

2009 Community Resources for Island County, Washington - Compiled by 4People.org

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CRISIS

For emergency dial 911, or from cell phone 112

Citizens Against Domestic Violence: 360-675-2332

[Community Mental Health \(North Sound RSN\)](#) 1-888-693-7200

[Crisis Intervention Resources](#) 206-781-3588

[Crisis Line](#) 1-800-584-3578

Victim Witness Assistance Unit: 360-679-7363

CASE MANAGMENT

[Area Agency on Aging – Northwest Regional Council](#)

- Camano Island 360-387-6201

- Coupeville 360-678-4886

- Oak Harbor 360-675-0311

- South Whidbey 360-321-1600

Catholic Community Services NW: 360-679-1502

[Department of Social & Health Services \(DSHS Financial\)](#): 1-800-735-7037

[DSHS Aging & Disability](#): 1-800-326-1247

[DSHS Division of Developmental Disabilities](#): 360-240-4729 or 1-877-890-2631

[DSHS Medical Assistance](#): 1-800-562-3022

[ESD In School Homeless Youth Liaisons in the following School Districts \(Case Management\)](#):

- [Coupeville School District](#): 360-678-4551 X 236

- [Oak Harbor School District](#): 360-279-5011

- [South Whidbey School District](#): 360-221-6808 Ext 4320

[Island County Health Dept.](#): 360-679-7351

Island County Program Services ([The Opportunity Council](#)): 360-679-6577

[Island County Public Health](#): 360-679-7350

[Offenders Transitional Employment Resources](#)

- Northwest Workforce Development Council: 360-676-3206

[Navy Fleet and Family Support Center](#): 360-257-6289 or 1-866-854-0638

[Senior Services of Island County](#)

- Camano Island 360-387-6201

- Coupeville 360-678-4886 or 360-321-6661

- Oak Harbor 360-675-0311

- South Whidbey 360-321-1600 or 360-678-3373

Tenant Based Rental Assistance [The Opportunity Council \(CAC\)](#) (homeless case management): 360-679-6577 or 1-800-317-5427

Transitional Housing, Operating & Rent assistance [Washington State Department of Veterans Affairs](#): 1-800-562-2308

CHILD CARE OR RESPITE CARE

[ARCH National Resource Center for Respite & Crisis Care](#): 1-800-473-1727

[Child Care Resource & Referral, Opportunity Council](#): 360-734-5121 ext 227 or 1-800-649-5121 ext 227

Harbor Haven Crisis and Respite Childcare 360-678-4840

NAS Whidbey Child Development Center (referrals for military dependents): 360-257-3302

NAS Whidbey Child Development Home (referrals for military and civilian): 360-257-6116

Success by Six (childcare support) – United Way, Oak Harbor: 360-675-5157

Working Connections Childcare Program, DSHS : 1-800-735-7037 or 360-240-4700

[YMCA Whidbey Island](#) 360-675-2771

CHILD DEVELOPMENT, SERVICES & PROGRAMS

Family Resource Coordinator: 360-679-1039 or 360-678-1866

[Infant/Toddler Early Intervention Program \(ITEIP\)](#) 360-734-5121 ext. 229

[Skagit/Islands Head Start](#)

- North Whidbey 360-279-5052

- Oak Harbor 360-679-4784

- South Whidbey 360-221-8186

Toddler Learning Center

- Camano Island 360-387-1988

- Oak Harbor 360-679-1039

- South Whidbey 360-221-6198

CLOTHING, FURNITURE & HOUSEWARES

Community Thrift Store, Freeland 360-331-5701

[Good Cheer Food Bank & Thrift Store](#) 360-221-6454

Island Thrift, Oak Harbor 360-675-1133

New Beginnings, Oak Harbor 360-678-0537

[NMCRS Whidbey Island Thrift Store](#) 360-257-2728

Oak Harbor Thrift Store 360-279-9504

Our Habits to Yours, Oak Harbor 360-675-8733

Second Chance Home Furnishings, Freeland 360-331-7867 or 360-331-5867

Teen Unlimited, Langley 360-221-8901

[Waif Thrift Shop](#)

- Freeland 360-331-2818

- Oak Harbor 360-279-9504

DOCUMENT REPLACEMENT, SCH. SUPPLIES, QUALITY OF LIFE

Island County Program Services ([The Opportunity Council](#)): 360-679-6577

EDUCATION: SCHOOLS, SCHOOL DISTRICTS, SPECIAL ED

[Coupeville School District](#): 360-678-4522

[Educational School District 189](#): 360-299-4000

ESD 189 School Nurse Supervisor: 360-299-4013

Island Discovery: 360-678-0259

[Oak Harbor School District](#): 360-279-5006

Outreach School: 360-679-5835

[Sno-Isle Vocational Skills Center](#): 425-348-2220

[South Whidbey School District](#): 360-221-6100

EDUCATION: Head Start, ECEAP

Early Childhood Educational Assistance Program (ECEAP)

- Whidbey Island 360-679-5347
- North Whidbey Island 360-679-5348

[Infant/Toddler Early Intervention Program \(ITEIP\)](#) 734-5121 ext. 229

[Skagit/Islands Head Start](#)

- North Whidbey 360-279-5052
- Oak Harbor 360-679-4784
- South Whidbey 360-221-8186

Toddler Learning Center

- Camano Island 360-387-1988
- Oak Harbor 360-679-1039
- South Whidbey 360-221-6198

EDUCATION: Colleges, Trade and Technical Schools

[Chapman University](#) 360-257-1277

[Embry Riddle Aeronautical University](#) 360-257-2540

Lesley College 360-679-1945

[Skagit Valley College, South Whidbey \(Clinton\) Center](#) 360-341-2324

[Skagit Valley College, Whidbey \(Oak Harbor\) Campus](#) 360-675-6656

[Sno-Isle Vocational Skills Center](#): 425-348-2220

[WSU Extention - Island County](#)

- North Island: 360-679-7391
- South Whidbey: 360-321-5111, ext. 391
- Camano Island: 360-629-4522, ext. 391

EDUCATION & SUPPORT FOR PARENTS

Becoming a Love & Logic Parent, (CCS): 360-679-4036

Developing Capable People: 360-629-5257

Family Resource Center, North Whidbey Community Clinic (ICHHD): 360-679-5590 or 360-240-5554

MOPS mother/child birth-age 6 group (Christian focus): 360-221-1656 or 360-730-5188

Mothers Circle (new mothers): 360-221-4767

National Institute For Family & Life Advocates: 360-675-2096

Parent Resource Center, (CCS): 360-679-4036

Parent Resource Center: 360-221-4600 ext 4602

Parents Trust for Washington Children: 1-800-932-4673 or 206-233-0139

Young Parents Support Group: 360-679-4653

EMPLOYMENT

[Employment Security Department](#)

- Mt. Vernon: 360-416-3500
 - Oak Harbor: 360-675-3403
- Island Employment Services: 360-678-7026

Job Bank: 360-321-1600
Whidbey Career Center: 360-675-5966
[WorkSource](#): 360-675-5966

FINANCIAL ASSISTANCE

[Department of Social & Health Services \(DSHS Financial\)](#): 1-800-735-7037
Supplemental Security Income (SSI) (For the disabled through [Social Security](#)): 1-800-772-1213

FOOD ASSISTANCE & NUTRITION

[Good Cheer Food Bank & Thrift Store](#): 360-221-6454
Meals on Wheels - Senior Services 360-279-0367
[North Whidbey Help House](#): 360-675-0681
Standwood-Camano Food Bank 360-629-2789
[WIC - Women, Infants, Children](#)
- Camano Island: 360-387-0184
- for Navy only: 360-257-8049
- Oak Harbor: 360-240-5554 x7670
- South Whidbey: 360-221-8490

HEALTH INSURANCE or ACCESS TO CARE

[DSHS Medical Assistance Administration](#) (Info about Medicaid health insurance): 1-800-562-3022
Friends of Friends (South Whidbey medical relief fund): 360-730-7915
[Healthy Kids Now](#) (free or low cost child health insurance): 1-877-543-7669
[Washington Basic Health Plan](#) (health insurance for low-income WA residents): 1-800-660-9840
[Washington State Insurance Commissioner](#) (Info about insurance): 1-800-562-6900

HEALTH SERVICES: MEDICAL, DENTAL, OR BEHAVIOR

ABCD – Access to Baby and Child Dentistry: 360-221-8487
Associated Provider Network (APN): 360-416-7099
Camano Community Healthcare Center: 360-387-3822
[Children's Hospital & Regional Medical Center](#): 1-866-987-2000 or 206-987-2000
Children with Special Health Care Needs (CSHCN) Coordinator
- Camano: 360-629-4522, x5579
- North Whidbey: 360-679-7351, x5579
- South Whidbey: 360-321-5111, x5579
[Fetal Alcohol Syndrome](#) Hotline: 206-526-2522
[Island County Health Department](#)
- Camano 360-387-0184
- Coupeville 360-679-7351 or 360-679-7350
- Langley 360-221-8880
- Oak Harbor 360-240-5554
[North Whidbey Community Clinic](#): 360-679-5590
Providence General Medical Center: 425-261-3000
Providence Pacific Clinic: 425-258-7123
[South Whidbey Community Clinic](#): 360-341-5252

[University of Washington CHDD](#), Seattle: 206-685-1242
[Whidbey General Hospital](#): 360-678-5151 - 360-321-5151 - 1-800-903-2345

HEALTH SERVICES: Mental or Behavioral

Camano Mental Health: 360-629-5813
Catholic Community Services (CCS): 1-888-280-8493 or 360-679-1502
CMH - Island Mental Health: 1-888-693-7200
CMH - Island Mental Health: 360-321-4868 or 1-888-240-8493
Community Mental Health (CMH): 360-416-7500
Compass Mental Health (CMH): 360-416-7500
[Edgework Crisis Intervention Services](#) 206-781-3588
Island Mental Health: 360-678-5555 or 360-321-4868
[North Sound RSN](#) 1-888-693-7200
Skagit County Mental Health: 360-416-7099

HEALTH SERVICES: Substance Abuse

Crosby Center West, Freeland 360-331-4010
Inland Assessment and Counseling Center 360-675-5782

HOME CARE SERVICES & MEDICAL EQUIPMENT

[APRIA](#): 1-800-531-1818
[Home Health Care & Hospice of Whidbey General Hospital](#): 360-678-7605
[Lincare](#): 360-671-3813
[Maxim Healthcare Services, Inc.](#): 206-527-1911
[New Care Concepts, Inc.](#): 206-789-9054 or 1-800-635-6480
Option Care Enterprises: 360-733-7799
Providence Home Services: 425-261-4800
Visiting Nurse Personal Services: 360-734-9662
[Whidbey Home Medical & Oxygen Supplies](#): 360-679-7927

HOUSING

Cam-Bey Apartments: 360-678-4886
Housing assistance: [Housing Authority of Island County](#): 360-678-4181
[Housing Authority of Island County](#) 360-678-4181
[Opportunity Council](#) 360-679-6577
Self Help Housing (Mt Vernon) 1-888-360-0223
Washington State Low Income Housing: 1-800-964-0852
WISH - Whidbey Island Share a Home: 360-331-5910
Wisteria House 360-675-7347

HOUSING: Emergency

Helping Hand 360-221-7777
[Opportunity Council](#) 360-679-6577

INFORMATION, SUPPORT OR ADVOCACY

Answers for Special Kids (ASK) Resource line (Statewide-info about providers/programs): 1-

800-322-2588

Autism Support Group: 360-679-1995

Care Crisis Line: 1-800- 584-3578

Community Services for the Blind: 1-800-458-4888 or 206-525-5556

Compassionate Friends (grief support): 360-675-6424

[DSHS Division of Developmental Disabilities](#): 1-800-788-2053 or 360-240-4726

[Fathers Network](#): 360-679-7350 x 5540 (day) 360-678-0559 (eve)

Friends of Friends (South Whidbey medical relief fund): 360-730-7915

[Hearing, Speech & Deafness Center](#): 360-647-8508 1-800-647-0910

Helping Hand: 360-221-7777

Learning Disabilities Association of Washington: 1-800-536-2343

New Leaf: 360-675-1989

[Parent to Parent](#): 360-679-5358

Service Alternatives for Washington: 360-678-0956

[Washington P.A.V.E.](#) (support/help with schools): 1-800-572-7368

[Washington Parent Power](#)

Whidbey Island Alliance for the Mentally Ill: 360-675-7358

LEGAL SERVICES

[Northwest Justice Project - CLEAR](#) 1-888-201-1014

Volunteer Lawyer Program of Island County, Oak Harbor 360-675-4750

RECREATION

[FETCH!, Langley](#) 360-321-4049

HOPE Therapeutic Riding Program: 360-331-7131

[Special Olympics](#) 1-800-752-7559

[YMCA Whidbey Island](#) 360-675-2771

SENIORS

[Adult Day Services \(Oak Harbor Senior Center\)](#) 360-279-4592

[Area Agency on Aging – Northwest Regional Council](#)

- Camano Island 360-387-6201

- Coupeville 360-678-4886

- Oak Harbor 360-675-0311

- South Whidbey 360-321-1600

Camano Senior Center 360-387-6201 or 360-387-0222

Meals on Wheels - Senior Services 360-279-0367

[Northwest Justice Project - CLEAR*Sr](#) 1-888-387-7111

[Oak Harbor Senior Center](#) 360-279-4580

[Senior Services of Island County](#)

- Camano Island 360-387-6201

- Coupeville 360-678-4886 or 360-321-6661

- Oak Harbor 360-675-0311

- South Whidbey 360-321-1600 or 360-678-3373

South Whidbey - Bayview Senior Center 360-321-1600 or 360-678-3373

TECHNOLOGY PROGRAMS, ACCESS, LITERACY & VITAL CONTENT

[King County Library](#): 1-800-462-9600

[Lopez Island Family Resource Center](#) 360-468-4117

[Jack Straw Productions](#) 206-634-0919

[Sno-Isle Libraries](#) 1-877-766-4753

- [Camano Island](#) 360-387-5150

- [Coupeville](#) 360-678-4911

- [Oak Harbor](#) 360-675-5115

See Education: Colleges, Trade and Technical Schools for more about technology programs and literacy

TRANSPORTATION

[Island Transit and Paratransit](#): 360-678-7771 or 360-321-6688 or 1-800-240-8747

Medical Transportation, DSHS: 1-800-735-7037 or 360-240-4700

Senior Services of Island County: 360-321-1600 or 360-678-3373

[SKAT – Skagit County Public Transportation](#) (connected through Island Transit) 360-757-4433

UTILITIES & TELEPHONE

Helping Hand 360-221-7777

[Opportunity Council](#) 360-679-6577 or 1-800-317-5427

[Washington Telephone Access Program](#)

VETERANS SERVICES

[County Veterans Coalition](#)

[Washington State Department of Veterans Affairs](#): 1-800-562-2308

Veterans Assistance Program 360-378-3356

Veteran Service Organizations (VSOs):

American Legion

- Post 163, Friday Harbor, 360-378-5705

- Post 185, Lopez Island, 360-468-2264

- Post 93, East Sound, 360-376-4987

YOUTH GROUPS & SERVICES

[4-H of Island County](#): 360-679-7328

[Al-Anon/Al-Ateen](#): 1-800-356-9996

[Big Brothers/Big Sisters](#) 360-279-0644 or 1-888-840-4794

[Boy Scouts of America](#): 360-734-3940

[Central Whidbey Youth Coalition](#), Coupeville 360-678-4533

[Girl Scouts](#): 360-675-5161

Lions Club Children's Services: 360-678-6971

[North Whidbey Little League](#): 360-679-1522

[South Whidbey Youth Connections](#): 360-221-3230

[YMCA Whidbey Island](#) 360-675-2771

[Youth Dynamics](#): 360-679-1844

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