):
1-888-426-2643

Mary Bridge Center for Childhood Safety: 253-403-1234

[Pierce Transit](#): 253-581-8000

[Pierce Transit Shuttle \(for those unable to take the regular bus\)](#): 253-581-8100

[Sound Transit](#) 1-800-201-4900

[Tacoma Community House](#) 253-383-3951

UTILITIES & TELEPHONE

[AT&T Wireless Lifeline Service](#) 1-800-377-9450

Catholic Community Services Pierce County Family Center: 1-800-372-3697

Family Need of Tacoma (energy assistance, including oil, heat):

- If you live in Tacoma - Metropolitan Development Council 253-572-5557

- If you live outside Tacoma - Pierce County Community Services 1-866-223-1359

Pierce County Community Action Program: 253-798-7240

South Sound Outreach Services (utility discounts if primary caregiver, disabled or 62-plus): 253-593-2111

[Tacoma Public Utilities](#) (payment assistance information)

[Washington Telephone Access Program](#) 1-800-562-6150

VETERANS SERVICES

[County Veterans Coalition](#)

[Disabled American Veterans](#) 253-752-2970

Fort Lewis Worksource Center 253-967-2790

[Military Order of the Purple Heart](#) 253-583-1079

[Pierce College Veterans Service Office](#)

- Fort Steilacoom 253-964-6505

- Puyallup 253-864-3292

[Pierce County Veterans Bureau](#) 253-798-7449 or 1-800-992-2456

Stand-Down 253-798-7449

[Veterans Center](#) 253-565-7038

VA Administration - American Lake 253-581-2833

VA Medical Center - American Lake 253-582-8440 or 1-800-329-8387

VA Puget Sound Health Care System 253-582-8440

[Veteran Employment \(online search\)](#)

[Veterans Independent Enterprises Workshop \(VIEW\)](#) 253-922-5650

YOUTH GROUPS & SERVICES

[4H Program-WSU Cooperative Extension](#): 253-798-7160

[American Red Cross Babysitter's Training course](#): (253)474-0600

[Big Brothers Big Sisters of Puget Sound](#) 253-396-9630 or 1-877-700-BIGS

[Boy Scouts Puget Sound District](#)

[Camp Fire USA Orca Council](#) 253-597-6234

[Children's Museum of Tacoma](#): 253-627-6031

Daughters of Triumph Sisters of Vision 253-627-6855

[Exceptional Families Network](#) (mental, behavioral issues support) 1-888-860-1508

[Girl Scouts of Western Washington](#) 1-800-767-6845

[Gateways for Youth and Families](#) 253-383-4361

Maranatha Youth Outreach Center: 253-471-3880

[OASIS Youth Center](#) 253-671-2838

[Rise 'n Shine](#) 206-628-8949

[Stand Up for Kids Tacoma](#) 1-800-365-4KID

Swim for Exceptional Children (Morgan Family YMCA): 253-564-9622 ext 8835

[Tacoma Community House Youth Program](#) 253-383-3951

[YMCA of Pierce & Kitsap Counties](#)

- [Camp Seymour](#) 253-884-3392

- [Lakewood Family Branch](#) 253-584-9622

- [Morgan Family Branch](#) 253-564-9622

- [Tacoma Center Branch](#) 253-597-6444

YouthWorks: 253-552-2536

OTHER

Community Corrections Offices

- Lakewood 253-983-7120

- Lakewood OMNU 953-589-7050

- Parkland South 953-589-7000

- Pierce County Community Justice Center 953-680-2600

- Puyallup 253-840-4664

- Tacoma Unit 2 253-593-2550

[Pierce County Animal Welfare](#) 253-564-7797

[Prison Pet Partnership Program](#) 253-858-4240

[Seniors with Pets Assistance Program](#) 253-581-8870

Compiled by 4People.org

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