

Community Resources for Island County, Washington - Compiled by 4People.org

Major Update 01/08/14 - Minor Update 2/21/12

CRISIS

For emergency dial 911, or from cell phone 112

[American Red Cross - The Islands Chapter](#) 360-293-2911

[Citizens Against Domestic Abuse & Sexual Assault](#) 360-675-2332 or 1-800-215-5669

[Crisis Line \(VOA\)](#) 1-800-584-3578

[Island County Dept of Emergency Management:](#)

- Camano Island 360-629-4523 ext 7370

- North Whidbey Island 360-679-7370

- South Whidbey Island 360-321-5112 ext 7370

CASE MANAGMENT

[Area Agency on Aging – Northwest Regional Council](#) 360-676-6749 or 1-800-585-6749

Catholic Community Services NW 360-679-1502

[DSHS Dept of Social & Health Services](#) 1-877-501-2233

- 275 SE Pioneer Way #201, Oak Harbor, WA 98277

[DSHS Aging & Disability](#) 1-800-326-1247

[DSHS Division of Developmental Disabilities](#) 360-240-4729 or 1-877-890-2631

[DSHS Division of Vocational Rehab](#) 360-240-4736 or 1-800-745-5960 Voice/TTY

[ESD In School Homeless Youth Liaisons:](#)

- [Coupeville School District](#) 360-678-4551 ext 236 or 360-678-4409 ext 3027

- [Oak Harbor School District](#) 360-279-5072

- [South Whidbey School District](#) 360-221-6808 ext 4602 or 4320

Island County Program Services ([The Opportunity Council](#)) 360-679-6577

[Island County Public Health](#) 360-679-7350

[Northwest Regional Council Area Agency on Aging](#) 360-676-6749 or 1-800-585-6749

[North Whidbey Help House](#) 360-675-0681

[Offenders Employment Resources:](#)

- [DSHS Division of Vocational Rehab](#) 360-240-4736 or 1-800-745-5960 Voice/TTY

- Northwest Workforce Development Council 360-676-3206

[Navy Fleet and Family Support Center](#) 1-866-854-0638

[Senior Services of Island County:](#)

- Camano Island 360-387-6201

- North Whidbey Island 360-279-4580

- South Whidbey Island 360-321-1600

[Stanwood Camano Community Resource Center](#) 360-629-5257

Tenant Based Rental Assistance ([Housing Authority of Island County](#)) 360-678-4181

[The Opportunity Council \(CAC\)](#) (homeless) 360-679-6577 or 1-800-317-5427

Transitional Housing, Operating & Rent assistance ([Housing Authority of Island County](#)) 360-678-4181

[Washington State Dept of Veterans Affairs](#) 1-800-562-2308

CHILD CARE OR RESPITE CARE

[ARCH National Resource Center for Respite & Crisis Care](#) 1-800-473-1727

[Child Care Aware of Northwest Washington](#) (look for child care) 1-800-446-1114

[Harbor Haven Crisis & Respite Childcare Center](#) 360-678-4840 or 1-888-678-4840

[Navy Region Northwest Child Development Centers](#) 1-888-463-6697

[South Whidbey Children's Center](#) 360-221-4499

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Success by Six (childcare support) – United Way, Oak Harbor 360-675-5157
Working Connections Childcare Program, DSHS 360-240-4700 or 1-877-501-223

CHILD DEVELOPMENT, SERVICES & PROGRAMS

ECEAP 360-679-5347

[Early Support for Infants & Toddlers \(ESIT, replaces ITEIP\)](#) 360-320-0595

Family Resource Coordinator 360-679-1039

[Navy Region Northwest Child Development Centers](#) 1-888-463-6697

[Skagit/Islands Head Start:](#)

- Oak Harbor 360-279-5941

- Whidbey 360-675-0596

[South Whidbey Children's Center](#) 360-221-4499

[Toddler Learning Center](#) 360-679-1039

- North Whidbey 360-679-1039

- South Whidbey 360-221-6806 ext 4420

CLOTHING, FURNITURE & HOUSEWARES

Community Thrift Store, Freeland 360-331-5701

[Good Cheer Food Bank & Thrift Store](#) 360-221-6454

[Habitat for Humanity Furniture Store](#) 360-675-8733

Island Thrift, Oak Harbor 360-675-1133

[My Father's House Community Thrift Store](#) 360-682-6594

New Beginnings (Coupeville) 360-678-0537

[North Whidbey Help House](#) 360-675-0681

Second Chance Home Furnishings (Freeland) 360-331-5867

[Standwood-Camano Food Bank Thrift Store](#) 360-629-6646

Teen Unlimited (Langley) 360-221-8901

[WAIF Thrift Shop](#)

- Freeland 360-331-2818

- Oak Harbor 360-279-9504

DOCUMENT REPLACEMENT, SCHOOL SUPPLIES, QUALITY OF LIFE

Island County Program Services ([The Opportunity Council](#)): 360-679-6577

EDUCATION: School Districts, Special Ed

[Coupeville School District](#) 360-678-4522

[ESD 189](#) 360-299-4000

[ESD 189 School Nurse Supervisor](#) 360-299-4013

[ESD 189 Special Programs](#) 360-738-6235

[Oak Harbor School District](#) 360-279-5006

[Oak Harbor School District Special Programs](#) 509-279-5069

[Sno-Isle Vocational Skills Center](#) 425-348-2220

[South Whidbey School District](#) 360-221-6100

[South Whidbey School District Special Education](#) 360-221-6808 ext 2206

[Tutor Hunt](#)

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EDUCATION: Head Start, ECEAP

Early Childhood Educational Assistance Program (ECEAP):

- Skagit/Islands 360-416-7590
- Whidbey Island 360-679-5347

[Early Support for Infants & Toddlers \(ESIT, replaces ITEIP\)](#) 360-320-0595

[Navy Region Northwest Child Development Centers](#) 1-888-463-6697

[Skagit/Islands Head Start:](#)

- Oak Harbor 360-279-5941
- Whidbey 360-675-0596

[Toddler Learning Center](#) 360-679-1039

- North Whidbey 360-679-1039
- South Whidbey 360-221-6806 ext 4420

EDUCATION: Colleges, Trade and Technical Schools

[Brandman University - Whidbey Island](#) 1-800-581-4100

[Embry Riddle Aeronautical University](#) 360-279-0959

Lesley College 360-679-1945

Skagit Valley College, South Whidbey (Clinton) Center 360-341-2324

[Skagit Valley College, Whidbey Island \(Oak Harbor\) Campus](#) 360-675-6656

[Sno-Isle Vocational Skills Center](#) 425-348-2220

[WSU Extention - Island County](#) 360-679-7327

EDUCATION & SUPPORT FOR PARENTS

Becoming a Love & Logic Parent, (CCS) 360-679-4036

Island County Parent Resource Center 360-240-5554

[MOPS Mothers of Preschool Children](#) (Christian focus) 360-675-3845 or 360-678-1486

[Parents Trust for Washington Children](#) 1-800-932-4673

[Pregnancy Care Center \(pro-life\)](#) 360-675-2096

[Stanwood Camano Community Resource Center](#) 360-629-5257

EMPLOYMENT

Island Employment Services 360-678-7026

[Kelly Services](#) 1-877-535-5907

[Labor Ready](#) 360-675-4026

[New Leaf](#) 360-675-1989

[Offenders Employment Resources](#)

- [DSHS Division of Vocational Rehab](#) 360-240-4736 or 1-800-745-5960 Voice/TTY

- Northwest Workforce Development Council 360-676-3206

[WorkSource](#) 360-675-5966 or 1-800-833-6388 TTY

FINANCIAL ASSISTANCE

[DSHS Dept of Social & Health Services](#) 1-877-501-2233

- 275 SE Pioneer Way #201, Oak Harbor, WA 98277

[Stanwood Camano Community Resource Center](#) 360-629-5257

Supplemental Security Income (SSI) (For the disabled through [Social Security](#)) 1-800-772-1213

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FOOD ASSISTANCE & NUTRITION

Food Stamps: [DSHS Dept of Social & Health Services](#) 1-877-501-2233

- 275 SE Pioneer Way #201, Oak Harbor, WA 98277

[Good Cheer Food Bank & Thrift Store](#) 360-221-6454

[Meals on Wheels \(SSIC\)](#) 360-321-1600 or 360-678-3373

[North Whidbey Help House](#) 360-675-0681

[Standwood-Camano Food Bank](#) 360-629-2789

[WIC - Women, Infants, Children:](#)

- Camano Island 360-387-0184

- Oak Harbor 360-240-5554 ext 46

- South Whidbey 360-221-8880

HEALTH INSURANCE or ACCESS TO CARE

[DSHS Dept of Social & Health Services](#) (Medicaid) 1-877-501-2233

- 275 SE Pioneer Way #201, Oak Harbor, WA 98277

[Friends of Friends Medical Support Fund](#) 360-221-4535

[Medicare](#) (seniors, disabled) 1-800-633-4227 or TTY 1-877-486-2048

[Washington Apple Health for Kids](#) 1-855-900-3066

[Washington Health Plan Finder](#) 1-855-923-4633

[Washington Prescription Drug Program](#) 206-521-2027

[Washington State Insurance Commissioner](#) (Info about insurance) 1-800-562-6900

HEALTH SERVICES: Medical, Dental

[ABCD – Access to Baby and Child Dentistry](#)

- Camano Island 360-387-0184

- North Whidbey & Coupeville 360-679-7351

- South Whidbey 360-221-8480

[Children's Hospital & Regional Medical Center:](#) 1-866-987-2000

[Children with Special Health Care Needs \(CSHCN\)](#) 360-221-8482

[Fetal Alcohol Syndrome](#) Hotline 206-526-2522

[Island County Public Health](#)

- Camano 360-387-0184

- Coupeville 360-679-7350

- Langley 360-221-8880

- Oak Harbor 360-240-5554

[North Whidbey Community Clinic](#) 360-679-5590

[Providence Healthcare Clinic](#) (Everett) 425-317-0300

[Providence Regional Medical Center](#) (Everett) 425-261-2000

[Skagit Regional Clinics - Camano](#) 360-387-5398

[Skagit Valley Hospital](#) 360-424-4111

[South Whidbey Community Clinic](#) 360-341-5252

[South Whidbey Healthcare](#) 360-331-5060

[University of Washington CHDD](#), Seattle 206-685-1242

[Whidbey General Hospital](#) 360-678-5151 or 360-321-5151 or 1-800-903-2345

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HEALTH SERVICES: Mental or Behavioral

[Crisis Line \(VOA\)](#) 1-800-584-3578

A New Hope Counseling 360-929-7757

[Compass Mental Health \(Coupeville\)](#) 360-678-5555

Community Mental Health Services

- Coupeville 360-678-5555

- Stanwood 360-629-5813

[North Sound Mental Health Administration](#) 1-888-693-7200

HEALTH SERVICES: Substance Abuse

Alcoholics Anonymous (Oak Harbor) 360-279-9406

[Inland Assessment and Counseling Center](#) 360-675-5782

[Narcotics Anonymous](#) 1-877-789-0819

HOME CARE SERVICES & MEDICAL EQUIPMENT

[APRIA](#) 1-800-531-1818

[Home Health Care of Whidbey General Hospital](#) 360-678-7605 or 360-321-6659

[Island Home Nursing](#) 360-678-4090 or 360-331-7441

[Lincare](#) 360-671-3813

[Maxim Healthcare Services, Inc](#) 206-527-1911

[New Care Concepts, Inc](#) 206-789-9054 or 1-800-635-6480

Option Care Enterprises 360-733-7799

Providence Hospice & Home Care 425-261-4800

[Visiting Nurse Personal Home Care](#) 360-734-9662 or 1-800-551-1510

[Whidbey General Lifeline](#) (home monitoring) 360-678-7656 ext 3353 or 360-331-2344

[Whidbey General Hospital Home Health Care](#) 360-678-7605 or 360-321-6659

HOUSING

Housing assistance: [Housing Authority of Island County](#): 360-678-4181

[Housing Authority of Island County](#) 360-678-4181

[Opportunity Council](#) 360-679-6577 or 1-800-317-5427

Self Help Housing (Mt Vernon) 1-888-360-0223

[WISH - Whidbey Island Share a Home](#) 360-331-5910 or 1-800-864-7549

HOUSING: Emergency, Homeless

[Helping Hand of South Whidbey](#) 360-221-7777

[Opportunity Council](#) 360-679-6577 or 1-800-317-5427

HOUSING: Senior

Cam-Bey Apartments 360-678-4886

[Housing Authority of Island County](#) 360-678-4181

HOUSING: Transitive/Supportive

[Oxford Houses of Washington](#) 1-800-562-1240

Wisteria House 360-675-7347

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INFORMATION, SUPPORT OR ADVOCACY

Alcoholics Anonymous (Oak Harbor) 360-279-9406

Answers for Special Kids (ASK) Resource line (Statewide-info about providers/programs) 1-800-322-2588

Autism Support Group 360-679-1995

Community Services for the Blind 1-800-458-4888 or 206-525-5556

Compassionate Friends (grief support) 360-675-6424

[Crisis Line \(VOA\)](#) 1-800-584-3578

[DSHS Division of Developmental Disabilities](#) 1-800-788-2053 or 360-240-4726

[Fathers Network](#) 360-678-7883

[Friends of Friends Medical Support Fund](#) 360-221-4535

[Hearing, Speech & Deafness Center](#) 360-647-8508 1-800-647-0910

[Helping Hand of South Whidbey](#) 360-221-7777

[La Leche League of Oak Harbor](#) 360-679-3562

[Learning Disabilities Association of Washington](#) 1-800-536-2343

[Narcotics Anonymous](#) 1-877-789-0819

[Navy Life Pacific Northwest website](#)

[New Leaf](#) 360-675-1989

[Parent to Parent of Island County](#) 360-679-5358

[ParentHelp123](#) 1-800-322-2588

[Senior Information & Assistance \(SSIC\)](#)

- Camano Island 360-387-6201

- North Whidbey Island 360-279-4580

- South Whidbey Island 360-321-1600

Service Alternatives for Washington 360-678-0956

[Washington P.A.V.E.](#) (support/help with schools) 1-800-572-7368

LEGAL SERVICES

[Northwest Justice Project](#)

- CLEAR 1-888-201-1014

- CLEAR*Sr (60-plus, any income) 1-888-387-7111

[Volunteer Lawyer Program of Island County](#) 360-675-4750

RECREATION

[HOPE Therapeutic Riding Program](#) 360-221-7656

[Special Olympics](#) 1-800-752-7559

RE-ENTRY OFFENDER RESOURCES

[Online](#) (Excel spreadsheet)

[Printable](#) (PDF file)

SENIORS

[Adult Day Services \(Oak Harbor Senior Center\)](#) 360-279-4592

[Area Agency on Aging – Northwest Regional Council](#) 360-676-6749 or 1-800-585-6749

[Camano Senior Center](#) 360-387-0222

Cam-Bey Senior Apartments 360-678-4886

[Congregate Meals](#) 360-321-1600

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Information & Assistance (SSIC)

- Camano Island 360-387-6201
- North Whidbey Island 360-279-4580
- South Whidbey Island 360-321-1600

Meals on Wheels (SSIC) 360-321-1600 or 360-678-3373

Northwest Justice Project - CLEAR*Sr 1-888-387-7111

Northwest Regional Council Area Agency on Aging 360-676-6749 or 1-800-585-6749

Oak Harbor Senior Center 360-279-4580

Senior Centers

- Bayview Senior Center (South Whidbey Island) 360-321-1600
- Camano Senior & Community Center 360-387-0222
- Oak Harbor Senior Center (North Whidbey Island) 360-279-4580

Senior Services of Island County

- Camano Island 360-387-6201
- North Whidbey Island 360-279-4580
- South Whidbey Island 360-321-1600

South Whidbey - Bayview Senior Center 360-321-1600

Veterans Assistance Program 360-378-3356

Washington State Department of Veterans Affairs 1-800-562-2308

Whidbey General Lifeline (home monitoring) 360-678-7656 ext 3353 or 360-331-2344

TECHNOLOGY PROGRAMS, ACCESS, LITERACY & VITAL CONTENT

Lopez Island Family Resource Center 360-468-4117

Sno-Isle Libraries 1-877-766-4753

- Camano Island 360-387-5150
- Coupeville 360-678-4911
- Oak Harbor 360-675-5115

See Education: Colleges, Trade and Technical Schools for more about technology programs and literacy

TRANSPORTATION

Island Transit and Paratransit 360-678-7771 or 360-321-6688 or 1-800-240-8747

Medical Transportation, DSHS 1-800-735-7037 or 360-240-4700

Senior Services of Island County 360-321-1600

SKAT – Skagit County Public Transportation (connected through Island Transit) 360-757-4433

UTILITIES, TELEPHONE & CELL PHONE

Assurance Wireless (free for low income) 1-888-898-4888

AT&T Wireless Lifeline Service 1-800-377-9450

Helping Hand of South Whidbey 360-221-7777

Opportunity Council 360-679-6577 or 1-800-317-5427

Safelink Wireless (free for low income) 1-800-723-3546

Stanwood Camano Community Resource Center 360-629-5257

Washington Telephone Access Program 1-800-562-6150

VETERANS SERVICES

County Veterans Coalition

Washington State Dept of Veterans Affairs 1-800-562-2308

Veterans Assistance Program 360-378-3356

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Veteran Service Organizations (VSOs):

[American Legion](#)

- [Post 93, East Sound](#), 360-376-4987
- [Post 163, Friday Harbor](#), 360-378-5705
- Post 185, Lopez Island, 360-468-2264

YOUTH GROUPS & SERVICES

[4-H of Island County](#) 360-679-7328

[Al-Anon/Al-Ateen](#) 1-800-356-9996

[Big Brothers/Big Sisters](#) 360-279-0644

[Boy Scouts of America Mount Baker Council](#) 360-734-3940

Central Whidbey Youth Coalition, Coupeville 360-678-4533

[Davis Place Teen Center \(SCCRC\)](#) 360-629-5257

[Girl Scouts of Western Washington](#) 360-658-8083

Lions Club Children's Services:

- North Whidbey 360-675-0681

- Oak Harbor 360-675-6539

[North Whidbey Little League](#) 360-679-1522

[South Whidbey Youth Center](#) 360-221-4142

[Tutor Hunt](#)

[YMCA Whidbey Island](#) 360-675-2771

[Youth Dynamics](#) 360-679-1844

OTHER

[FETCH!\(Langley\)](#) 360-321-4049

[National & Washington State Hotlines & Websites](#)

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