

## **Community Resources for Island County, Washington - Compiled by [4People.org](http://4People.org)**

**Updated 12/17/10**

### **CRISIS**

*For emergency dial 911, or from cell phone 112*

[American Red Cross - The Islands Chapter](#) 360-675-2912

[Citizens Against Domestic Abuse & Sexual Assault](#) 360-675-2332

[Crisis Line \(VOA\)](#) 1-800-584-3578

[Island County Dept of Emergency Management:](#)

- Camano Island 360-629-4523 ext 7370

- North Whidbey Island 360-679-7370

- South Whidbey Island 360-321-5112 ext 7370

### **CASE MANAGMENT**

[Area Agency on Aging – Northwest Regional Council](#) 360-676-6749 or 1-800-585-6749

Catholic Community Services NW 360-679-1502

[DSHS Dept of Social & Health Services](#) 1-800-735-7037

[DSHS Aging & Disability:](#) 1-800-326-1247

[DSHS Division of Developmental Disabilities](#) 360-240-4729 or 1-877-890-2631

[DSHS Division of Vocational Rehab](#) 360-240-4736 or 1-800-745-5960 Voice/TTY

[ESD In School Homeless Youth Liaisons:](#)

- [Coupeville School District](#) 360-678-4551 ext 236 or 360-678-4409 ext 3027

- [Oak Harbor School District](#) 360-279-5011

- [South Whidbey School District](#) 360-279-5072

Island County Program Services ([The Opportunity Council](#)) 360-679-6577

[Island County Public Health](#) 360-679-7350

[Northwest Regional Council Area Agency on Aging](#) 360-676-6749 or 1-800-585-6749

[North Whidbey Help House](#) 360-675-0681

[Offenders Employment Resources:](#)

- [DSHS Division of Vocational Rehab](#) 360-240-4736 or 1-800-745-5960 Voice/TTY

- Northwest Workforce Development Council 360-676-3206

[Navy Fleet and Family Support Center](#) 360-257-6289 or 1-866-854-0638

[Senior Services of Island County:](#)

- Camano Island 360-387-6201

- North Whidbey Island 360-279-4580

- South Whidbey Island 360-321-1600

[Stanwood Camano Community Resource Center](#) 360-629-5257

Tenant Based Rental Assistance [The Opportunity Council \(CAC\)](#) (homeless) 360-679-6577 or 1-800-317-5427

Transitional Housing, Operating & Rent assistance ([Housing Authority of Island County](#)) 360-678-4181

[Washington State Dept of Veterans Affairs](#) 1-800-562-2308

### **CHILD CARE OR RESPITE CARE**

[ARCH National Resource Center for Respite & Crisis Care](#) 1-800-473-1727

[Child Care Resource & Referral, Opportunity Council](#) 360-734-8396 ext 227 or 1-888-444-1862 ext 227

[Harbor Haven Crisis & Respite Childcare Center](#) 360-678-4840 or 1-888-678-4840

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[Navy Region Northwest Child Development Centers](#) 1-888-463-6697

[South Whidbey Children's Center](#) 360-221-4499

Success by Six (childcare support) – United Way, Oak Harbor: 360-675-5157

Working Connections Childcare Program, DSHS 360-240-4700 or 1-877-501-223

**CHILD DEVELOPMENT, SERVICES & PROGRAMS**

ECEAP 360-679-5347

Family Resource Coordinator 360-679-1039 or 360-678-1866

[Infant/Toddler Early Intervention Program \(ITEIP\)](#) 360-734-8396 ext 229

[Navy Region Northwest Child Development Centers](#) 1-888-463-6697

[Skagit/Islands Head Start:](#)

- North Whidbey 360-279-5052

- Oak Harbor 360-679-4784

- South Whidbey 360-221-8186

[South Whidbey Children's Center](#) 360-221-4499

Toddler Learning Center 360-679-1039

**CLOTHING, FURNITURE & HOUSEWARES**

Community Thrift Store, Freeland 360-331-5701

[Good Cheer Food Bank & Thrift Store](#) 360-221-6454

[Habitat for Humanity Furniture Store](#) 360-675-8733

Island Thrift, Oak Harbor 360-675-1133

[My Father's House Community Thrift Store](#) 360-682-6594

New Beginnings (Coupeville) 360-678-0537

[NMCRS Whidbey Island Thrift Store](#) 360-257-2728

[North Whidbey Help House](#) 360-675-0681

Oak Harbor Thrift Plus 360-675-0975

Second Chance Home Furnishings (Freeland) 360-331-5867

Standwood-Camano Food Bank Thrift Store 360-629-6646

Teen Unlimited (Langley) 360-221-8901

[WAIF Thrift Shop](#)

- Freeland 360-331-2818

- Oak Harbor 360-279-9504

**DOCUMENT REPLACEMENT, SCHOOL SUPPLIES, QUALITY OF LIFE**

Island County Program Services ([The Opportunity Council](#)): 360-679-6577

**EDUCATION: School Districts, Special Ed**

[Coupeville School District](#) 360-678-4522

[ESD 189](#) 360-299-4000

ESD 189 School Nurse Supervisor 360-299-4013

[Oak Harbor School District](#) 360-279-5006

Outreach School 360-679-5835

[Sno-Isle Vocational Skills Center](#) 425-348-2220

[South Whidbey School District](#) 360-221-6100

**EDUCATION: Head Start, ECEAP**

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Early Childhood Educational Assistance Program (ECEAP):

- Whidbey Island 360-679-5347

- North Whidbey Island 360-679-5348

[Infant/Toddler Early Intervention Program \(ITEIP\)](#) 360-734-8396 ext. 229

[Navy Region Northwest Child Development Centers](#) 1-888-463-6697

[Skagit/Islands Head Start:](#)

- North Whidbey 360-279-5052

- Oak Harbor 360-679-4784

- South Whidbey 360-221-8186

Toddler Learning Center 360-679-1039

### **EDUCATION: Colleges, Trade and Technical Schools**

[Brandman University - Whidbey Island](#) 1-800-581-4100

[Embry Riddle Aeronautical University](#) 360-279-0959

Lesley College 360-679-1945

[Skagit Valley College, South Whidbey \(Clinton\) Center](#) 360-341-2324

[Skagit Valley College, Whidbey \(Oak Harbor\) Campus](#) 360-675-6656

[Sno-Isle Vocational Skills Center](#) 425-348-2220

[WSU Extension - Island County](#) 360-679-7327

### **EDUCATION & SUPPORT FOR PARENTS**

Becoming a Love & Logic Parent, (CCS) 360-679-4036

Island County Parent Resource Center 360-240-5554

[MOPS Mothers of Preschool Children](#) (Christian focus) 360-675-3845 or 360-678-1486

[Parents Trust for Washington Children](#) 1-800-932-4673

Pregnancy Aid of Whidbey Island 360-221-4767

[Pregnancy Care Center](#) 360-675-2096

[Stanwood Camano Community Resource Center](#) 360-629-5257

### **EMPLOYMENT**

Island Employment Services 360-678-7026

Job Bank 360-321-1600

[Kelly Services](#) 1-877-535-5907

[Labor Ready](#) 360-675-4026

[New Leaf](#) 360-675-1989

[Offenders Employment Resources](#)

- [DSHS Division of Vocational Rehab](#) 360-240-4736 or 1-800-745-5960 Voice/TTY

- Northwest Workforce Development Council 360-676-3206

[WorkSource](#): 360-675-5966 or 1-800-833-6388 TTY

### **FINANCIAL ASSISTANCE**

[DSHS Dept of Social & Health Services](#) 360-240-4700 or 1-877-501-2233

[Stanwood Camano Community Resource Center](#) 360-629-5257

Supplemental Security Income (SSI) (For the disabled through [Social Security](#)): 1-800-772-1213

### **FOOD ASSISTANCE & NUTRITION**

[Good Cheer Food Bank & Thrift Store](#) 360-221-6454

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[Meals on Wheels \(SSIC\)](#) 360-321-1600 or 360-678-3373

[North Whidbey Help House](#) 360-675-0681

Standwood-Camano Food Bank Thrift Store 360-629-6646

[WIC - Women, Infants, Children](#)

- Camano Island 360-387-0184

- Navy only 360-257-8049

- North Whidbey 360-240-5554 ext 41

- South Whidbey 360-221-8490

**HEALTH INSURANCE or ACCESS TO CARE**

Friends of Friends (South Whidbey medical relief fund) 360-730-7915

[Medicare](#) (seniors, disabled) 1-800-633-4227 or TTY 1-877-486-2048

[Washington Apple Health for Kids](#) 1-877-543-7669

[Washington Basic Health Plan](#) 1-800-660-9840

[Washington Prescription Drug Program](#) 206-521-2027

[Washington State Insurance Commissioner](#) (Info about insurance) 1-800-562-6900

**HEALTH SERVICES: Medical, Dental**

[ABCD – Access to Baby and Child Dentistry](#)

- Camano Island 360-387-0184

- North Whidbey & Coupeville 360-679-7351

- South Whidbey 360-221-8480

[Camano Community Healthcare Center](#) 360-387-5398

[Children's Hospital & Regional Medical Center](#): 1-866-987-2000

[Children with Special Health Care Needs \(CSHCN\)](#) 360-221-8482

[Fetal Alcohol Syndrome](#) Hotline 206-526-2522

[Island County Public Health](#)

- Camano 360-387-0184

- Coupeville 360-679-7350

- Langley 360-221-8880

- Oak Harbor 360-240-5554

[North Whidbey Community Clinic](#) 360-679-5590

[Providence Healthcare Clinic](#) (Everett) 425-317-0300

[Providence Regional Medical Center](#) (Everett) 425-261-2000

[Skagit Valley Hospital](#) 360-424-4111

[South Whidbey Community Clinic](#) 360-341-5252

[University of Washington CHDD](#), Seattle 206-685-1242

[Whidbey General Hospital](#) 360-678-5151 or 360-321-5151 or 1-800-903-2345

**HEALTH SERVICES: Mental or Behavioral**

[Crisis Line \(VOA\)](#) 1-800-584-3578

Camano Mental Health 360-629-5813

Catholic Community Services (CCS) 1-888-280-8493 or 360-679-1502

[Compass Mental Health \(Coupeville\)](#) 360-678-5555

[Edgework Crisis Intervention Services](#) 206-781-3588

[Island Mental Health](#) 360-678-5555

[North Sound RSN](#) 1-888-693-7200

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Skagit County Mental Health 360-416-7099

### **HEALTH SERVICES: Substance Abuse**

Alcoholics Anonymous 360-279-9406

Crosby Center West, Freeland 360-331-4010

Inland Assessment and Counseling Center 360-675-5782

[Narcotics Anonymous](#) 1-877-789-0819

### **HOME CARE SERVICES & MEDICAL EQUIPMENT**

[APRIA](#) 1-800-531-1818

[Home Health Care & Hospice of Whidbey General Hospital](#) 360-678-7605 or 360-321-6659

[Island Home Nursing](#) 360-678-4090 or 360-331-7441

[Lincare](#) 360-671-3813

[Maxim Healthcare Services, Inc](#) 206-527-1911

[New Care Concepts, Inc](#) 206-789-9054 or 1-800-635-6480

Option Care Enterprises 360-733-7799

Providence Home Services 425-261-4800

[Visiting Nurse Personal Home Care](#) 360-734-9662 or 1-800-551-1510

[Whidbey General Hospital Home Health Care & Hospice](#) 360-678-7605 or 360-321-6659

[Whidbey Home Medical & Oxygen Supplies](#) 360-679-7927 or 1-866-344-7045

### **HOUSING**

Housing assistance: [Housing Authority of Island County](#): 360-678-4181

[Housing Authority of Island County](#) 360-678-4181

[Opportunity Council](#) 360-679-6577 or 1-800-317-5427

Self Help Housing (Mt Vernon) 1-888-360-0223

Washington State Low Income Housing 1-800-964-0852

[WISH - Whidbey Island Share a Home](#) 360-331-5910 or 1-800-864-7549

### **HOUSING: Emergency, Homeless**

Helping Hand 360-221-7777

[Opportunity Council](#) 360-679-6577 or 1-800-317-5427

### **HOUSING: Senior**

Cam-Bey Apartments 360-678-4886>

### **HOUSING: Transitive/Supportive**

[Oxford Houses of Washington](#) 1-800-562-1240

Wisteria House 360-675-7347

### **INFORMATION, SUPPORT OR ADVOCACY**

Alcoholics Anonymous 360-279-9406

Answers for Special Kids (ASK) Resource line (Statewide-info about providers/programs) 1-800-322-2588

Autism Support Group 360-679-1995

Care Crisis Line 1-800- 584-3578

Community Services for the Blind 1-800-458-4888 or 206-525-5556

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Compassionate Friends (grief support) 360-675-6424  
[DSHS Division of Developmental Disabilities](#) 1-800-788-2053 or 360-240-4726  
[Fathers Network](#) 360-679-7350 x 5540 (day) 360-678-0559 (eve)  
Friends of Friends Medical Relief Fund 360-730-7915  
[Hearing, Speech & Deafness Center](#) 360-647-8508 1-800-647-0910  
Helping Hand 360-221-7777  
[La Leche League of Oak Harbor](#) 360-679-3562 or 360-929-8810  
[Learning Disabilities Association of Washington](#) 1-800-536-2343  
NAMI Whidbey Island 360-675-7358  
[Narcotics Anonymous](#) 1-877-789-0819  
[Navy Life Pacific Northwest website](#)  
[New Leaf](#) 360-675-1989  
[Parent to Parent](#) 360-679-5358  
[ParentHelp123](#) 1-800-322-2588  
[Senior Information & Assistance \(SSIC\)](#)  
- Camano Island 360-387-6201  
- North Whidbey Island 360-279-4580  
- South Whidbey Island 360-321-1600  
Service Alternatives for Washington 360-678-0956  
[Washington P.A.V.E.](#) (support/help with schools) 1-800-572-7368  
Whidbey Island Alliance for the Mentally Ill 360-675-7358

### **LEGAL SERVICES**

[Northwest Justice Project](#)  
- CLEAR 1-888-201-1014  
- CLEAR\*Sr (60-plus, any income) 1-888-387-7111  
[Volunteer Lawyer Program of Island County](#) 360-675-4750

### **RECREATION**

[FETCH!\(Langley\)](#) 360-321-4049  
HOPE Therapeutic Riding Program: 360-331-7131  
[Special Olympics](#) 1-800-752-7559  
[YMCA Whidbey Island](#) 360-675-2771

### **SENIORS**

[Adult Day Services \(Oak Harbor Senior Center\)](#) 360-279-4592  
[Area Agency on Aging – Northwest Regional Council](#) 360-676-6749 or 1-800-585-6749  
[Camano Senior Center](#) 360-387-0222  
Cam-Bey Senior Apartments 360-678-4886  
[Congregate Meals](#) 360-321-1600  
[Information & Assistance \(SSIC\)](#)  
- Camano Island 360-387-6201  
- North Whidbey Island 360-279-4580  
- South Whidbey Island 360-321-1600  
[Meals on Wheels \(SSIC\)](#) 360-321-1600 or 360-678-3373  
[Northwest Justice Project - CLEAR\\*Sr](#) 1-888-387-7111  
[Northwest Regional Council Area Agency on Aging](#) 360-676-6749 or 1-800-585-6749

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[Oak Harbor Senior Center](#) 360-279-4580

Senior Centers

- [Bayview Senior Center \(South Whidbey Island\)](#) 360-321-1600
- [Camano Senior & Community Center](#) 360-387-0222
- [Oak Harbor Senior Center \(North Whidbey Island\)](#) 360-279-4580

[Senior Services of Island County](#)

- Camano Island 360-387-6201
- North Whidbey Island 360-279-4580
- South Whidbey Island 360-321-1600

[South Whidbey - Bayview Senior Center](#) 360-321-1600

Veterans Assistance Program 360-378-3356

[Washington State Department of Veterans Affairs](#) 1-800-562-2308

**TECHNOLOGY PROGRAMS, ACCESS, LITERACY & VITAL CONTENT**

[Lopez Island Family Resource Center](#) 360-468-4117

[Jack Straw Productions](#) 206-634-0919

[Sno-Isle Libraries](#) 1-877-766-4753

- [Camano Island](#) 360-387-5150
- [Coupeville](#) 360-678-4911
- [Oak Harbor](#) 360-675-5115

*See Education: Colleges, Trade and Technical Schools for more about technology programs and literacy*

**TRANSPORTATION**

[Island Transit and Paratransit](#) 360-678-7771 or 360-321-6688 or 1-800-240-8747

Medical Transportation, DSHS 1-800-735-7037 or 360-240-4700

[Senior Services of Island County](#) 360-321-1600

[SKAT – Skagit County Public Transportation](#) (connected through Island Transit) 360-757-4433

**UTILITIES & TELEPHONE**

Helping Hand 360-221-7777

[Opportunity Council](#) 360-679-6577 or 1-800-317-5427

[Stanwood Camano Community Resource Center](#) 360-629-5257

[Washington Telephone Access Program](#) 1-800-562-6150

**VETERANS SERVICES**

[County Veterans Coalition](#)

[Washington State Dept of Veterans Affairs](#) 1-800-562-2308

Veterans Assistance Program 360-378-3356

**Veteran Service Organizations (VSOs):**

[American Legion](#)

- [Post 93, East Sound](#), 360-376-4987
- [Post 163, Friday Harbor](#), 360-378-5705
- Post 185, Lopez Island, 360-468-2264

**YOUTH GROUPS & SERVICES**

[4-H of Island County](#) 360-679-7328

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[Al-Anon/Al-Ateen](#) 1-800-356-9996

[Big Brothers/Big Sisters](#) 360-279-0644

[Boy Scouts of America Mount Baker Council](#) 360-734-3940

[Central Whidbey Youth Coalition](#), Coupeville 360-678-4533

[Davis Place Teen Center \(SCCRC\)](#) 360-629-5257

[Girl Scouts](#) 360-341-2774 or 1-877-668-1673

Lions Club Children's Services:

- North Whidbey 360-675-0681

- Oak Harbor 360-675-6539

[North Whidbey Little League](#) 360-679-1522

[South Whidbey Youth Connections](#) 360-221-4142

[YMCA Whidbey Island](#) 360-675-2771

[Youth Dynamics](#) 360-679-1844

**OTHER**

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