

Updated 8/12/2011

CRISIS

For emergency dial 911, or from cell phone 112

[24 Hour Crisis Line](#) 206-461-3222 or 1-866-4-CRISIS (1-866-427-4747)

[Abused Deaf Women's Advocacy Services](#) 206-236-3134 or 1-888-236-1355 TTY

[Alcohol/Drug 24 Hour Hotline](#) 206-722-3700 or 800-562-1240

[Asian Pacific Islander Women and Safety Center \(API\)](#) 206-467-9976

Catherine Booth (House (domestic violence - 24 Hours) 206-324-4943

[Chaya](#) (DV Helpline for South Asian Women) 206-325-0325 or 1-877-922-4292

[Child Protective Services](#) 1-866-363-4276 or 1-800-624-6186 TTY

[Childhaven Crisis Nursery](#) 206-328-5437

[Chinese Information and Services Center \(CISC\)](#) 206-624-5633

[Consejo Counseling and Referral Service](#) (domestic/abuse help for Latinas) 206-461-4880

[Crisis Clinic](#) 206-431-3222 or 1-866-427-4747

[DAWN - Domestic Abuse Womens Network](#) 425-656-4305 or 1-877-465-7234

East Cherry YWCA (domestic violence help) 206-461-4423

[Eastside Domestic Violence Program](#) 1-800-827-8840 or 425-746-1940

[King County Emergency/Disaster Management](#) 206-296-3830 or 1-800-523-5044

[King County Sexual Assault Resource Center](#) 1-888-99-VOICE (1-888-998-6423)

[New Beginnings](#) (domestic violence help) 206-522-9472

[Project DVORA \(Domestic Violence Outreach Response and Advocacy\)](#) 206-461-3240

[Refugee Women's Alliance \(ReWA\) Domestic Violence Program](#) 206-721-0243

[Teen Link](#) (Daily 6-10pm) 206-461-4922, 1-866-TEENLINK or 1-866-833-8646

[Wellspring Family Services](#) (domestic violence help) 206-826-3044

- [DV Dads](#)

- [Kid's Club](#)

- [Men's Domestic Violence Intervention Program](#)

[Youth Suicide Prevention Program](#) 206-297-5922 or 1-800-273-TALK

[YWCA/South King County Domestic Violence Services](#) 425-226-1266 ext 1017

CASE MANAGEMENT

[Aging & Disability Services \(ADS\)](#)

- Seattle 206-684-0660 or 206-684-0702 TTY

- South King 206-615-1855 or 206-615-1954 TTY

[Area Agency on Aging \(ADS\)](#)

- Seattle 206-684-0660 or 206-684-0702 TTY

- South King 206-615-1855 or 206-615-1954 TTY

[Atlantic Street Center](#) (At Risk Youth) 206-329-2050

[Auburn Youth Resources](#) 253-939-2202

[Catholic Community Services](#) 206-328-5696

[Compass Housing Alliance \(Homeless & Veterans\)](#) 206-357-3100

[DESC \(Downtown Emergency Services Center \(Homeless\)\)](#) 206-464-1570

[DSHS](#): 1-877-501-2233 or 1-800-209-5446 TTY

- Alderwood 20311 52nd Ave W, Suite 100, Lynnwood, WA 98036

- Auburn 810 28th St NE, Auburn, WA 98002

- Belltown 2106 2nd Ave, Seattle, WA 98121

- Capitol Hill 1700 E Cherry St, Seattle, WA 98122

Community Resources for King County, Washington - Compiled by [4People.org](#)

- Federal Way 616 S 348th St, Federal Way, WA 98003
- King Eastside 805 156th Ave NE N40-1, Bellevue, WA 98007
- King North 9600 College Way N, Seattle, WA 98103
- King South 1313 W Meeker St, Suite 100, Kent, WA 98032
- Rainier 3600 S Graham St, Seattle, WA 98118
- Renton 500 SW 7th St, Suite B, Renton, WA 98057
- White Center 9650 15th Ave SW, Suite 200, Seattle, WA 98106

[DSHS Aging & Disabilities](#) 206-341-7750 or 1-800-346-9257

DSHS Division of Developmental Disabilities:

- Kent Outstation 253-372-5770 or 1-800-974-4428
- Region 4 Headquarters 206-568-5700 or 1-800-314-3296
- SOLA Office 206-366-6700

[DSHS Division of Vocational Rehabilitation:](#) 1-800-637-5627 (statewide)

- [Kent](#) 1-800-622-1375
- [Lynwood](#) 1-800-745-5960
- [Seattle Mercer St](#) 1-800-622-1375
- [Seattle North](#) 1-800-622-1375
- [Seattle North Worksource](#) 206-529-6091
- [Seattle Rainier Worksource](#) 1-800-622-1375
- [Seattle YWCA Worksource](#) 1-800-622-1375

ESD 121 In School Homeless Youth: 360-802-7107

- [Auburn School District](#) 253-931-4938
- [Bellevue School District](#) 425-425-4175 or 425-456-4241
- [Enumclaw School District](#) 360-802-7104 or 360-802-7107
- [Federal Way School District](#) 253-945-5966
- [Highline School District](#) 206-277-5904
- [Issaquah School District](#) 425-837-7045
- [Kent School District](#) 253-373-7099 or 253-373-7269
- [Lake Washington School District](#) 425-936-1297 or 425-936-1407
- [Mercer Island School District](#) 206-230-6336
- [Northshore School District](#) 425-408-7725 or 425-408-7726
- [Renton School District](#) 425-204-2410
- [Riverview School District](#) 425-844-4515 or 425-844-4518
- [Seattle School District](#) 206-252-0822
- [Shoreline School District](#) 206-393-3387
- [Skykomish School District](#) 360-677-2623
- [Snoqualmie Valley School District](#) 425-831-8000
- [Tahoma School District](#) 425-413-3400
- [Tukwila School District](#) 206-901-8035 or 206-901-8044
- [Vashon Island School District](#) 206-463-2121 ext 8123 or 206-463-9171 ext 518

[King County Housing Authority](#) 206-574-1100

King County Veterans Program

- Auburn/Renton 206-205-3211
- Seattle 206-296-7567

[New Horizons Ministries Homeless Youth Drop-In Center](#) 206-374-0866

Offenders Employment Resources

- [DSHS Division of Vocational Rehab Seattle Mercer St](#) 206-273-7100 or 1-800-622-1375 Voice/TTY
- [DSHS Division of Vocational Rehab Seattle North](#) 206-440-2230 or 1-800-622-1375 Voice/TTY

Community Resources for King County, Washington - Compiled by 4People.org

- Seattle/King County Workforce Development Area
- WorkSource Affiliate Auburn 253-804-1177
- WorkSource Affiliate Downtown Seattle 206-436-8600
- WorkSource North Seattle 206-440-2500
- WorkSource Affiliate Rainier 206-721-6000
- WorkSource Redmond 425-861-3700
- WorkSource Renton 206-205-3500
- WorkSource Affiliate South Seattle Community College 206-764-5304
- Renton Housing Authority 425-226-1850
- Senior Services of Seattle-King County 206-448-3110 or 1-888-435-3377 or 1-888-4-ELDERS
- [Support, Advocacy, Growth and Employment \(SAGE, mental health\)](http://Support, Advocacy, Growth and Employment (SAGE, mental health)) 206-464-6454
- Seattle Housing Authority: 206-615-3300
- Seattle's Union Gospel Mission: 206-622-5177
- Street Youth Ministries 206-524-7301
- Transitional Housing, Operating & Rent assistance (THOR) 206-263-9088
- [Youthcare \(ages 15 - 24\)](http://Youthcare (ages 15 - 24)) 206-694-4500 or 1-800-833-6388

CHILD OR RESPITE CARE

Boys & Girls Club Before & After School Care:

- Auburn Extension (Federal Way Club) 253-804-5915
- Bagley Elementary 206-853-5297
- Ballard Club 206-783-5775
- Bethany Community Church 206-853-4301
- BF Day Elementary 206-547-7169
- Blackwell Elementary 206-240-5278
- Coe Elementary 206-281-9197
- Coho Kids Time 206-297-7764
- Emily Dickinson Club 425-250-4788
- Federal Way Club 253-681-6516
- Joel E. Smilow Clubhouse at Rainier Vista 206-436-1890
- Kirkland Main Club 425-827-0132
- Lawton Elementary 206-283-4361
- McAuliffe Elementary 206-240-4683
- Mead Elementary 206-293-4819
- Mercer Island Club 206-436-1944
- North Seattle Club 206-436-1850
- Northgate 206-478-5012
- North Beach Elementary 206-250-9867
- Olympic Hills Elementary 206-363-3717
- Redmond Elementary 206-478-6774
- Renton/Skyway Club 206-436-1920
- [Ron Sandwith Teen Center \(EX3\)](http://Ron Sandwith Teen Center (EX3)) 253-681-6500
- Rosa Parks Elementary 425-836-9287
- Rotary Club 206-436-1880
- Sacajawea Elementary 206-526-1357
- Smith Elementary 206-478-6615
- Southwest Club 206-436-1910
- View Ridge Elementary 206-523-8447

Community Resources for King County, Washington - Compiled by 4People.org

[Child Care Resources of King County](#) 206-329-5544 or 1-877-512-3948

CHILD DEVELOPMENT PROGRAMS & SERVICES

ALL CITIES:

[Center on Human Development & Disability](#) 206-598-4317

[Child care resource & referral](#) 206-329-5544 or 1-877-512-3948

[Childhaven](#) 206-624-6477

[Children's Hospital & Regional Medical Center](#) 206-987-2000

CHRM/C/ECHI 206-987-5146

[First Steps \(Insurance for prenatal care\)](#)

[Hearing, Speech and Deafness Center](#) 206-323-5770

[Listen and Talk](#) 206-985-6646

[Northwest Center Kids](#) 206-286-2322

[Swedish Hospital Pediatric Therapy](#) 206-386-3592

[Washington Elks Therapy Program](#) 1-800-825-3557

AUBURN/SEATTLE:

[Boyer Children's Clinic](#) 206-325-8477

Family Conversations (home instruction program for deaf/hard-of-hearing children aged birth to three)
206-528-5147

[Muckleshoot Birth-To-Three](#) 253-804-9695

BELLEVUE:

[Kindering Center](#) 425-747-4004

BOTHELL:

[Hearing, Speech & Deafness Center](#) 206-323-5770 or 1-800-761-2821

[NW Center Child Development Program](#) 206-286-2322

FEDERAL WAY:

[Birth To Three Developmental Center](#) 253-874-5445

The Handle Institute 206-204-6000

HIGHLINE / KENT:

[Children's Therapy Center](#) of Kent & Highline 253-854-5660

ISSAQUAH / NORTH BEND SHORELINE:

[Encompass](#) 425-888-2777 or 1-800-833-6388 TTY

[Wonderland Developmental Center](#) 206-364-3777

PUYALLUP/TACOMA:

[Good Samaritan Hospital/Children's Therapy](#) 253-697-5200

[Mary Bridge Children's Health Center](#) 253-403-1400 or 1-800-552-1419

RENTON / WOODINVILLE:

[Little Bit Therapeutic Riding Center](#) 425-882-1554

Puget Sound Therapy Services 425-291-9200

[Valley Medical Center/Children's Therapy](#) 425-656-4215

CLOTHING, FURNITURE & HOUSEWARES

American Cancer Society/Discovery Shop 206-524-3399

[Bargain Fair Thrift Shop](#) 206-547-4680

Backstage Thrift 206-937-1910

[Cheap Chickadee Thrift Shop](#) 206-760-9650

[City of Hope Second Hand Rose](#) 206-784-0298

[DESC](#) 206-515-1517

Deseret Industries

- Federal Way 253-839-9045

- Seattle 206-542-9447

Fletcher's General Store 206-364-4069

[Goodwill Industries](#)

- Ballard 206-957-5544

- Bellevue 425-649-2080

- Burien 206-957-1020

- Outlet 206-957-5516

- Renton 425-264-0277

- Seattle 206-860-5711

- Shoreline 206-631-8454

- University District 206-547-1487

[Imagine That! Thrift Store](#) 206-783-0975

[Lifelong Thrift Store](#) 206-937-3481

[Operation School Bell](#) 206-547-4680

[Providence Regina House Clothing Bank](#) 206-763-9204

R Shoppe 206-783-4230

[Salvation Army](#)

- Burien 206-438-4546

- Des Moines 253-839-8062

- Seattle 206-624-0204

[Seattle Children's Hospital Research Foundation Thrift Stores](#)

- Kent Thrift Store 253-850-8216

- Redmond Thrift Store 425-746-3092

- Shoreline Thrift Store 206-448-7609

[Sharehouse Furniture Bank](#) 206-767-5280

Shop & Save 206-762-8099

Southeast Seattle Senior Thrift 206-760-9650

[Stop 'N Shop Senior Thrift Store](#) 206-932-4044

[St Vincent de Paul](#) 206-722-9071

Sunshine House Thrift Shop 206-324-9774

Trinity Thrift Shop 206-264-1698

[YWCA](#) (work clothes for women) 206-461-4882

DOCUMENT REPLACEMENT, SCHOOL SUPPLIES, QUALITY OF LIFE

[YWCA](#) 206-461-4882

EDUCATION: SCHOOL DISTRICTS, SPECIAL ED

[Tutor Hunt](#) (*find tutors*)

Community Resources for King County, Washington - Compiled by 4People.org

[Auburn School District](#) 253-931-4990
[Bellevue School District](#) 425-456-4000
[Bellevue School District Special Education](#) 425-456-4144
[Enumclaw School District](#) 360-802-7100
[Federal Way School District](#) 253-945-2000
[Federal Way School District Special Education](#) 253-945-2080
[Highline School District](#) 206-433-2505
[Highline School District Special Education](#) 206-433-2125
[Issaquah School District](#) 425-837-7000
[Issaquah School District Special Education](#) 425-837-7085 or 425-837-7090
[Kent School District](#) 253-373-7000
[Kent School District Special Education](#) 253-373-7513
[Lake Washington School District](#) 425-936-1200
[Lake Washington School District Special Education](#) 425-936-1201
[Mercer Island School District](#) 206-236-3330
[Mercer Island School District Special Education](#) 206-236-3330
[Northshore School District](#) 425-408-6000
[Renton School District](#) 425-204-2300
[Renton School District Special Education](#) 425-204-2285
[Riverview School District](#) 425-844-4500
[Riverview School District Special Services](#) 425-844-4516
[Seattle Public Schools](#) 206-252-0000
[Seattle Public Schools Special Education](#) 206-252-0053
[Shoreline Public Schools](#) 206-367-6111
[Shoreline Public Schools Special Education](#) 206-367-6111
[Skykomish School District](#) 360-677-2623
[Snoqualmie Valley School District](#) 425-831-8000
[Snoqualmie Valley School District Special Education](#) 425-831-8040
[Tahoma School District](#) 425-413-3400
[Tahoma School District Special Education](#) 425-413-3415
[Tukwila School District](#) 206-901-8000
[Tukwila School District Special Education](#) 206-901-8000
[Vashon Island School District](#) 206-462-2121
[Vashon Island School District](#) 206-462-2121 ext 8120

EDUCATION: Early Education/Head Start

Early Childhood Education Assistance Program (ECEAP)
- [City of Seattle ECEAP](#) 206-386-1148
- [Enumclaw School District](#) 360-802-7125
- [Federal Way Public Schools](#) 253-945-2379
- [Highline Public Schools](#) 206-631-5100
- Kent Youth & Family Services Head Start/ECEAP 253-859-0300
- Kent Valley 253-854-8768
- [Puget Sound ESD](#) 425-917-7875
- [Renton School District](#) 425-204-2241
- [Riverview School District](#) 425-844-4500
- [Tiny Tots Development Center](#) 206-760-2670

Community Resources for King County, Washington - Compiled by 4People.org

Head Start / Early Head Start

- [Atlantic Street Center Children's Services](#) 206-329-2050
- Auburn School District Head Start 253-931-4943 or 253-833-0143 or 253-931-4982
- [Bellevue School District Head Start](#) 425-456-4030
- [Curiosity Corner Head Start](#) 206-242-9936
- [Denise Louie Education Center](#) 206-767-8223
- [Federal Way Public Schools](#) 253-945-2379
- Kent Youth & Family Services Head Start/ECEAP 253-859-0300
- [Lake Washington School District](#) 425-882-8170
- [Northshore School District](#) 425-408-4861
- [Puget Sound ESD](#) 425-917-7727 - Renton School District 425-204-2500
- [Seattle Public Schools Head Start](#) 206-252-0960
- [United Indians of All Tribes Foundation Head Start/ Early Head Start](#) 206-829-2216
- Yesler Terrace Head Start 206-264-4997

EDUCATION: Trade and Vocational Schools/Programs

- [King County Worker Retraining Programs](#) 206-296-3809 or 206-296-8592
- [Seattle Vocational Institute](#) 206-587-4950
- [Stepworks Vocational Program](#) (for mentally ill) 206-545-2354

EDUCATION & SUPPORT FOR PARENTS

- [Renton Area Youth and Family Services \(RAYS\)](#) 206-722-2050
- [Southwest Family & Youth Services \(Parenting classes\)](#) 206-937-7680

EMPLOYMENT

- [CAMP Youth Build](#) (ages 17 – 21) 206-205-3600
- [Goodwill Job Training – Seattle](#) 206-860-5791
- [Greenriver Student Employment Center](#) 253-833-9111 ext 2553
- [King County Developmental Disabilities Employment Services](#) 206-263-9061
- [King County Worker Retraining Programs](#) 206-296-3809 or 206-296-8592
- [Offenders Employment Resources](#)**
 - [DSHS Division of Vocational Rehab Seattle Mercer St](#) 206-273-7100 or 1-800-622-1375 Voice/TTY
 - [DSHS Division of Vocational Rehab Seattle North](#) 206-440-2230 or 1-800-622-1375 Voice/TTY
 - [Seattle/King County Workforce Development Area](#)
 - WorkSource Affiliate Auburn 253-804-1177
 - WorkSource Affiliate Downtown Seattle 206-436-8600
 - WorkSource North Seattle 206-440-2500
 - WorkSource Affiliate Rainier 206-721-6000
 - WorkSource Redmond 425-861-3700
 - WorkSource Renton 206-205-3500
 - WorkSource Affiliate South Seattle Community College 206-764-5304
- [Seattle Youth Garden Works](#) (ages 14 – 22) 206-633-0451 ext 111
- [Teen Internships](#) 206-344-3310
- [Washington State Labor Council, AFL-CIO](#) 206-283-6121
- [Washington Womens Employment And Education](#) 253-859-3718 or 1-877-892-3718
- [WorkSource King County](#)
 - [Airport Jobs Connection](#) 206-835-7501
 - Auburn Affiliate 253-804-1177

Community Resources for King County, Washington - Compiled by [4People.org](#)

- Bellevue College 425-564-2279
- Downtown Seattle 206-436-8600
- Highline Community College Connection 206-878-3710
- North Seattle Affiliate 206-440-2500
- North Seattle Community College Connection 206-527-3787
- Rainier Affiliate 206-721-6000
- Redmond 425-861-3700
- Renton 206-205-3500 or 1-800-536-9784
- Shoreline Community College Connection 206-546-5882
- South Seattle Community College Affiliate 206-764-5304

FINANCIAL ASSISTANCE

Asset Building: Contact Diana Stone at [Washington Appleseed](#) 206-275-1811

[Crime Victim Compensation](#) 1-800-762-3716

[DSHS](#): 1-877-501-2233 or 1-800-209-5446 TTY

- Alderwood 20311 52nd Ave W, Suite 100, Lynnwood, WA 98036
- Auburn 810 28th St NE, Auburn, WA 98002
- Belltown 2106 2nd Ave, Seattle, WA 98121
- Capitol Hill 1700 E Cherry St, Seattle, WA 98122
- Federal Way 616 S 348th St, Federal Way, WA 98003
- King Eastside 805 156th Ave NE N40-1, Bellevue, WA 98007
- King North 9600 College Way N, Seattle, WA 98103
- King South 1313 W Meeker St, Suite 100, Kent, WA 98032
- Rainier 3600 S Graham St, Seattle, WA 98118
- Renton 500 SW 7th St, Suite B, Renton, WA 98057
- White Center 9650 15th Ave SW, Suite 200, Seattle, WA 98106

[DSHS Division of Developmental Disabilities](#):

- Kent Outstation 253-372-5770 or 1-800-974-4428
- Region 4 Headquarters 206-568-5700 or 1-800-314-3296
- SOLA Office 206-366-6700

Foreclosure Assistance:

- [CCCS of Olympic South Sound](#) 425-803-9060
- [ClearPoint Financial Solutions, Inc](#) 1-877-442-9040
- [International District Housing Alliance](#) 206-623-5132
- [Solid Ground Washington](#) 206-694-6700 or 1-866-297-4300
- [Urban League of Metropolitan Seattle](#) 206-461-3697

[Stepworks Vocational Program](#) (for mentally ill) 206-545-2354

Supplemental Security Income (SSI from [Social Security](#)) 1-800-772-1213

FOOD ASSISTANCE & NUTRITION

[Auburn Food Bank](#) 253-833-8925

[Ballard Food Bank](#) 206-789-7800

[Basic Food](#) (help with obtaining food stamps) 1-888-436-6392

[Beacon Avenue Food Bank](#) 206-722-5105

[Blessed Sacrament Church Food Bank](#) 206-523-0823

[CAMP Seattle](#) 206-812-4970 (Home delivery available)

[Cherry Street Food Bank](#) 206-625-0755

Childrens Home Society Of Washington - North Seattle Family Center 206-364-7930

Community Resources for King County, Washington - Compiled by 4People.org

[Des Moines Area Food Bank](#) 206-878-2660

[El Centro De La Raza Food Bank](#) 206-957-4634

[Enumclaw Kiwanis Food Bank](#) 360-825-6188

[Everette Food Bank \(VOA\)](#) 425-259-3191

[Familyworks Food Bank](#) 206-694-6727

[Federal Way Food Bank](#) 253-835-7678

[Food Bank At St. Marys](#) 206-324-7100 ext 18

[Food Lifeline](#) 1-877-404-7543

Food Stamps - [DSHS](#): 1-877-501-2233 or 1-800-209-5446 TTY

- Alderwood 20311 52nd Ave W, Suite 100, Lynnwood, WA 98036

- Auburn 810 28th St NE, Auburn, WA 98002

- Belltown 2106 2nd Ave, Seattle, WA 98121

- Capitol Hill 1700 E Cherry St, Seattle, WA 98122

- Federal Way 616 S 348th St, Federal Way, WA 98003

- King Eastside 805 156th Ave NE N40-1, Bellevue, WA 98007

- King North 9600 College Way N, Seattle, WA 98103

- King South 1313 W Meeker St, Suite 100, Kent, WA 98032

- Rainier 3600 S Graham St, Seattle, WA 98118

- Renton 500 SW 7th St, Suite B, Renton, WA 98057

- White Center 9650 15th Ave SW, Suite 200, Seattle, WA 98106

[Highline Area Food Bank](#) 206-433-9900

[Hopelink](#):

- Bellevue 425-943-7555

- Kirkland/Northshore 425-889-7880

- Redmond 425-882-0241

- Shoreline 206-440-7300

- Sno-Valley 425-333-4163

[Issaquah Meals](#) (Catholic Community Services) 425-679-0342

[Jewish Family Service Food Bank](#) 206-461-3240

[Kent Food Bank & Emergency Services](#) 253-520-3550

[Lifelong Aids Alliance Chicken Soup Brigade](#) 206-957-1726 (meals & groceries)

[Maple Valley Food Bank & Emergency Services](#) 425-432-8139

[Meals on Wheels \(Seniors/disabled\)](#) 206-448-5767 or 1-888-308-6325

[Mount Si Helping Hands Food Bank](#) 425-888-0096

North Auburn Baptist Church - Food Bank 253-631-0528

[North Helpline Emergency Services & Food Bank](#) 206-367-3477

Northwest Community Services Food Bank 206-723-4105

[Northwest Harvest \(distributes to food banks - no public access\)](#) 206-625-0755

Operational Emergency Center Food Pantry 206-772-9232

[Phinney Ridge Lutheran Church Food Bank](#) 206-784-7964

[Pike Market Senior Center & Downtown Food Bank](#) (all ages welcome) 206-626-6462

[Preston Baptist Food Bank](#) 425-222-7360

[Providence Regina House Food & Clothing Bank](#) 206-763-9204

[Rainier Valley Food Bank](#) 206-723-4105

[Renewal Food Pantry](#) 425-643-8246

Salvation Army Outreach Ministries:

- East King 425-452-7300

- Federal Way/Des Moines 253-946-7933

Community Resources for King County, Washington - Compiled by [4People.org](#)

- North Seattle 206-783-1226
- Renton 425-255-5969
- White Center 206-767-3150
- [Seattle Indian Center](#) 206-329-8700
- St. Lukes Operation Blessing: 253-941-7270
- [St. Vincent de Paul](#) 206-767-9975
- [Tukwila Pantry](#) 206-431-8293
- [University District Food Bank](#) 206-523-7060
- [Vashon Maury Community Food Bank](#) 206-463-6332
- [Volunteers of America Everett Food Bank](#) 425-259-3191
- [West Seattle Food Bank](#) 206-932-9023
- [White Center Food Bank](#) 206-762-2848
- [WIC - Women, Infants, Children:](#)
- [Country Doctor Community Clinic](#) 206-326-2060
- Group Health Cooperative (Burien, central Seattle, Eastside, Seattle Rainier, teen clinic) 206-326-2060
- Harborview Medical Center 206-744-3548
- Healthpoint (Auburn) 253-735-0166
- Healthpoint (Sea-Tac) 206-277-7200
- Highline Medical Group (Tukwila) 206-242-0885
- [Holly Park Medical & Dental Clinic](#) 206-788-3579
- [International Community Health Services](#) 206-788-3701
- [Kent County Public Health Centers:](#) 206-296-4786
- Auburn Public Health Center (Auburn) 360-825-3146
- Auburn Public Health Center (Muckleshoot) 253-939-6648
- Columbia Public Health Center 206-296-4650
- Downtown Public Health Center 206-296-4755
- Eastgate Public Health Center 206-296-1427
- Federal Way Public Health Center 206-296-8410
- Kent Public Health Center (Birch Creek) 206-296-4930
- North Public Health Center 206-296-4765
- Northshore Public Health Center (Bothell) 425-333-6180
- Renton Public Health Center 206-296-4700
- White Center Public Health Center (Seattle) 206-296-4646
- White Center Public Health Center (Vashon Island) 206-291-7336
- [Mom's Plus](#) 206-296-7480
- [Neighborcare Health High Point Medical & Dental Clinic](#) 206-461-6949
- [Odessa Brown Children's Clinic](#) 206-987-7210
- Sea Mar Community Health Center (Burien) 206-812-9173
- Sea Mar Community Health Clinic 206-762-0876
- [Seattle Indian Health Board](#) 206-324-9360 ext 2644
- Shoreline Family Support Center 206-362-7282
- Swedish Medical Center (Ballard) 206-781-6055
- Swedish Medical Center (First Hill) 206-386-3942

HEALTH INSURANCE or HEALTH CARE ASSISTANCE

- [Children's Health Insurance Program \(CHIP\)](#) 1-877-543-7669
- [Community Health Plan of Washington](#) 206-521-8830
- [DSHS Medicaid:](#) 1-800-562-3022

Community Resources for King County, Washington - Compiled by 4People.org

[First Steps Health Insurance for Pregnant Women](#) 1-800-322-2588

[Washington Apple Health for Kids](#) 1-877-543-7669

[Washington Basic Health Plan](#): 1-800-660-9840

[Washington Health Foundation/Community Health Access Program](#) 206-284-0331 or 1-800-756-5437

[Washington State Insurance Commissioner](#): 1-800-562-6900

[WWIN Health Care Assistance with Insurance Premiums](#) 425-451-8838 or 1-888-440-WWIN

[WWIN Mental Health Counseling Grants](#) 425-451-8838 or 1-888-440-WWIN

[WWIN Physical/Vision/Medical/Hearing Grant](#) 425-451-8838 or 1-888-440-WWIN

HEALTH SERVICES: Medical or Dental

[Access to Baby and Child Dentistry \(ABCD\)](#) 206-296-4600 or 1-800-325-6165

[Bellevue Senior Health Center](#) 425-688-5234

[Boyer Children's Clinic](#) 206-325-8477

[Center on Human Development and Disabilities](#) 206-543-7701

[Country Doctor Community Clinic](#) 206-299-1600

[Harbor View Medical Center](#) 206-744-3000

[Healthcare Access Program \(HCAP\)](#) 425-899-3200

[Healthpoint \(Community Health Centers\)](#) 1-866-893-5717

- Auburn Community Health Center 253-735-0166
- Auburn Community Dental Center 253-804-8713
- Bothell-Kenmore Community Health Center 425-486-0658
- Eastside Community Health Center (Redmond) 425-882-1697
- Eastside Community Dental Center (Redmond) 425-883-8000
- Federal Way Community Health Center 253-874-7634
- Federal Way Community Dental Center 253-874-7646
- Kent Community Health Center 253-852-2866
- Kent Community Dental Center 253-796-4071
- Renton Community Health Center 425-226-5536
- SeaTac Community Health Center 206-277-7200
- Tyee Campus Health Center 206-444-7746

[Highline Medical Center](#) 206-244-9970

[Highline Medical Group](#)

- [Burien Family Medicine](#) 206-244-6625
- [Des Moines Family Clinic](#) 206-870-4460
- [Des Moines Walk-in Clinic](#) 206-870-4460
- [Highline Obstetrics & Gynecology Associates](#) 206-241-0824
- [Highline Geriatric Psychiatry Clinic](#) 206-248-4585
- [Riverton Family Medicine](#) 206-242-6500
- [Roxbury Clinic](#) 206-763-5057
- [Seahurst Family Medicine](#) 206-246-1012
- [Seahurst Internal Medicine](#) 206-242-8280
- [South Seattle Family Medicine](#) 206-246-2886
- [Vashon Health Center \(internal medicine\)](#) 206-463-3671
- [West Seattle Family Medicine](#) 206-933-1041
- [West Seattle Walk-in Clinic](#) 206-933-1047
- [Youth Health Center](#) 206-439-9300

Community Resources for King County, Washington - Compiled by 4People.org

[International Community Health Services](#)

- [Holly Park Medical Clinic](#) 206-788-3500
- [Holly Park Dental Clinic](#) 206-788-3502
- [International District Medical Clinic](#) 206-788-3700
- [206-788-3737](#)

[King County Mental Health Plan \(KCMHP\)](#) 206-431-3222

[King County Project Access](#) 206-788-4204

[King County Public Health Adult Care Clinics:](#)

- [Downtown Public Health Center](#) 206-296-4755
- [Eastgate Public Health](#) 206-296-9770
- [North Public Health Center](#) 206-296-4990

[King County Public Health Child \(Pediatric\) Care Clinics:](#)

- [Columbia Public Health Center](#) 206-296-4650
- [Downtown Public Health Center](#) 206-296-4755
- [Eastgate Public Health Center](#) 206-296-9770
- [North Public Health Center](#) 206-296-4990

[King County Public Health Dental Clinics:](#)

- [Columbia Public Health Dental Clinic](#) 206-296-4625
- [Downtown Public Health Dental Clinic \(homeless\)](#) 206-205-0577
- [Eastgate Public Health Dental Clinic](#) 206-296-9726
- [North Public Health Dental Clinic](#) 206-205-8580
- [Renton Public Health Dental Clinic](#) 206-296-4955

[King County Public Health Family Planning Clinics:](#)

- [Auburn Public Health Center](#) 206-296-8400 or 253-833-8400
- [Columbia Public Health Center](#) 206-296-4650
- [Eastgate Public Health Center](#) 206-296-9770
- [Federal Way Public Health Center](#) 253-838-5140
- [North Public Health Center](#) 206-296-4990
- [Renton Public Health Center](#) 206-296-4901
- [White Public Health Center](#) 206-296-4620

[King County Public Health Teen Clinics:](#)

- [Auburn Public Health Center](#) 206-296-8400 or 253-833-8400
- [Columbia Public Health Center](#) 206-296-4650
- [Eastgate Public Health Center](#) 206-296-9770
- [Federal Way Public Health Center](#) 253-838-5140
- [North Public Health Center](#) 206-296-4990
- [Renton Public Health Center](#) 206-296-4901
- [White Public Health Center](#) 206-296-4620
- [Youth Health Center \(Burien\)](#) 206-439-9300

[Mary Bridge Children's Hospital & Health Center](#) 1-800-552-1419 or 253-403-1400

[Mercer Island Senior Health Center](#) 425-688-5641

[Neighborcare Health](#) (formerly Puget Sound Neighborhood Health Centers)

>**Medical Clinics**

- [45th Street Medical Clinic](#) 206-633-3350
- [Greenwood Medical Clinic](#) 206-782-8660
- [High Point Medical Clinic](#) 206-461-6950
- [Homeless Youth Clinic](#) 206-633-7650
- [Midwifery & Women's Health Services](#) 206-324-1449

Community Resources for King County, Washington - Compiled by 4People.org

- Pike Market Medical Clinic 206-728-4143
- Rainier Beach Medical Clinic 206-722-8444
- Rainier Park Medical Clinic 206-461-6957

>Dental Clinics

- 45th Street Dental Clinic 206-548-2964
- Central Area Dental Clinic 206-461-7801
- Georgetown Dental Clinic 206-461-6943
- High Point Dental Clinic 206-461-6966
- Southeast Family Dental Clinic 206-461-6981

>School-based Clinics

- Denny Wellness Center 206-923-2809
- Madison Wellness Center 206-933-7842
- Roosevelt Teen Health Center 206-527-8336
- Sealth Teen Health Center 206-938-1360
- West Seattle Teen Health Center 206-658-8048

[Pacific Hospital Preservation and Development Authority](#) (Access to care)

[Odessa Brown Clinic](#): 206-987-7200

[Overlake Bellevue Clinic](#) 425-289-3100

[Overlake Hospital Medical Center](#) (Bellevue) 425-688-5000

[Overlake 24-Hour Urgent Care Center](#) (Issaquah) 425-688-5777

[Overlake Women's Clinics](#)

- Bellevue 425-688-5389
- Issaquah 425-467-3630

[Planned Parent of the Great Northwest](#) 1-800-230-7526

[Seahurst Family Medicine](#) (Burien) 206-246-1012

[Seahurst Internal Medicine](#) (Burien) 206-242-8280

[Seattle Children's Hospital & Regional Medical Center](#): 206-987-2000

- [Children's Bellevue](#): 425-454-6444

- [Children's Federal Way](#): 253-838-5878

[Seattle Indian Health Board](#) 206-324-9360

[South Seattle Family Medicine](#) (Tukwila) 206-246-2886

[Therapeutic Health Services](#) (pregnant women w/chemical dependency)

- Central Youth and Family Services 206-322-7676
- Eastside Branch 425-747-7892
- Rainier Branch 206-723-1980
- Seneca Branch 206-323-0934
- Shoreline Branch 206-546-9766
- Snohomish/Everette Branch 425-347-5121
- Summit Branch 206-323-0930

[VA Puget Sound Health Care System](#) 206-762-1010 or 1-800-329-8387

[Vashon Health Center](#) 206-463-3671

[Washington Breast and Cervical Health Program \(WBCHP\)](#) 206-285-6355

[Washington Colon Health Program \(WCHP\)](#) 206-285-6355

[West Seattle Family Medicine](#) 206-933-1041

HEALTH SERVICES: Mental or Behavioral

[24 Hour Crisis Line](#) 206-461-3222 or 1-866-4-CRISIS (1-866-427-4747)

[Atlantic Street Center Counseling Services](#) (youth, also) 206-329-2050

Community Resources for King County, Washington - Compiled by 4People.org

Auburn Youth Resources (children, youth, families):

- [Auburn](#) 253-929-2202

- [Enumclaw](#) 360-825-4586

[Highline Geriatric Psychiatry Clinic](#) 206-248-4585

[Jewish Family Services](#) 206-861-3152

[King County Mental Health Services](#) 206-263-9000

[Northwest ADHD Behavioral Medicine](#) 425-821-9730

[Renton Area Youth and Family Services \(RAYS\)](#) 206-722-2050

[Ruth Dykeman Children's Center](#) 206-242-1698

[Ryther Child Center](#) 206-517-0260

[Seamar Behavioral Health](#) 206-766-6976 (for all locations)

[Seattle Children's Psychiatry & Behavioral Medicine](#) 206-987-2164

[Seattle Counseling Service](#) (for Lesbian, Gay, Bisexual, Transgender) 206-323-1768

[Seattle Indian Health Board](#) 206-324-9360

[Sound Mental Health](#) (formerly Seattle Mental Health) 206-302-2200 or TTY 206-302-2209

[Southwest Mental Health Ministry](#) 425-204-0111

[Support, Advocacy, Growth and Employment \(SAGE\)](#) 206-464-6454

[Therapeutic Health Services:](#)

- Eastside Branch 425-747-7892

- Rainier Branch 206-723-1980

- Seneca Branch 206-323-0934

- Shoreline Branch 206-546-9766

- Snohomish/Everette Branch 425-347-5121

- Summit Branch 206-323-0930

- Youth and Family Services Seattle 206-322-7676

- Youth & Family Services Everett 425-263-3006

- Youth & Family Services Kent 253-681-0010

[VA Puget Sound Health Care System](#) 206-762-1010 or 1-800-329-8387

HEALTH SERVICES: Substance Abuse

Auburn Youth Resources (children, youth, families):

- [Auburn](#) 253-929-2202

- [Enumclaw](#) 360-825-4586

[King County Mental Health, Chemical Dependency & Abuse Division](#) 206-263-9000

[Recovery Centers of King County](#) 206-322-2970

[Renton Area Youth and Family Services \(RAYS\)](#) 206-722-2050

[Seamar Behavioral Health](#) 206-766-6976

[Seattle Counseling Service](#) (for Lesbian, Gay, Bisexual, Transgender) 206-323-1768

[Seattle Indian Health Board](#) 206-324-9360

[Therapeutic Health Services:](#)

- Eastside Branch 425-747-7892

- Rainier Branch 206-723-1980

- Seneca Branch 206-323-0934

- Shoreline Branch 206-546-9766

- Snohomish/Everette Branch 425-347-5121

- Summit Branch 206-323-0930

- Youth & Family Services Everett 425-263-3006

- Youth & Family Services Kent 253-681-0010

Community Resources for King County, Washington - Compiled by 4People.org

- Youth & Family Services Seattle 206-322-7676

Union Gospel Mission Recovery Programs:

- New Visions (Men) 206-322-6801

- Riverton Place (Men, Men with children) 206-242-5585

- The Oaks (women) 206-628-2008

VA Puget Sound Health Care System 206-762-1010 or 1-800-329-8387

HOME CARE SERVICES & MEDICAL EQUIPMENT

Adaptive Installations 206-762-1969 or 800-765-1969

A & H Home Medical (A & H Pharmacy) 253-850-9129

Alliance Nursing 425-483-3303 or 1-800-473-3303

Apria Health 206-467-1827

Bridge Disability Ministries 425-885-1006

Byram Healthcare 1-877-902-9726

Care Medical 206-547-2200 or 1-800-869-7172

Children's Hospital Home Care Services: 425-482-4000

Community Home Care 206-384-4539

Home Care Associates 206-861-3193

Medical Supply, Inc 800-506-1116

Nationwide Enteral Supply 253-872-3460 or 1-800-335-4434

New Care Concepts 206-789-9054 or 1-800-635-6480

Olympic Pharmacy 253-858-9941

PMSI (Pacific Mothers Support, Inc) 425-462-0577 or 800-578-2260

Professional Medical Corp 206-366-9543 or 1-800-741-3996

Provail 206-363-7303 or 1-888-810-0745

Shield Healthcare 206-575-7837 or 1-800-720-7440

Soundview Medical Supply (Medicaid approved) 206-286-3100 or 1-800-845-4925

Synergy Home Health Care 425-462-5300

Walgreen's (absorbed Option Care) 1-800-277-5805

Wheelchairs Northwest 425-646-4601

With a Little Help (home care for seniors) 206-352-7399

HOUSING RESOURCES

Click **HERE** for online version

Click **HERE** for printable version

INFORMATION, SUPPORT OR ADVOCACY

211 - United Way of King County 206-461-3700

Access for Autistic Youth

Adolescent Health Transition Project 206-685-1358

Alcoholics Anonymous - Eastside Intergroup 425-454-9192

Alcoholics Anonymous - Greater Seattle 206-587-2838

Alliance of People with Disabilities

- Redmond 425-558-0993 or 1-800-216-3335

- Seattle 206-545-7055 or 1-866-545-7055

Answers for Special Kids (ASK) Resource Line: 800-322-2588

ARC of King County: 206-364-6337 or 1-877-964-0600

Area Agency on Aging & Disabilities

Community Resources for King County, Washington - Compiled by [4People.org](#)

[Ashley House](#) (medically fragile children)

- Enumclaw 360-825-6525

- Kent 253-941-0947

[Center for Children with Special Needs](#)

[CHADD \(Children & Adults with ADHD\)](#) 206-622-2127

[Child Care Resources of King County](#)

- East King County/Redmond, 16315 NE 87th St., Building B, Redmond, WA 98052

- Seattle/North King County, 1225 South Weller, Suite 300, Seattle, WA 98144

- South King County/Kent, 232 2nd Ave S, Suite 104, Kent, WA 98032

[Child Protective Services](#) 1-866-363-4276

[Childhaven Crisis Nursery](#) 206-328-5437

[Children and Youth Services Counseling](#) 206-861-3152

[Community Health Access Program \(CHAP\)](#) 206-284-0331 or 1-800-756-5437

[Community Support Solutions](#) 425-672-8787 or 1-888-819-8787

[Downtown Emergency Service Center \(Help for homeless\)](#) 206-464-1570

[Encopresis Treatment Center](#) – Edmonds 425-640-3227

[F.E.A.T. of Washington](#) (Families for Effective Autism Treatment) 425-223-5126

[Family Resource Coordinators for Birth to Three](#) 206-284-0331 or 1-800-756-5437

[Family-to-Family Education Program \(NAMI Seattle\)](#) 206-783-9264

[Father's Network](#) 425-653-4286

[Head Start Programs](#) (Find head start/early head start near you)

[Hope Link](#) 1-800-923-7433

[Learning Disabilities Association of Washington](#) 425-882-0792

[NAMI Seattle](#) 1-800-782-9264

[National Dissemination Center for Children & Youth with Disabilities](#) 1-800-695-0285

[New Creations Recovery Program \(Seattle's Union Gospel Mission\)](#) 206-622-5177

[New Visions Recovery Program \(Seattle's Union Gospel Mission\)](#) 206-622-5177

[Northwest Network of Bisexual, Trans, Lesbian and Gay Survivors of Abuse](#) 206-568-7777

[Office of Family & Children's Ombudsman](#) 206-439-3870 or 1-800-571-7321

[ParentHelp123](#)

[Riverton Place Recovery Program \(Seattle's Union Gospel Mission\)](#) 206-242-5585

[Seattle Association for Jews with Disabilities \(SAJD\)](#) 206-709-8229

[Seattle PFLAG](#) 206-325-7724

[Solid Ground](#) 206-694-6700

[The Oaks Recovery Program \(Seattle's Union Gospel Mission\)](#) 206-242-5585

[Washington P.A.V.E.](#): 1-800-572-7368

[Washington State Medical Home Website](#) 206-625-1279

LEGAL SERVICES

[Asian Counseling and Referral](#) 206-695-7639

Asian Pacific American Legal Clinic 206-695-7639

Bilingual Spanish Legal Clinic (Senior Services), 2208 2nd Ave, Seattle, WA 98121 (Wed 5:30-7:30 PM)

Cross Cultural Family Law Clinic 206-464-1519 ext 232 (referrals by agency only)

Domestic Violence Family Law 206-783-2848

[Domestic Violence Protection Order](#)

- Seattle 206-296-9547

- Kent 206-205-7406

DSHS Office of Support Enforcement 206-341-7000

Community Resources for King County, Washington - Compiled by 4People.org

[Eastside Legal Assistance Program](#) 425-747-7274

Elder Law 206-448-5720

[Family Court Services](#)

- Seattle 206-296-9400 or 206-205-5048 TTY

- Kent 253-205-2521 or 206-205-2655 TTY

[Family Law Facilitators](#)

- Seattle 206-296-9092

- Kent 253-205-2526

GLBT Legal Clinic 206-235-7235

Immigration Clinic 206-587-4009

International District Legal Clinic 206-624-5633 ext 4111

[King County Bar Association Lawyer Referral Service](#) 206-267-7010

[King County Law Library](#) 206-267-7070

[King County Office of Judicial Administration \(Clerk's Office\)](#)

- Seattle 206-296-9300

- Kent 253-205-8448

[Neighborhood Legal Clinics](#) 206-267-7070 (call Mon-Thur, 9am-12pm for appt)

Korean Legal Clinic 425-776-2400

Middle Eastern Legal Clinic 206-464-0424

Nonprofit Assistance Center 206-324-5850

[Northwest Immigrant Rights Project](#) 206-587-4009 or 1-800-445-5771

[Northwest Justice Project – CLEAR](#) (civil cases only) 211

[Northwest Women's Law Center](#) 206-621-7691 or 1-866-259-7720

[Senior Rights Assistance](#) 206-448-5720 or 1-800-972-9990

[Union Gospel Mission Open Door Legal Services](#) 206-682-4642

[Washington Courts/Domestic Violence Forms](#)

[Washington Law Help](#)

Urban Indian Legal Clinic 206-381-9590

RECREATION

[Boys & Girls Clubs of King County](#) 206-436-1800:

- [Bainbridge Island](#) 206-855-8486

- [Ballard Club](#) 206-436-1870

- [Way](#) 253-681-6510

- [Kirkland](#) 425-827-0132

- [Mercer Island](#) 206-232-4548

- [North Seattle](#) 206-436-1850

- [Rainier Vista](#) 206-436-1890

- [Redmond/Sammamish](#) 425-836-9295

- [Renton/Skyway](#) 206-436-1920

- [Rotary \(Seattle\)](#) 206-436-1880

- [Southwest \(Seattle\)](#) 206-436-1910

- [Wallingford \(Seattle\)](#) 206-436-1930

[Little Bit Riders](#) 425-882-1554

[Special Olympics](#) 206-362-4949

[YMCA of Greater Seattle](#) 206-382-5000:

- [Auburn Valley](#) 253-833-2770

- [Bellevue](#) 425-746-9900

Community Resources for King County, Washington - Compiled by 4People.org

- [Coal Creek](#) 425-282-1500
- [Dale Turner Family](#) 206-363-0446
- [Downtown Seattle](#) 206-382-5000
- [Fauntleroy & West Seattle](#) 206-935-6000
- [Meredith Matthews East Madison](#) 206-322-6969
- [Metrocenter](#) 206-382-5013
- [Northshore](#) 425-485-9797
- [Sammamish Family](#) 425-391-4840
- [Snoqualamie Valley](#) 425-647-1184
- [University Family](#) 206-524-1400
- [University Street Ministry \(youth\)](#) 206-522-4366

RE-ENTRY OFFENDER RESOURCES

[Online](#) (Excel spreadsheet)

[Printable](#) (PDF file)

SENIORS

[Aging & Disability Services \(ADS\):](#)

- Seattle 206-684-0660 or 206-684-0702 TTY
- South King 206-615-1855 or 206-615-1954 TTY

[Area Agency on Aging & Disabilities \(ADS\):](#)

- Seattle 206-684-0660 or 206-684-0702 TTY
- South King 206-615-1855 or 206-615-1954 TTY

[Bellevue Senior Health Center](#) 425-688-5234

[DART \(Dial-a-Ride Transit\)](#) 1-866-261-DART(3278) or 1-800-246-1646 TTY

[ElderHealth Northwest](#) 206-467-7033

[Highline Geriatric Psychiatry Clinic](#) 206-248-4585

[Mayor's Office for Senior Citizens](#) 206-684-0639

[Meals on Wheels](#) 206-448-5767 or 1-888-308-6325

[National Asian Pacific Center on Aging](#) (Chinese) 1-800-582-4218, (Korean) 1-800-582-4259, (Vietnamese) 1-800-582-4336, (English) 1-800-336-2722

Neighborhood Legal Clinics - Elder Law Clinic 206-448-5720

[Seattle Housing Authority – Low Income Senior Housing](#) 206-615-3351

Senior Centers:

- [Des Moines Senior Center](#) 206-878-1642
- [Federal Way Senior Center](#) 253-838-3604
- [Greenwood Senior Center](#) 206-297-0875
- [Northshore Senior Centers](#) 425-487-2441
- [NW Senior Center](#) 206-297-0403
- [Pike Market Senior Center & Food Bank](#) 206-728-2773
- [Senior Center of West Seattle](#) 206-932-4044 or 206-448-5025 TTY
- [Southeast Seattle Senior Center](#) 206-722-0317
- [Wallingford Community Senior Center](#) 206-461-7825

[Senior Housing Assistance Group](#) 1-888-450-7424

[Senior Rights Legal Assistance](#) 206-448-5720 or 1-800-972-9990

[Senior Services of Seattle-King County](#) 206-448-3110 or 1-888-435-3377 or 1-888-4-ELDERS

[VA Puget Sound Health Care System](#) 206-762-1010 or 1-800-329-8387

TECHNOLOGY PROGRAMS, INTERNET ACCESS, LITERACY & VITAL CONTENT

Click [HERE](#) for the list

TRANSPORTATION

[DART \(Dial-a-Ride Transit\)](#) 1-866-261-DART(3278) or 1-800-246-1646 TTY

[Metro transit](#) 206-553-3000 or 206-684-1739 TTY

UTILITIES, TELEPHONE & CELL PHONE

[Assurance Wireless](#) (free for low income) 1-888-898-4888

[AT&T Wireless Lifeline Service](#) 1-800-377-9450

[CAMP Seattle](#) (energy assistance) 1-800-348-7144

[City of Seattle Utility Assistance](#) 206-684-0268

[Kent Food Bank & Emergency Services](#) (one-time utility assistance) 253-520-3550

[North Helpline \(utility assistance\)](#) 206-367-3477

[Safelink Wireless](#) (free for low income) 1-800-723-3546

[Washington Telephone Access Program](#)

VETERANS SERVICES

[County Veterans Coalition](#)

[King County Veterans Program/a>](#)

- [Auburn/Renton 206-205-3211](#)

- [Seattle 206-296-7567](#)

[VA Puget Sound Health Care System](#) 206-762-1010 or 1-800-329-8387

[Vet's Edge Homeless Outreach](#) 206-579-2205

Veteran's Service Organizations (VSO):

[African American PTSD Association:](#)

- VARO Office, Seattle, 206-220-4505

[American Legion:](#)

- [Post 1, Seattle](#), 206-623-5967

- Post 11, Seattle, 206-364-7054

- [Post 15, Kent](#), 206-898-6368

- [Post 19, Renton](#), 425-228-3764

- Post 40, Ballard, 206-365-1539

- [Post 78, Auburn](#), 253-939-5789

- [Post 79, Snoqualmie](#), 425-830-7900

- Post 123, Magnolia, 206-285-6288

- Post 124, Seattle, 206-364-8775

- [Post 127, Bothell-Woodinville](#), 425-402-0747

- [Post 134, Burien](#), 206-439-0774

- [Post 138, University Place](#), 253-460-1105

- Post 139, Seattle, 206-722-4997

- Post 159, Vashon Island, 206-463-5253

- Post 160, West Seattle, 206-935-9407

- [Post 161, Redmond](#), 425-883-0161

- Post 170, Seattle, 206-283-1674

- Post 186, Seattle, 206-722-7036

- [Post 199, Carnation](#), 425-333-6792

- Post 224, Acme, 360-595-2156

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- [Post 227, Shoreline](#), 425-640-7866
- [Post 232, Federal Way](#), 253-941-7939
- [Post 235, Tukwila](#), 206-246-9787
- [Post 239, Bellevue](#), 425-455-2188

AMVETS:

- Post 3, Seattle, 206-364-7054

Disabled American Veterans (DAV):

- Chapter 2, Seattle, 206-522-2632
- Chapter 23, Seattle, 206-937-7752
- Chapter 33, Kent, 425-277-0627
- Chapter 35, Seattle, 360-651-8266
- Chapter 43, Bellevue, 425-454-5650

Marine Corps League:

- [Detachment 336, Seattle](#), 425-440-9506
- Detachment 989, Enumclaw, 360-825-3096

National Association for Black Veterans, Inc:

- Seattle Chapter, Seattle, 206-322-2618

Veterans of Foreign Wars (VFW):

- [Post 1263, Renton](#), 425-255-9010
- [Post 1949, Enumclaw](#), 360-825-4722
- Post 2289, Seattle, 206-721-3146
- [Post 2713, Seattle](#), 206-935-4352
- Post 2826, Vashon, 206-463-9549
- Post 2886, Federal Way, 206-838-3364
- [Post 2995, Redmond](#), 425-883-2995
- [Post 3063, Seattle](#), 206-782-8618
- Post 3348, Seattle, 206-364-6433
- Post 3436, Issaquah, 425-392-8256
- Post 4137, Seattle, 206-522-3088
- Post 6599, Seattle, 206-722-6554
- [Post 6785 Kent-Meridian](#)
- [Post 9430, Seattle](#), 206-772-9982

Vietnam Veterans of America

- [Chapter 102, Seattle](#), 206-283-8991

YOUTH GROUPS & SERVICES

[45th Street Homeless Youth Clinic](#) 206-633-3350

[Atlantic Street Center Youth Services](#) 206-723-4073

Auburn Youth Resources:

- Auburn Counseling Services 253-939-2202
- Auburn Substance Abuse Services 253-939-6946
- Enumclaw Counseling Services 253-939-2202
- Enumclaw Youth Drop-in Center 360-825-4586
- Runaway & Homeless Outreach Services 253-394-0276
- South King County Youth Shelter 253-735-3582

Boys & Girls Clubs of King County 206-436-1800:

- [Bainbridge Island](#) 206-855-8486
- [Ballard Club](#) 206-436-1870

Community Resources for King County, Washington - Compiled by 4People.org

- [Way](#) 253-681-6510
- [Kirkland](#) 425-827-0132
- [Mercer Island](#) 206-232-4548
- [North Seattle](#) 206-436-1850
- [Rainier Vista](#) 206-436-1890
- [Redmond/Sammamish](#) 425-836-9295
- [Renton/Skyway](#) 206-436-1920
- [Rotary \(Seattle\)](#) 206-436-1880
- [Southwest \(Seattle\)](#) 206-436-1910
- [Wallingford \(Seattle\)](#) 206-436-1930
- [Boy Scouts – Chief Seattle Council](#) 206-725-5200
- [Camp Fire USA – Central Puget Sound](#) 206-461-8550 or 1-800-451-CAMP
- [Catholic Community Services, University District Youth Center](#) 206-526-2992
- [Central Area Youth Association](#) 206-322-6640
- [Community for Youth](#) (dropout prevention) 206-325-8480
- [Country Doctor Homeless Youth Clinic](#) (ages 12 - 23) 206-299-1600 ext 7
- [EX3 Ron Sandwith Teen Center](#) 253-681-6500
- [Girl Scouts of Western Washington](#) 1-800-767-6845
- [Homeless Youth Clinic \(Neighborcare Health\)](#) 206-633-7650
- [Kirkland Teen Union Building](#) 425-822-3088
- [Lambert House \(gay, lesbian, bi, transgender\)](#) 206-322-2515
- [Neighborcare Health 45th Street Homeless Youth Clinic](#) 206-633-3350
- [Peace for the Streets by Kids from the Streets](#) 206-726-8500
- [SDK Bridge - Red Llama Technology Project](#) 206-973-7526
- [Seattle Youth Garden Works](#) 206-632-0352
- Street Outreach Services: 206-625-0854 ext 107
- [Street Youth Ministries](#) (recreation & sports) 206-524-7301 ext 186
- [Teenhope](#) (shelter) 206-546-1010
- [Teen Feed](#) 206-522-4366
- [Teen Internships](#) 206-344-3310
- [Teen Link \(crisis line\)](#) 206-461-4922 or 1-866-TEENLINK
- [Tutor Hunt](#)
- [University District Youth Center](#) 206-526-2992
- [University Street Ministry \(youth\)](#) 206-522-4366
- [YMCA of Greater Seattle](#) 206-382-5000
- [Auburn Valley](#) 253-833-2770
- [Bellevue](#) 425-746-9900
- [Coal Creek](#) 425-282-1500
- [Dale Turner Family](#) 206-363-0446
- [Downtown Seattle](#) 206-382-5000
- [Fauntleroy & West Seattle](#) 206-935-6000
- [Meredith Matthews East Madison](#) 206-322-6969
- [Metrocenter](#) 206-382-5013
- [Northshore](#) 425-485-9797
- [Sammamish Family](#) 425-391-4840
- [Snoqualamie Valley](#) 425-647-1184
- [University Family](#) 206-524-1400

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[Youthcare](#) (drop-in center, shelter, housing) 206-694-4500 or 1-800-833-6388

[YWCA Of Seattle/King County Snohomish County](#): 206-633-7901

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